Stanford



Anna Lembke, MD

Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult)

CLINICAL OFFICE (PRIMARY)

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Bio

BIO

Dr. Anna Lembke received her undergraduate degree in Humanities from Yale University and her medical degree from Stanford University. She is currently Professor and Medical Director of Addiction Medicine, Stanford University School of Medicine. She is also Program Director of the Stanford Addiction Medicine Fellowship, Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic, and a diplomate of the American Board of Psychiatry and Neurology and the American Board of Addiction Medicine.

In 2016, she published "Drug Dealer, MD – How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop" (Johns Hopkins University Press, 2016), highlighted in the New York Times as one of the top five books to read to understand the opioid epidemic (Zuger, 2018).

Dr. Lembke appeared in the Netflix documentary The Social Dilemma, an unvarnished look at the impact of social media on our lives.

Her latest book, "Dopamine Nation: Finding Balance in the Age of Indulgence" (Dutton/Penguin Random House, August 2021) was an instant New York Times and Los Angeles Times bestseller and has been translated into 30 languages. It combines the neuroscience of addiction with the wisdom of recovery to explore the problem of compulsive overconsumption in a dopamine-overloaded world.

CLINICAL FOCUS

- Addiction Medicine
- Pain and Addiction
- Prescription Drug Misuse and Addiction
- Behavioral Addictions (Gaming, Gambling, Sex, Shopping)

ACADEMIC APPOINTMENTS

- Professor-Univ Med Line, Psychiatry and Behavioral Sciences
- Member, Bio-X

ADMINISTRATIVE APPOINTMENTS

- Chief, Addiction Medicine Dual Diagnosis Clinic, Department of Psychiatry, Stanford University, (2010- present)
- Program Director, Addiction Medicine Fellowship, Department of Psychiatry, Stanford University, (2013- present)
- Medical Director, Addiction Medicine, Department of Psychiatry, Stanford University, (2015- present)
- Medical Director, Taube Youth Addiction Initiative, (2020- present)

HONORS AND AWARDS

- Distinguished Alpha Omega Alpha Visiting Professorship, University of Nevada, Reno School of Medicine (2021)
- Irma Bland MD Certificate of Excellence in Teaching Residents, American Psychiatric Association (2020)
- Hazelden Betty Ford Foundation Humanitarian Kelly Clark Spirit Award, Hazelden Betty Ford Foundation, Portland, Oregon (2020)
- Fellowship Training Directors Award, American Society of Addiction Medicine (2020)
- Distinguished Evelyn G. Keever Bioethics Day Lecturer, Eastern Virginia Medical School, Virginia (2019)
- Distinguished University of Tampa Honors Symposium Lecturer, University of Tampa, Florida (2019)
- Distinguished Crowley Lecturer, Lucile Packard Children's Hospital, Stanford University (2019)
- Distinguished James Platt White Memorial Lecturer, Buffalo, New York OB/GYN Society (2019)
- Distinguished Tector Lecturer, 69th Annual Course for Family Physicians, Montreal, Canada (2019)
- Distinguished Baldwin Lecturer, The Accreditation Council for Graduate Medical Education (ACGME) (2019)
- Distinguished Alumni Award, Evanston Township High School, Evanston, IL (2018)
- Distinguished Alpha Omega Alpha Visiting Professorship, University of Kansas School of Medicine (2018)
- Distinguished Marcel Malden Lecturer, Tacoma, Washington (2018)
- Distinguished Flexner's Dean Lecturer, Vanderbilt University School of Medicine (2018)
- Distinguished Visiting Professorship, Johns Hopkins Bayview, Department of Internal Medicine (2017)
- Chairman's Clinical Innovation Award, Stanford University School of Medicine (2015)
- Excellence in Academic Teaching, Stanford University School of Medicine (2014)
- Faculty Fellowship, Stanford University School of Medicine (2013)
- Travel Scholarship, Association of Medical Education, Research, Substance Abuse (2011)
- Travel Scholarship, Alcohol Medical Scholars Program (2009)
- Laughlin Fellowship, American College of Psychiatrists (2002)
- Outstanding Research in Severe Mental Illness, American Psychiatric Association (2000)
- Travel Scholarship, Medical Education and Research Foundation (MERF) (2000)
- Outstanding Research in Severe Mental Illness, Janssen Scholar (1999)
- Outstanding Teacher in Structural Biology, Stanford University School of Medicine (1995)
- Yale-China Fellowship, Yale University (1989)
- Outstanding Contributor to Community Life, Yale University (1989)
- Summa cum laude in Humanities, Yale University (1989)

PROFESSIONAL EDUCATION

- Residency: Stanford University Psychiatry Residency (2001) CA
- Residency: Stanford University Psychiatry Residency (1998) CA
- Board Certification: Addiction Medicine, American Board of Preventive Medicine (2021)

- Medical Education: Stanford University School of Medicine (1995) CA
- Internship: Alameda County Highland Hospital Internal Medicine Residency (1996) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2003)

LINKS

- "Prescription Drug Misuse and Addiction: Compassionate Care for a Complex Problem," produced by the Stanford Center for Continuing Medical Education: https://www.edx.org/bio/anna-lembke
- "Tapering Patients Off of Chronic Opioid Therapy," produced by the Stanford Center for Continuing Medical Education: https://www.edx.org/bio/anna-lembke
- "The Psychology of Addiction and Recovery," produced by the Stanford Center for Health Education in collaboration with Getsmarter and 2u: https://sche-online.getsmarter.com/presentations/lp/stanford-sche-psychology-of-addiction-and-recovery-online-short-course/?ef_id=c:434032772062_d:c_n:g_ti:kwd-536821850850_p:_k:%2Bstanford%20%2Bpsychology_m:b_a:101946842798&gclid=EAIaIQobChMI-bif96zQ6wIVhCmzAB22uAwAEAAYASAAEgKyQfD_BwE&gclsrc=aw.ds

Publications

PUBLICATIONS

- **The opioid industry's use of scientific evidence to advance claims about prescription opioid safety and effectiveness.** *Health affairs scholar*
  Gupta, R., Chernesky, J., Lembke, A., Michaels, D., Tomori, C., Greene, J. A., Alexander, G. C., Koon, A. D.
  2024; 2 (10): qxae119
- **Trends in hallucinogen-associated emergency department visits and hospitalizations in California, USA, from 2016 to 2022.** *Addiction (Abingdon, England)*
  Garel, N., Tate, S., Nash, K., Lembke, A.
  2024
- **Responding to the opioid crisis in North America and beyond: recommendations of the Stanford-Lancet Commission.** *Lancet (London, England)*
  Humphreys, K., Shover, C. L., Andrews, C. M., Bohnert, A. S., Brandeau, M. L., Caulkins, J. P., Chen, J. H., Cuellar, M., Hurd, Y. L., Juurlink, D. N., Koh, H. K., Krebs, E. E., Lembke, et al
  2022; 399 (10324): 555-604
- **Dopamine Nation: Finding Balance in the Age of Indulgence**
  Lembke, A.
  Dutton Penguin Random House.2021
- **Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop**
  Lembke, A.
  Johns Hopkins University Press.2016
- **TikTok is a valuable data source for tracking the opioid crisis.** *NPJ digital medicine*
  Samori, I. A., Carpenter, K. A., Smith, D. A., Humphreys, K., Lembke, A., Eichstaedt, J. C., Altman, R. B.
  2026
- **The Montreal model of ketamine-therapy for alcohol use disorder and comorbid treatment-resistant depression: protocol for a feasibility trial.** *BMJ open*
  McAnulty, C., Lavoie, P., Cyr, S., Lavin, P., Elkrief, L., Richard-Devantoy, S., Rizkallah, E., Lespérance, P., Gamin, N., Lembke, A., Jutras-Aswad, D., Greenway, K., Garel, et al
  2026; 16 (3): e116969
- **A missed opportunity: a retrospective cohort study of alcohol use disorder pharmacotherapy in hospitalized patients.** *Alcohol and alcoholism (Oxford, Oxfordshire)*
  Nazon, M., Lavin, P., Pike, C. W., Greenway, K. T., Richard, J., L'Espérance, P., Ostacher, M., Jutras-Aswad, D., Tate, S., Lembke, A., Garel, N.
  2026; 61 (2)
- **Heart Transplant Outcomes in Patients with Substance Use Disorder History: A Nationwide Cohort Study Using High-Dimensional Propensity Score Matching.** *European heart journal. Quality of care & clinical outcomes*

Elkrief, K., Lavin, P., Greenway, K. T., Tate, S., Hussain, F., Pike, W., Trepanier, A., Gavin, H., Lespérance, P., Kudrina, I., Dubreucq, S., Ostacher, M., Jutras-Aswad, et al
2025

- **Predicting treatment retention in medication for opioid use disorder: a machine learning approach using NLP and LLM-derived clinical features.** *Journal of the American Medical Informatics Association : JAMIA*
  Nateghi Haredasht, F., Lopez, I., Tate, S., Ashtari, P., Chan, M. M., Kulkarni, D., Chen, C. A., Vangala, M., Griffith, K., Bunning, B., Miner, A. S., Hernandez-Boussard, T., Humphreys, et al
  2025
- **Monitoring the opioid epidemic via social media discussions.** *NPJ digital medicine*
  Smith, D. A., Lavertu, A., Salecha, A., Hamamsy, T., Humphreys, K., Lembke, A., Kiang, M. V., Altman, R. B., Eichstaedt, J. C.
  2025; 8 (1): 284
- **Which social media platforms facilitate monitoring the opioid crisis?** *PLOS digital health*
  Carpenter, K. A., Nguyen, A. T., Smith, D. A., Samori, I. A., Humphreys, K., Lembke, A., Kiang, M. V., Eichstaedt, J. C., Altman, R. B.
  2025; 4 (4): e0000842
- **Increased Risks of Major Cardiac Adverse Events in Stimulant Use Disorder as Compared With Other Substance Use Disorders: A Propensity-score Matching Cohort Study.** *Journal of addiction medicine*
  Garel, N., Greenway, K. T., Lavin, P., Pike, C. W., Hyde, R., Jutras-Aswad, D., Tate, S. D., Lembke, A.
  2025
- **Predictability of buprenorphine-naloxone treatment retention: A multi-site analysis combining electronic health records and machine learning.** *Addiction (Abingdon, England)*
  Nateghi Haredasht, F., Fouladvand, S., Tate, S., Chan, M. M., Yeow, J. J., Griffiths, K., Lopez, I., Bertz, J. W., Miner, A. S., Hernandez-Boussard, T., Chen, C. A., Deng, H., Humphreys, et al
  2024
- **THE SCIENTIFIC FOUNDATION OF A PUBLIC HEALTH CRISIS: INDUSTRY CLAIMS REGARDING PRESCRIPTION OPIOID SAFETY, EFFECTIVENESS, AND UTILIZATION**
  Gupta, R., Chernesky, J., Lembke, A., Michaels, D., Tomori, C., Greene, J. A., Alexander, C., Koon, A.
  SPRINGER.2024: S896-S897
- **Predicting premature discontinuation of medication for opioid use disorder from electronic medical records.** *AMIA ... Annual Symposium proceedings. AMIA Symposium*
  Lopez, I., Fouladvand, S., Kollins, S., Chen, C. A., Bertz, J., Hernandez-Boussard, T., Lembke, A., Humphreys, K., Miner, A. S., Chen, J. H.
  2023; 2023: 1067-1076
- **Qualitative exploration of the psychological dimensions of telehealth shared medical appointments (SMAs) for buprenorphine prescribing.** *Journal of addictive diseases*
  Greenberg, B., C, A., Lucitt, L., Haug, N. A., Lembke, A.
  2022: 1-10
- **A telehealth inpatient addiction consult service is both feasible and effective in reducing readmission rates.** *Journal of addictive diseases*
  Deng, H., Raheemullah, A., Fenno, L. E., Lembke, A.
  2022: 1-8
- **Buprenorphine Microdosing Cross Tapers: A Time for Change** *International Journal of Environmental Research and Public Health*
  Raheemullah, A., Benhamou, O., Kuo, J., Lembke, A.
  2022; 19 (24): 16436
- **Buprenorphine Induction Without Opioid Withdrawal: A Case Series of 15 Opioid-Dependent Inpatients Induced on Buprenorphine Using Microdoses of Transdermal Buprenorphine** *AMERICAN JOURNAL OF THERAPEUTICS*
  Raheemullah, A., Lembke, A.
  2021; 28 (4): E504-E508
- **Gabapentin dependence and withdrawal requiring an 18-month taper in a patient with alcohol use disorder: a case report.** *Journal of addictive diseases*
  Deng, H., Benhamou, O., Lembke, A.
  2021: 1–6

- **A systematic review of stigma interventions for providers who treat patients with substance use disorders.** *Journal of substance abuse treatment*
  Bielenberg, J., Swisher, G., Lembke, A., Haug, N. A.
  2021; 131: 108486
- **Unsafe Supply: Why Making Controlled Prescription Drugs Available for Unsupervised Use Will Not Target the Syndemic of HIV, Hepatitis C, Overdose, and COVID-19-A Commentary on Bonn et al. (2020)** *JOURNAL OF STUDIES ON ALCOHOL AND DRUGS*
  Lembke, A.
  2020; 81 (5): 564–65
- **Online mutual-help intervention for reducing heavy alcohol use.** *Journal of addictive diseases*
  Haug, N. A., Morimoto, E. E., Lembke, A.
  2020: 1–9
- **Buprenorphine for Long-Term Chronic Pain Management: Still Looking for the Evidence** *ANNALS OF INTERNAL MEDICINE*
  Chou, R., Ballantyne, J., Lembke, A.
  2020; 172 (4): 294
- **Buprenorphine for Long-Term Chronic Pain Management: Still Looking for the Evidence.** *Annals of internal medicine*
  Chou, R., Ballantyne, J., Lembke, A.
  2020; 172 (4): 294
- **Tapering Long-Term Opioid Therapy.** *American family physician*
  Lembke, A.
  2020; 101 (1): 49–52
- **Tapering Long-Term Opioid Therapy** *AMERICAN FAMILY PHYSICIAN*
  Lembke, A.
  2020; 101 (1): 49–52
- **Unsafe Supply: Why Making Controlled Prescription Drugs Available for Unsupervised Use Will Not Target the Syndemic of HIV, Hepatitis C, Overdose, and COVID-19-- A Commentary on Bonn et al. (2020).** *Journal of studies on alcohol and drugs*
  Lembke, A. n.
  2020; 81 (5): 564–65
- **Patterns of Opioid and Benzodiazepine Use in Opioid-Naive Patients with Newly Diagnosed Low Back and Lower Extremity Pain.** *Journal of general internal medicine*
  Azad, T. D., Zhang, Y., Stienen, M. N., Vail, D., Bentley, J. P., Ho, A. L., Fatemi, P., Herrick, D., Kim, L. H., Feng, A., Varshneya, K., Jin, M., Veeravagu, et al
  2019
- **Rethinking Opioid Dose Tapering, Prescription Opioid Dependence, and Indications for Buprenorphine.** *Annals of internal medicine*
  Chou, R., Ballantyne, J., Lembke, A.
  2019
- **Patients Maintained on Buprenorphine for Opioid Use Disorder Should Continue Buprenorphine Through the Perioperative Period.** *Pain medicine (Malden, Mass.)*
  Lembke, A., Ottestad, E., Schmiesing, C.
  2019; 20 (3): 425–28
- **Patients Maintained on Buprenorphine for Opioid Use Disorder Should Continue Buprenorphine Through the Perioperative Period** *PAIN MEDICINE*
  Lembke, A., Ottestad, E., Schmiesing, C.
  2019; 20 (3): 425–28
- **Initiating Opioid Agonist Treatment for Opioid Use Disorder in the Inpatient Setting: A Teachable Moment.** *JAMA internal medicine*
  Raheemullah, A., Lembke, A.
  2019
- **Substance Use Among Older Adults: Ethical Issues.** *Focus (American Psychiatric Publishing)*
  Ogbonna, C. I., Lembke, A. n.

2019; 17 (2): 143–47

- **Buprenorphine Induction Without Opioid Withdrawal: A Case Series of 15 Opioid-Dependent Inpatients Induced on Buprenorphine Using Microdoses of Transdermal Buprenorphine.** *American journal of therapeutics*
  Raheemullah, A. n., Lembke, A. n.
  2019
- **Exercise and Addiction** *LIFESTYLE PSYCHIATRY*
  Lembke, A., Raheemullah, A.
  edited by Noordsy, D. L.
  2019: 127–39
- **Qualitative Assessment of Clerkship Students' Perspectives of the Topics of Pain and Addiction in their Preclinical Curriculum.** *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*
  Raber, I., Ball, A., Papac, J., Aggarwal, A., Sussman, R., Basaviah, P., Newmark, J., Lembke, A.
  2018; 42 (5): 664-667
- **Perioperative Considerations for the Patient with Opioid Use Disorder on Buprenorphine, Methadone, or Naltrexone Maintenance Therapy.** *Anesthesiology clinics*
  Harrison, T. K., Kornfeld, H., Aggarwal, A. K., Lembke, A.
  2018; 36 (3): 345–59
- **The Opioid Epidemic as a Watershed Moment for Physician Training in Addiction Medicine** *ACADEMIC PSYCHIATRY*
  Lembke, A., Humphreys, K.
  2018; 42 (2): 269–72
- **Our Other Prescription Drug Problem** *NEW ENGLAND JOURNAL OF MEDICINE*
  Lembke, A., Papac, J., Humphreys, K.
  2018; 378 (8): 693–95
- **Qualitative Assessment of Clerkship Students' Perspectives of the Topics of Pain and Addiction in their Preclinical Curriculum** *Academic Psychiatry*
  Raber, I., Ball, A., Papac, J., Aggarwal, A., Sussman, R., Basaviah, P., Newmark, J., Lembke, A.
  2018: 664–67
- **Tapering Patients Off of Benzodiazepines.** *American family physician*
  Ogbonna, C. I., Lembke, A.
  2017; 96 (9): 606-610
- **HPA axis in major depression: cortisol, clinical symptomatology and genetic variation predict cognition** *MOLECULAR PSYCHIATRY*
  Keller, J., Gomez, R., Williams, G., Lembke, A., Lazzeroni, L., urphy, G. M., Schatzberg, A. F.
  2017; 22 (4): 527-536
- **Extended treatment for cigarette smoking cessation: A randomized control trial.** *Addiction*
  Laude, J. R., Bailey, S. R., Crew, E., Varady, A., Lembke, A., McFall, D., Jeon, A., Killen, D., Killen, J. D., David, S. P.
  2017
- **Use of Opioid Agonist Therapy for Medicare Patients in 2013.** *JAMA psychiatry*
  Lembke, A., Chen, J. H.
  2016; 73 (9): 990-992
- **Reasons for Benzodiazepine Use Among Persons Seeking Opioid Detoxification.** *Journal of substance abuse treatment*
  Stein, M. D., Kanabar, M., Anderson, B. J., Lembke, A., Bailey, G. L.
  2016; 68: 57-61
- **HPA axis in major depression: cortisol, clinical symptomatology and genetic variation predict cognition.** *Molecular psychiatry*
  Keller, J., Gomez, R., Williams, G., Lembke, A., Lazzeroni, L., Murphy, G. M., Schatzberg, A. F.
  2016
- **Weighing the Risks and Benefits of Chronic Opioid Therapy** *AMERICAN FAMILY PHYSICIAN*
  Lembke, A., Humphreys, K., Newmark, J.

2016; 93 (12): 982-990

- **A call to include people with mental illness and substance use disorders alongside 'regular' smokers in smoking cessation research.** *Tobacco control*
  Lembke, A., Humphreys, K.
  2016; 25 (3): 261-2
- **Distribution of Opioids by Different Types of Medicare Prescribers.** *JAMA internal medicine*
  Chen, J. H., Humphreys, K., Shah, N. H., Lembke, A.
  2016; 176 (2): 259-61
- **Assessment of provider attitudes toward #naloxone on Twitter.** *Substance abuse*
  Haug, N. A., Bielenberg, J., Linder, S. H., Lembke, A.
  2016; 37 (1): 35-41
- **Retrospective analysis of changing characteristics of treatment-seeking smokers: implications for further reducing smoking prevalence.** *BMJ open*
  Leyro, T. M., Crew, E. E., Bryson, S. W., Lembke, A., Bailey, S. R., Prochaska, J. J., Henriksen, L., Fortmann, S. P., Killen, J. D., Killen, D. T., Hall, S. M., David, S. P.
  2016; 6 (6)
- **A qualitative study of treatment-seeking heroin users in contemporary China.** *Addiction science & clinical practice*
  Lembke, A., Zhang, N.
  2015; 10: 23-?
- **Plasma oxytocin concentrations are lower in depressed vs. healthy control women and are independent of cortisol.** *Journal of psychiatric research*
  Yuen, K. W., Garner, J. P., Carson, D. S., Keller, J., Lembke, A., Hyde, S. A., Kenna, H. A., Tennakoon, L., Schatzberg, A. F., Parker, K. J.
  2014; 51: 30-36
- **HPA axis genetic variation, cortisol and psychosis in major depression.** *Molecular psychiatry*
  Schatzberg, A. F., Keller, J., Tennakoon, L., Lembke, A., Williams, G., Kraemer, F. B., Sarginson, J. E., Lazzeroni, L. C., Murphy, G. M.
  2014; 19 (2): 220-227
- **Recovery-oriented policy and care systems in the UK and USA.** *Drug and alcohol review*
  Humphreys, K., Lembke, A.
  2014; 33 (1): 13-18
- **Clinical management of alcohol use disorders in the neurology clinic.** *Handbook of clinical neurology*
  Lembke, A., Stanford, M.
  2014; 125: 659-670
- **Pharmacotherapy for Alcohol Dependence: Perceived Treatment Barriers and Action Strategies Among Veterans Health Administration Service Providers** *PSYCHOLOGICAL SERVICES*
  Harris, A. H., Ellerbe, L., Reeder, R. N., Bowe, T., Gordon, A. J., Hagedorn, H., Oliva, E., Lembke, A., Kivlahan, D., Trafton, J. A.
  2013; 10 (4): 410-419
- **From self-medication to intoxication: time for a paradigm shift.** *Addiction*
  Lembke, A.
  2013; 108 (4): 670-671
- **Why doctors prescribe opioids to known opioid abusers. How cultural attitudes and financial disincentives affect the prescribing habits of physicians.** *Minnesota medicine*
  Lembke, A.
  2013; 96 (3): 36-37
- **Altered brain function underlying verbal memory encoding and retrieval in psychotic major depression.** *Psychiatry research*
  Kelley, R., Garrett, A., Cohen, J., Gomez, R., Lembke, A., Keller, J., Reiss, A. L., Schatzberg, A.
  2013; 211 (2): 119-126
- **Altered brain function underlying verbal memory encoding and retrieval in psychotic major depression** *PSYCHIATRY RESEARCH-NEUROIMAGING*

Kelley, R., Garrett, A., Cohen, J., Gomez, R., Lembke, A., Keller, J., Reiss, A. L., Schatzberg, A.
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- **The mineralocorticoid receptor agonist, fludrocortisone, differentially inhibits pituitary-adrenal activity in humans with psychotic major depression** *PSYCHONEUROENDOCRINOLOGY*
  Lembke, A., Gomez, R., Tenakoon, L., Keller, J., Cohen, G., Williams, G. H., Kraemer, F. B., Schatzberg, A. F.
  2013; 38 (1): 115-121

- **Time to Abandon the Self-Medication Hypothesis in Patients with Psychiatric Disorders** *AMERICAN JOURNAL OF DRUG AND ALCOHOL ABUSE*
  Lembke, A.
  2012; 38 (6): 524-529

- **Why Doctors Prescribe Opioids to Known Opioid Abusers** *NEW ENGLAND JOURNAL OF MEDICINE*
  Lembke, A.
  2012; 367 (17): 1580-1581

- **The relationships of positive and negative symptoms with neuropsychological functioning and their ability to predict verbal memory in psychotic major depression** *PSYCHIATRY RESEARCH*
  Che, A. M., Gomez, R. G., Keller, J., Lembke, A., Tennakoon, L., Cohen, G. H., Schatzberg, A. F.
  2012; 198 (1): 34-38

- **Alcohol Screening Scores and the Risk of New-Onset Gastrointestinal Illness or Related Hospitalization** *JOURNAL OF GENERAL INTERNAL MEDICINE*
  Lembke, A., Bradley, K. A., Henderson, P., Moos, R., Harris, A. H.
  2011; 26 (7): 777-782

- **Depression and smoking cessation: does the evidence support psychiatric practice?** *Neuropsychiatric disease and treatment*
  Lembke, A., Johnson, K., DeBattista, C.
  2007; 3 (4): 487-493

- **Psychotherapy, symptom outcomes, and role functioning over one year among patients with bipolar disorder** *PSYCHIATRIC SERVICES*
  Miklowitz, D. J., Otto, M. W., Wisniewski, S. R., Araga, M., Frank, E., Reilly-Harrington, N. A., Lembke, A., Sachs, G. S.
  2006; 57 (7): 959-965

- **Update on augmentation of antidepressant response in resistant depression.** *Current psychiatry reports*
  DeBattista, C., Lembke, A.
  2005; 7 (6): 435-440

- **Psychosocial service utilization by patients with bipolar disorders: data from the first 500 participants in the Systematic Treatment Enhancement Program.** *Journal of psychiatric practice*
  Lembke, A., Miklowitz, D. J., Otto, M. W., Zhang, H., Wisniewski, S. R., Sachs, G. S., Thase, M. E., Ketter, T. A.
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- **A prospective trial of modafinil as an adjunctive treatment of major depression** *JOURNAL OF CLINICAL PSYCHOPHARMACOLOGY*
  DeBattista, C., Lembke, A., Solvason, H. B., Ghebremichael, R., Poirier, J.
  2004; 24 (1): 87-90

- **Current status of the utilization of antiepileptic treatments in mood, anxiety and aggression: Drugs and devices** *CLINICAL EEG AND NEUROSCIENCE*
  Barry, J. J., Lembke, A., Bullock, K. D.
  2004; 35 (1): 4-13

- **Why is this special issue on women's professional development in psychiatry necessary?** *ACADEMIC PSYCHIATRY*
  Lembke, A.
  2004; 28 (4): 275-277

- **A Friday in the life of an academic psychiatrist** *ACADEMIC PSYCHIATRY*
  Lembke, A.
  2003; 27 (3): 214-215

- **A Day in the Life of an Academic Psychiatrist.** *Academic psychiatry*
  Riba, M. B., Veith, R. C., Brodkey, A. C., Dimsdale, J. E., Zima, B. T., Stotland, N. L., Arambula, M. R., Polan, H. J., Moffic, H. S., Metzner, J. L., Lieff, S., Levy, B. R., Lu, et al
  2003; 27 (3): 187-224
- **Safety of antidepressants in the elderly.** *Expert opinion on drug safety*
  Sommer, B. R., Fenn, H., Pompei, P., DeBattista, C., Lembke, A., Wang, P., Flores, B.
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- **Neural correlates of timbre change in harmonic sounds** *NEUROIMAGE*
  Menon, V., Levitin, D. J., Smith, B. K., Lembke, A., Krasnow, B. D., Glazer, D., Glover, G. H., McAdams, S.
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- **The status of evidence-based guidelines and algorithms in the treatment of depression** *PSYCHIATRIC ANNALS*
  Debattista, C., Trivedi, M. H., Kern, J. K., Lembke, A.
  2002; 32 (11): 658-663
- **Olanzapine in diverse syndromal and subsyndromal exacerbations of bipolar disorders** *BIPOLAR DISORDERS*
  Janenawasin, S., Wang, P. W., Lembke, A., Schumacher, M., Das, B., Santosa, C. M., Mongkolcheep, J., Ketter, T. A.
  2002; 4 (5): 328-334
- **Impaired recognition of facial emotion in mania** *AMERICAN JOURNAL OF PSYCHIATRY*
  Lembke, A., Ketter, T. A.
  2002; 159 (2): 302-304
- **Depression in Individuals with Epilepsy.** *Current treatment options in neurology*
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PRESENTATIONS

- 'Drug Dealer, M.D.': Misunderstandings And Good Intentions Fueled Opioid Epidemic - NPR Fresh Air with Terry Gross (12/1/2016)
- NPR Smartphone Detox, How to Power Down in a Wired World (February 2018)
- Straight Talk MD: Health | Medicine | Healthcare Policy | Health Education | Anesthesiology, The Cannabis Conversations: Part II with Anna Lembke MD (May 2018)
- The Future of Everything with Russ Altman (Stanford Radio) (June 2018)
- This is Life with Lisa Ling, Benzodiazepines (October 2019)
- Straight Talk with Frank Sweeny, Benzodiazepines (October 2019)
- Netflix's "The Pharmacist" (February 2020)
- The Therapy Show with Dr. Bridget Nash (July 2020)
- COVID-19 and Mental Health with Anna Lembke MD from Straight Talk MD with Frank Sweeny on Apple Podcasts (September 2020)
- How the Pandemic is Affecting People Struggling with Addiction (8/2020)
- Netflix's The Social Dilemma (9/2020)