Stanford



Erika Schillinger

Clinical Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Family Medicine**

  211 Quarry Rd Ste 405

  MC 5985

  Palo Alto, CA 94304

  Tel (650) 498-9000 **Fax** (650) 498-7750

Bio

BIO

Erika Schillinger, MD, Clinical Professor of Medicine, is Vice Chief for Faculty Development and Academic Affairs in the Division of Primary Care and Population Health and Director of the Foundations of Academic Clinical Excellence and Transformation (FACET) fellowship. She serves as an Educator for CARE (Compassion, Advocacy, Responsibility and Empathy) core clinical faculty mentor at the Stanford School of Medicine. Dr. Schillinger graduated from Harvard University, where she studied History and Literature, received her MD from Stanford, and completed a residency in Family Medicine and a faculty development fellowship, both at UCSF.

Dr. Schillinger specializes in patient-engaged, learner-centered teaching and patient-centered care, with a particular focus on the language of clinical care: how the words clinicians use, in conversation and in the medical record, shape patients' trust, dignity and engagement in their own care. While championing student, resident and faculty clinical skills and leadership development, she has designed and implemented innovative curricula in patient-clinician communication, physical examination and clinical reasoning.

She co-founded the Harvard Stanford Transparency Learning CoLab, where she mentors junior colleagues, students and people with lived experience of illness on collaborative, bicoastal projects that humanize medicine and engage patients with their own medical records. Recent CoLab work includes a study of patients' experiences of disrespectful or judgmental language in their medical records (JAMA Network Open, 2026), and projects on making clinical information understandable to patients and bringing the patient's own story into AI-generated clinical notes.

She co-founded the OSLER (O'Connor Stanford Leaders in Education Residency) pathway, an educational scholarship track for Stanford's Family Medicine residency, and SHIELD (Stanford Healthcare Innovations and Experiential Learning Directive), an incubator for early, value-added, immersive clinical education for medical students. One SHIELD program, the first-year course Walk with Me: A Patient and Family Engaged Exploration of Health and the Healthcare System, is a cornerstone of Stanford's Program for Patient and Family Engaged Medical Education, which she founded. Through FACET, she invests in early-career primary care faculty through skills development, ecosystem education, cohort facilitation and health systems project implementation.

CLINICAL FOCUS

- Family Medicine
- Preventive Health Care
- Women's Health

ACADEMIC APPOINTMENTS

- Clinical Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Vice Chief for Faculty Development and Academic Affairs, Stanford Medicine Division of Primary Care and Population Health, (2026- present)
- Director, FACET (Foundations of Academic Clinical Excellence and Transformation), Stanford Medicine Division of Primary Care and Population Health, (2024- present)
- Distinguished Member, Stanford Medicine Teaching and Mentoring Academy, Stanford University School of Medicine, (2019- present)
- Executive Director, Patient and Family Engaged Medical Education @ Stanford, (2019-2025)
- Vice Chief for Education, Division of Primary Care and Population Health, Stanford University School of Medicine, (2015-2026)
- Director, SHIELD (Stanford Healthcare Innovations and Experiential Learning Directive), Stanford University School of Medicine, (2014- present)
- Director, Predoctoral Education, Family Medicine, Stanford University School of Medicine, (2009-2019)
- Director, Core Clerkship in Family and Community Medicine, Stanford University School of Medicine, (2006-2010)
- Associate Course Director, Practice of Medicine, Stanford University, (2005-2014)

HONORS AND AWARDS

- Award for Excellence in Promotion of Humanism, Stanford University School of Medicine (2019)
- Teaching and Mentoring Academy Innovation Grant, Stanford University School of Medicine (2017)
- The Franklin G. Ebaugh, Jr. Award for Advising Medical Students, Stanford University School of Medicine (2017)
- Award for Excellence in Promotion of Learning Environment and Student Wellness, Stanford Medicine (2016)
- Program of Excellence Award for Promotion of Primary Care, American Academy of Family Physicians (2016)
- Henry J. Kaiser Family Foundation Award for Outstanding & Innovative Contributions to Medical Educ, Stanford University School of Medicine (2015)
- Program of Excellence Award in Exposure to Family Medicine and Family Physicians, American Academy of Family Physicians (2015)
- STFM National Innovative Program Award for OSLER (O'Connor Stanford Leaders in Education Residency), Stanford Medical School and O'Connor Family Medicine Residency (2014)
- The Lawrence H. Mathers Award for Commitment to Medical Education, Stanford Medical School (2013)
- The Franklin G. Ebaugh, Jr. Award for Advising Medical Students, Stanford University School of Medicine (2012)
- General Medical Disciplines Division Teaching Award, Stanford University School of Medicine (2011)
- Leadership Development Program, Stanford University School of Medicine (2010)
- Educator for CARE (Compassion, Advocacy, Responsibility, Empathy), Stanford Medical School (2008)
- The Kaiser Award for Excellence in Clinical Teaching, Stanford University School of Medicine (2008)
- The Arthur L. Bloomfield Award for Excellence in Teaching Clinical Medicine, Stanford University School of Medicine (2006)
- General Internal Medicine Division Teaching Award, Family and Community Medicine at Stanford (2002)
- The Arthur L. Bloomfield Award for Excellence in Teaching Clinical Medicine, Stanford University School of Medicine (2002)

PROFESSIONAL EDUCATION

- Medical Education: Stanford University School of Medicine (1994) CA

- Internship: UCSF Medical Center (1995) CA
- Fellowship: UCSF Medical Center (2001) CA
- Residency: UCSF Medical Center (1997) CA
- Board Certification: Family Medicine, American Board of Family Medicine (1997)
- M.D., Stanford University , Medicine (1994)
- B.A., Harvard University , History and Literature (1986)

COMMUNITY AND INTERNATIONAL WORK

- Santa Clotilde, Peru service work
- Families at the Border, Tijuana

LINKS

- Patients and Families: http://med.stanford.edu/patientsandfamilies.html

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My academic passion is patient-engaged medical education, including doctor-patient communication, professionalism, physical examination and clinical reasoning. My focus has been primarily on curriculum design and innovation, having helped to develop, and then directed the Continuity of Care Clerkship, an interdisciplinary longitudinal elective for clinical students. I have been instrumental in designing and implementing Stanford's curriculum focusing on clinical skills for pre-clerkship students, as Associate Director of the Practice of Medicine course. I have created a number of teaching modules and Standardized Patient assessments for the Family Medicine core clerkship and Continuity Clerkship, and have been involved in faculty development for residents and faculty preceptors. Most recently, as Director of SHIELD, the Stanford Healthcare Innovations and Experiential Learning Directive I have the opportunity to introduce early medical students to meaningful, immersive clinical experiences in their first year. Patients are equal partners in the educational experience. Students add value to the interdisciplinary team while, learning to be compassionate change leaders, and patients help reinforce empathy and guide all of our learning.

My research focus is on medical student professionalism, interpersonal communication and clinical skills.

Teaching

COURSES

2026-27

- Medical Tai Chi: FAMMED 213 (Spr)

2025-26

- Human Rights and Health: MED 242 (Win)
- Medical Tai Chi: FAMMED 213 (Aut, Spr)
- The Healer's Art: FAMMED 210 (Aut)

2024-25

- Human Rights and Health: MED 242 (Win)
- Medical Tai Chi: FAMMED 213 (Aut, Spr)
- Physicians and Social Responsibility: MED 228 (Aut)

- The Healer's Art: FAMMED 210 (Aut, Win)

2023-24

- Human Rights and Health: MED 242 (Win)
- Medical Tai Chi: FAMMED 213 (Aut, Spr)
- Medicine & Horsemanship: An Outdoor, Equine Assisted Learning Course for Doctor-Patient Relationship: FAMMED 252 (Spr)
- The Healer's Art: FAMMED 210 (Aut)

STANFORD ADVISEES

E4C Mentor

Maria Isabel Barros Guinle, Anthony Buzzanco, Christopher Calkins, Arokoruba Cheetham West, Dong Hur, Jeffrey Huynh, Emily Keamy-Minor, Omair Khan, Nadia Kirmani, Jeffrey Kwong, Anna Lachenauer, Steven Losorelli, Jung Gi Min, Peter Moon, Adam Nelson, Aakriti Neopaney, Ella Nettnin, Peter Nwokoye, Stacie Ong, Tyler Prestwood, Meg Quint, Owen Ramberg, Hannah Rasmussen, Alfredo Reyes-Guzman, Samiha Reza, Sam Scharenberg, Yunji Seo, Alice Serenska, Ishita Shukla, Dharshan Sivaraj, Elijah Suh, Neil Upreti, Lisandra Veliz Dominguez, Riley Vo, Evelyn Wong, Lily Xia, Gordon Ye, Brenda Yu, Charlie Zheng

Publications

PUBLICATIONS

- **Patient Experiences of Disrespectful or Judgmental Language in Medical Records.** *JAMA network open*
  Steele, N., Maitra, A., Dong, Z., Wachenheim, D., Nair, V., Reyes-Guzman, A., Narayan, A., Schillinger, E., Basaviah, P., Hom, J., Bell, S. K.
  2026; 9 (10): e2638695
- **Twelve Tips for Teaching and Practicing Patient-Centered Time Management.** *Family medicine*
  Kaplan, B., Boggiano, V., Rydel, T. A., Schillinger, E.
  2025; 57 (10): 764
- **Bridging the Telehealth Digital Divide With Collegiate Navigators: Mixed Methods Evaluation Study of a Service-Learning Health Disparities Course.** *JMIR medical education*
  Doueiri, Z. N., Bajra, R., Srinivasan, M., Schillinger, E., Cuan, N.
  2024; 10: e57077
- **Disability health in medical education: development, implementation, and evaluation of a pilot curriculum at Stanford School of Medicine.** *Frontiers in medicine*
  Sapp, R. W., Lee, E., Bereknyei Merrell, S., Schillinger, E., Lau, J. N., Feldman, H. M., Poffenberger, C. M.
  2024; 11: 1355473
- **Teaching transgender cultural competency with standardised patients** *MEDICAL EDUCATION*
  Mukund, A. X., Jia, J. L., Nedelman, M., Rydel, T. A., Bajra, R., Srinivasan, M., Schillinger, E., Laniakea, B. H.
  2024
- **Training future clinicians in telehealth competencies: outcomes of a telehealth curriculum and teleOSCEs at an academic medical center.** *Frontiers in medicine*
  Bajra, R., Srinivasan, M., Torres, E. C., Rydel, T., Schillinger, E.
  2023; 10: 1222181
- **START: A COLLEGIATE PROGRAM TO BRIDGE THE DIGITAL TELEHEALTH DIVIDE**
  Doueiri, Z. N., Bajra, R., Schillinger, E., Srinivasan, M., Cuan, N. L.
  SPRINGER.2023: S205
- **Barriers to Telemedicine Video Visits for Older Adults in Independent Living Facilities: Mixed Methods Cross-sectional Needs Assessment.** *JMIR aging*
  Mao, A., Tam, L., Xu, A., Osborn, K., Sheffrin, M., Gould, C., Schillinger, E., Martin, M., Mesias, M.
  2022; 5 (2): e34326

- **Implementing Value-Added Medical Education: Lessons Learned From the Student-Initiated "Stanford Frontline" COVID-19 Consult Service.** *Academic medicine : journal of the Association of American Medical Colleges*
  Zhou, B., Calkins, C., Jayaraman, T., Cassells, S., Rotto, T., Vaughan, L., Srinivasan, M., Schillinger, E.
  2021
- **Hands Off Yet All In: A Virtual Clerkship Pilot in the Ambulatory Setting During the COVID-19 Pandemic.** *Academic medicine : journal of the Association of American Medical Colleges*
  Rydel, T. A., Bajra, R., Schillinger, E.
  2021
- **Balancing Forces: Medical Students' Reflections on Professionalism Challenges and Professional Identity Formation.** *Family medicine*
  Maitra, A. n., Lin, S. n., Rydel, T. A., Schillinger, E. n.
  2021; 53 (3): 200–206
- **Entice With Procedures, Inspire With Primary Care: A Preclerkship Pipeline Course.** *PRiMER (Leawood, Kan.)*
  Lin, C., Zheng, J., Shivakumar, V., Schillinger, E., Rydel, T. A., Montacute, T.
  2021; 5: 22
- **"Making It Work": A Preliminary Mixed Methods Study of Rural Trauma Care Access and Resources in New Mexico.** *Cureus*
  Carroll, A. L., Garcia, D., Cassells, S. J., Bruce, J. S., Bereknyei Merrell, S., Schillinger, E.
  2020; 12 (10): e11143
- **Interprofessional Collaboration: A Qualitative Study of Non-Physician Perspectives on Resident Competency** *JOURNAL OF GENERAL INTERNAL MEDICINE*
  Garth, M., Millet, A., Shearer, E., Stafford, S., Merrell, S., Bruce, J., Schillinger, E., Aaronson, A., Svec, D.
  2018; 33 (4): 487–92
- **Rethinking empathy decline: results from an OSCE.** *The clinical teacher*
  Teng, V. C., Nguyen, C., Hall, K. T., Rydel, T., Sattler, A., Schillinger, E., Weinlander, E., Lin, S.
  2017
- **Patient-Centered Care Challenges and Surprises: Through the Clerkship Students' Eyes.** *Family medicine*
  Boggiano, V. L., Wu, Y., Bruce, J. S., Merrell, S. B., Schillinger, E.
  2017; 49 (1): 57-61
- **An Academic Achievement Calculator for Clinician-Educators in Primary Care.** *Family medicine*
  Lin, S. n., Mahoney, M. n., Singh, B. n., Schillinger, E. n.
  2017; 49 (8): 640–43
- **Actual and Standardized Patient Evaluations of Medical Students' Skills.** *Family medicine*
  Sattler, A. L., Merrell, S. B., Lin, S. Y., Schillinger, E. n.
  2017; 49 (7): 548–52
- **Creating the medical school of the future through incremental curricular transformation: the Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD)** *EDUCATION FOR PRIMARY CARE*
  Lin, S., Osborn, K., Sattler, A., Nelligan, I., Svec, D., Aaronson, A., Schillinger, E.
  2017; 28 (3): 180–84
- **Creating the medical school of the future through incremental curricular transformation: the Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD).** *Education for primary care : an official publication of the Association of Course Organisers, National Association of GP Tutors, World Organisation of Family Doctors*
  Lin, S., Osborn, K., Sattler, A., Nelligan, I., Svec, D., Aaronson, A., Schillinger, E.
  2016: 1-5
- **Finding the Words: Medical Students' Reflections on Communication Challenges in Clinic** *FAMILY MEDICINE*
  Braverman, G., Merrell, S. B., Bruce, J. S., Makoul, G., Schillinger, E.
  2016; 48 (10): 775-783
- **Qualities of Resident Teachers Valued by Medical Students** *FAMILY MEDICINE*
  Montacute, T., Teng, V. C., Yu, G. C., Schillinger, E., Lin, S.

2016; 48 (5): 381-384

- **Dermatology resident physician training and readiness to identify and manage elder mistreatment**
  Chang, J., Danesh, M., Endo, J., Osterberg, L., Millsop, J., Aughenbaugh, W., Schillinger, E., Singh, B., Sussman, R., Chang, A. S.
  MOSBY-ELSEVIER.2016: AB25
- **Next big thing: integrating medical scribes into academic medical centres.** *BMJ simulation & technology enhanced learning*
  Lin, S., Khoo, J., Schillinger, E.
  2016; 2 (2): 27-29
- **Training Future Clinician-Educators: A Track for Family Medicine Residents.** *Family medicine*
  Lin, S., Sattler, A., Chen Yu, G., Basaviah, P., Schillinger, E.
  2016; 48 (3): 212-216
- **Training Future Clinician-Educators: A Track for Family Medicine Residents.** *Family medicine*
  Lin, S., Sattler, A., Chen Yu, G., Basaviah, P., Schillinger, E.
  2016; 48 (3): 212-216
- **Value-added medical education: engaging future doctors to transform health care delivery today.** *Journal of general internal medicine*
  Lin, S. Y., Schillinger, E., Irby, D. M.
  2015; 30 (2): 150-151
- **CLINICAL STUDENTS' EXPLORATION OF CRITICAL INCIDENTS USING FACULTY GUIDED REFLECTION**
  Basaviah, P., Osterberg, L., Schillinger, E., Hooper, K.
  SPRINGER.2011: S608
- **Beyond Knowledge, Toward Linguistic Competency: An Experiential Curriculum** *JOURNAL OF GENERAL INTERNAL MEDICINE*
  Bereknyei, S., Nevins, A., Schillinger, E., Garcia, R. D., Stuart, A. E., Braddock, C. H.
  2010; 25: S155-S159
- **Teaching clinical students to teach** *FAMILY MEDICINE*
  LeBaron, S., SCHILLINGER, E.
  2004; 36 (2): 87-88
- **Teaching family medicine medical students about sleep disorders** *FAMILY MEDICINE*
  Schillinger, E., Kushida, C., Fahrenbach, R., Dement, W., LeBaron, S.
  2003; 35 (8): 547-549
- **Do required preclinical courses with family physicians encourage interest in family medicine?** *FAMILY MEDICINE*
  Hill-Sakurai, L. E., SCHILLINGER, E., Rittenhouse, D. R., Fahrenbach, R., Hudes, E. S., LeBaron, S., Shore, W. B., Hearst, N.
  2003; 35 (8): 579-584
- **The multiple mini-SOAP format for student presentations of complex patients** *FAMILY MEDICINE*
  SCHILLINGER, E., LeBaron, S.
  2003; 35 (1): 13-14
- **Including the patient in student presentations** *FAMILY MEDICINE*
  LeBaron, S., SCHILLINGER, E.
  2000; 32 (2): 87-88
- **Acupuncture: its use in medicine** *WESTERN JOURNAL OF MEDICINE*
  Pearl, D., SCHILLINGER, E.
  1999; 171 (3): 176-180