Anna Lembke
Associate Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult) and, by courtesy, of Anesthesiology, Perioperative and Pain Medicine at the Stanford University Medical Center

CLINICAL OFFICES
- Psychiatry Department
  401 Quarry Rd Rm 2303
  MC 5723
  Stanford, CA 94305
  Tel (650) 725-9570  Fax (650) 724-9900

Bio

Dr. Anna Lembke received her undergraduate degree in Humanities from Yale University and her medical degree from Stanford University. She is currently Associate Professor and Medical Director of Addiction Medicine, Stanford University School of Medicine. She is also Program Director of the Stanford Addiction Medicine Fellowship, and Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic. She is a diplomate of the American Board of Psychiatry and Neurology, and a diplomate of the American Board of Addiction Medicine.

She has published numerous peer-reviewed articles, chapters, and commentaries, including in the New England Journal of Medicine, the Journal of the American Medical Association, the Journal of General Internal Medicine, and Addiction. She is the author of a bestselling book on the prescription drug epidemic: “Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It’s So Hard to Stop” (Johns Hopkins University Press, October 2016).

Dr. Lembke sees patients, teaches, and does research. She takes a holistic, harm-reduction approach to each patient, and encourages spiritual and alternative therapies in the process of healing.

CLINICAL FOCUS
- Co-occurring addiction
- Addiction Medicine

ACADEMIC APPOINTMENTS
- Associate Professor - Med Center Line, Psychiatry and Behavioral Sciences
- Associate Professor - Med Center Line (By courtesy), Anesthesiology, Perioperative and Pain Medicine

PROFESSIONAL EDUCATION
- Residency: Stanford University Adult Psychiatry Residency (2001) CA
- Residency: Stanford University Adult Psychiatry Residency (1998) CA
• Internship: Alameda County Highland Hospital Internal Medicine Residency (1996) CA
• Medical Education: Stanford University School of Medicine Registrar (1995) CA
• Board Certification: Addiction Medicine, American Board of Addiction Medicine (2012)
• Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2003)

Publications

PUBLICATIONS

• Perioperative Considerations for the Patient with Opioid Use Disorder on Buprenorphine, Methadone, or Naltrexone Maintenance Therapy. Anesthesiology clinics
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• Qualitative Assessment of Clerkship Students' Perspectives of the Topics of Pain and Addiction in their Preclinical Curriculum Academic Psychiatry
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• Reasons for Benzodiazepine Use Among Persons Seeking Opioid Detoxification. Journal of substance abuse treatment
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• Assessment of provider attitudes toward #naloxone on Twitter. Substance abuse
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• Plasma oxytocin concentrations are lower in depressed vs. healthy control women and are independent of cortisol. *Journal of psychiatric research*
  2014; 51: 30-36

• HPA axis genetic variation, cortisol and psychosis in major depression. *Molecular psychiatry*
  Schatzberg, A. F., Keller, J., Tennakoon, L., Lembke, A., Williams, G., Kraemer, F. B., Sarginson, J. E., Lazzeroni, L. C., Murphy, G. M.
  2014; 19 (2): 220-227

• Recovery-oriented policy and care systems in the UK and USA. *Drug and alcohol review*
  Humphreys, K., Lembke, A.
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• Clinical management of alcohol use disorders in the neurology clinic. *Handbook of clinical neurology*
  Lembke, A., Stanford, M.
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• Pharmacotherapy for Alcohol Dependence: Perceived Treatment Barriers and Action Strategies Among Veterans Health Administration Service Providers *PSYCHOLOGICAL SERVICES*
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• From self-medication to intoxication: time for a paradigm shift. *Addiction*
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• Why doctors prescribe opioids to known opioid abusers. How cultural attitudes and financial disincentives affect the prescribing habits of physicians. *Minnesota medicine*
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