Stanford



Steven Adelsheim, MD

Clinical Professor, Psychiatry and Behavioral Sciences

NIH Biosketch available Online

CLINICAL OFFICE (PRIMARY)

- **Child and Adolescent Psychiatry Clinic**

  401 Quarry Rd

  Stanford, CA 94305

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Bio

BIO

Steven Adelsheim, MD is a child and adolescent psychiatrist and Associate Chair for Community Engagement in Stanford's Department of Psychiatry, where he directs the Center for Youth Mental Health and Wellbeing. A national leader in early intervention, Dr. Adelsheim spearheaded the launch of allcove—a youth-driven, integrated mental health model now expanding across California. He also co-leads PEPPNET, the national early psychosis clinical network. His work extends to youth suicide prevention, school mental health systems, and partnerships with Indigenous communities to strengthen culturally grounded early intervention for tribal youth. Dr. Adelsheim's career is grounded in building equitable, accessible mental health systems for young people nationwide.

CLINICAL FOCUS

- Child and Adolescent Psychiatry

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Director, Stanford Center for Youth Mental Health and Wellbeing; Stanford Department of Psychiatry, (2015- present)
- Associate Chair for Community Partnerships, Stanford Department of Psychiatry and Behavioral Sciences, (2013- present)

HONORS AND AWARDS

- Outstanding Faculty Award, Graduating Child Psychiatry Trainees; Stanford department of psychiatry and Behavioral Sciences (2016)
- Chair's Award for Community Commitment and Engagement;, Stanford Department of Psychiatry and Behavioral Sciences (2014)
- Sidney Berman Award for School-Based Study and Treatment of Learning Disorders and Mental Illness, American Academy of Child and Adolescent Psychiatry (2012)

- NAMI Exemplary Psychiatrist Award, National Alliance on Mental Illness (2009)
- Agnes Purcell McGavin Award for Prevention, American Psychiatric Association (2006)
- Bronze World Medal; “Not in My Family”; Associate Producer, New York Festival (2006)
- Best Documentary and Best Writing-Programs, Documentaries or Magazines, “Coming Back”, Rocky Mountain SW Chapter; National Academy of Television Arts and Sciences; Clinical Editor (2005)
- Irving Phillips Award for Prevention, American Academy of Child and Adolescent Psychiatry (2005)
- Juanita Evans Memorial Award, Center for School Mental Health, University of Maryland School of Medicine (2003)
- "Marketer of the Year” Award; “Childhood Revealed, New Mexico 2001”, New Mexico Chapter of the American Marketing Association (2002)
- Norbert and Charlotte Rieger Service Program Award for Excellence, American Academy of Child and Adolescent Psychiatry (1999)
- Highland Human Services Collaborative Award for Exemplary Dedication, Highland Human Services Collaborative; New Mexico Advocates for Children and Families (1998)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Consultant, Council on Children, Adolescents & Families, American Psychiatric Association (2015 - 2023)
- Member, American College of Psychiatrists (2013 - present)
- Member, Adolescent Committee, American Academy of Child and Adolescent Psychiatry (2013 - 2018)
- Member, New Mexico Native American Suicide Prevention Workgroup and Clearinghouse (2011 - 2013)
- Councilor at Large, American Academy of Child and Adolescent Psychiatry (2010 - 2013)
- National Advisory Board, Robert Wood Johnson Foundation Local Funding Partners (2009 - 2015)
- Member, Committee on Telepsychiatry, American Academy of Child and Adolescent Psychiatry (2009 - 2011)
- National Advisory Board, Robert Wood Johnson Foundation Early Detection and Intervention for the Prevention of Psychosis Program (2008 - 2010)
- Member, New Mexico State Workgroup on Child Psychopharmacology (2007 - 2013)
- President, New Mexico Council on Child and Adolescent Psychiatry (2007 - 2008)
- National Advisory Committee, Center for School Mental Health, University of Maryland Department of Psychiatry (2005 - present)
- Chair, New Mexico Child Fatality Review Suicide Review Panel (2005 - 2010)
- Commissioner, New Mexico Telehealth Commission (2005 - 2009)
- Member, New Mexico Governor's Task Force on Compulsive Gambling (2005 - 2009)
- Convener and Coordinator, New Mexico Governor's Task Force on Youth Suicide Prevention (2004 - 2005)
- Co-Chair, Committee on Schools, American Academy of Child and Adolescent Psychiatry (2003 - 2010)
- Associate Member, John D. and Katherine T. MacArthur Foundation Network on Mental Health Policy Research (2003 - 2009)
- Member, New Mexico State Medicaid Advisory Committee (2003 - 2008)

PROFESSIONAL EDUCATION

- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (1991)
- Board Certification: Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology (1991)
- Fellowship: University of New Mexico School of Medicine (1990) NM
- Residency: University of New Mexico School of Medicine (1988) NM
- Medical Education: University of Cincinnati College of Medicine (1985) OH
- Board Certification, American Board of Psychiatry and Neurology , Child and Adolescent Psychiatry (1991)
- Board Certification, American Board of Psychiatry and Neurology , General Psychiatry (1991)
- Fellowship, University of New Mexico Health Sciences Center , Child and Adolescent Psychiatry (1990)

- Residency, University of New Mexico health Sciences Center , General Psychiatry (1988)
- MD, University of Cincinnati College of Medicine (1985)
- BA, Harvard College , Psychology and Social Relations (1979)

Publications

PUBLICATIONS

- **THE US DEVELOPMENT OF FIRST-EPISODE PSYCHOSIS PROGRAMS AND THE MODEL OF COORDINATED SPECIALTY CARE**
  Adelsheim, S.
  ELSEVIER SCIENCE INC.2025
- **Paper: Implementing Integrated Youth Services That Young People Want: Expanding Allcove Centers Across California **
  Adelsheim, S.
  WILEY.2025
- **BEYOND DEATHS OF DESPAIR: ADDRESSING SUICIDE IN RURAL YOUTH**
  Szilagyi, N., Adelsheim, S. N.
  ELSEVIER SCIENCE INC.2024: S2
- **The Lancet Psychiatry Commission on youth mental health.** *The lancet. Psychiatry*
  McGorry, P. D., Mei, C., Dalal, N., Alvarez-Jimenez, M., Blakemore, S. J., Browne, V., Dooley, B., Hickie, I. B., Jones, P. B., McDaid, D., Mihalopoulos, C., Wood, S. J., El Azzouzi, et al
  2024; 11 (9): 731-774
- **The Lancet Psychiatry Commission on youth mental health** *LANCET PSYCHIATRY*
  McGorry, P. D., Mei, C., Dalal, N., Alvarez-Jimenez, M., Blakemore, S., Browne, V., Dooley, B., Hickie, I. B., Jones, P. B., McDaid, D., Mihalopoulos, C., Wood, S. J., El Azzouzi, et al
  2024; 11 (9): 731-774
- **THE STANFORD CHILD AND ADOLESCENT MENTAL HEALTH ECHO FOR NATIVE AMERICAN YOUTH: EXPANDING CAPACITY IN SUPPORT OF NATIVE YOUTH AND FAMILIES**
  Adelsheim, S.
  ELSEVIER SCIENCE INC.2023: S394
- **Recreational cannabis use over time in individuals at clinical high risk for psychosis: Lack of associations with symptom, neurocognitive, functioning, and treatment patterns.** *Psychiatry research*
  Carrion, R. E., Auther, A. M., McLaughlin, D., Adelsheim, S., Burton, C. Z., Carter, C. S., Niendam, T., Ragland, J. D., Sale, T. G., Taylor, S. F., Tso, I. F., McFarlane, W. R., Cornblatt, et al
  2023; 328: 115420
- **THE ALLCOVE YOUTH MENTAL HEALTH IMPERATIVE: DEVELOPING EARLY INTERVENTION MENTAL HEALTH PROGRAMS BY AND WITH YOUNG PEOPLE**
  Adelsheim, S., Poulsen, R.
  ELSEVIER SCIENCE INC.2022: S24
- **THE CHILD AND ADOLESCENT PSYCHIATRIST'S ROLE AFTER LOSS AND TRAGEDY: SUICIDE POSTVENTION AND PREVENTION AS A BEST PRACTICE MODEL**
  Chan, V., Adelsheim, S.
  ELSEVIER SCIENCE INC.2020: S51–S52
- **Lived experience perspectives on reducing the duration of untreated psychosis: the impact of stigma on accessing treatment** *PSYCHOSIS-PSYCHOLOGICAL SOCIAL AND INTEGRATIVE APPROACHES*
  Hardy, K. V., Dickens, C. E., Roach, E. L., Harrison, V., Desai, A., Flynn, L., Noordsy, D. L., Dauberman, J., Adelsheim, S.
  2020
- **SYSTEMS OF CARE IN FIRST EPISODE PSYCHOSIS**
  Adelsheim, S.
  ELSEVIER SCIENCE INC.2019: S87

- **FUNDING MODELS TO ENABLE IMPLEMENTATION OF INNOVATIVE INTERVENTIONS IN CHILD AND ADOLESCENT PSYCHIATRY**
  Robbins, D. R., Adelsheim, S.
  ELSEVIER SCIENCE INC.2019: S23

- **Predicting psychosis risk using a specific measure of cognitive control: a 12-month longitudinal study.** *Psychological medicine*
  Guo, J. Y., Niendam, T. A., Auther, A. M., Carrion, R. E., Cornblatt, B. A., Ragland, J. D., Adelsheim, S., Calkins, R., Sale, T. G., Taylor, S. F., McFarlane, W. R., Carter, C. S.
  2019: 1–10

- **Baseline psychopathology and relationship to longitudinal functional outcome in attenuated and early first episode psychosis.** *Schizophrenia research*
  Burton, C. Z., Tso, I. F., Carrion, R. E., Niendam, T., Adelsheim, S., Auther, A. M., Cornblatt, B. A., Carter, C. S., Melton, R., Sale, T. G., Taylor, S. F., McFarlane, W. R.
  2019

- **Growth of Early Intervention in Psychosis in the United States** *INTERVENING EARLY IN PSYCHOSIS: A TEAM APPROACH*
  Hardy, K. V., Ballon, J. S., Noordsy, D. L., Adelsheim, S.
  edited by Hardy, K. V., Ballon, J. S., Noordsy, D. L., Adelsheim, S.
  2019: 11–22

- **Consumer and Family Perspectives on Reducing the Duration of Untreated Psychosis**
  Hardy, K., Dickens, C., Mackintosh, T., Roach, E., Harrison, V., Noordsy, D., Adelsheim, S.
  WILEY.2018: 62

- **PSYCHOSIS AND PSYCHOTIC DISORDERS: PREDICTION AND PREVENTION**
  Hua, L., Adelsheim, S.
  ELSEVIER SCIENCE INC.2018: S76

- **From the psychosis prodrome to the first-episode of psychosis: No evidence of a cognitive decline** *JOURNAL OF PSYCHIATRIC RESEARCH*
  Carrion, R. E., Walder, D. J., Auther, A. M., McLaughlin, D., Zyla, H. O., Adelsheim, S., Calkins, R., Carter, C. S., McFarland, B., Melton, R., Niendam, T., Ragland, J., Sale, et al
  2018; 96: 231–38

- **EARLY PSYCHOSIS CLINICAL IMPLEMENTATION FROM A CHILD/ADOLESCENT PERSPECTIVE: COMMUNITY AND NATIONAL DEVELOPMENTS**
  Adelsheim, S.
  ELSEVIER SCIENCE INC.2017: S341

- **BASELINE PSYCHOPATHOLOGY AS PREDICTORS OF FUNCTIONAL OUTCOME IN ATTENUATED AND EARLY FIRST EPISODE PSYCHOSIS**
  Burton, C., Tso, I., Taylor, S., Niendam, T., Adelsheim, S., Auther, A., Cornblatt, B., Carter, C., Calkins, R., Sale, T., McFarlane, W.
  OXFORD UNIV PRESS.2017: S256–S257

- **Factor analysis of the Scale of Prodromal Symptoms: data from the Early Detection and Intervention for the Prevention of Psychosis Program** *EARLY INTERVENTION IN PSYCHIATRY*
  Tso, I. F., Taylor, S. F., Grove, T. B., Niendam, T., Adelsheim, S., Auther, A., Cornblatt, B., Carter, C. S., Calkins, R., Ragland, J. D., Sale, T., McFarlane, W. R.
  2017; 11 (1): 14-22

- **CHILD AND ADOLESCENT PSYCHOSIS** *HANDBOOK OF CHILDHOOD BEHAVIORAL ISSUES: EVIDENCE-BASED APPROACHES TO PREVENTION AND TREATMENT, 2ND EDITION*
  Hardy, K. V., Mayanil, T., Graeber, D. A., Adelsheim, S.
  edited by Gullotta, T. P., Blau, G. M.
  2017: 319-335

- **Personalized Prediction of Psychosis: External Validation of the NAPLS-2 Psychosis Risk Calculator With the EDIPPP Project** *AMERICAN JOURNAL OF PSYCHIATRY*
  Carrion, R. E., Cornblatt, B. A., Burton, C. Z., Auther, A. M., Adelsheim, S., Calkins, R., Carter, C. S., Niendam, T., Sale, T. G., Taylor, S. F., McFarlane, W. R.
  2016; 173 (10): 989-996

- **Implementation of a National Early Psychosis Clinical Support Program in the United States: The Prodrome and Early Psychosis Program Network (PEPPNET)**
  Adelsheim, S., Harrison, V., Heinssen, R., Lowe, J., Blau, G. M.
  WILEY-BLACKWELL.2016: 23

- **Creating a National Early Psychosis Clinical Support Program in the United States: The Development of the Prodrome and Early Psychosis Program Network (PEPPNET)**
  Adelsheim, S., Harrison, V., Heinssen, R., Lowe, J., Blau, G. M.
  WILEY-BLACKWELL.2016: 99

- **Early Detection, Intervention and Prevention of Psychosis Program: Community Outreach and Early Identification at Six US Sites** *PSYCHIATRIC SERVICES*
  Lynch, S., McFarlane, W. R., Joly, B., Adelsheim, S., Auther, A., Cornblatt, B. A., Migliorati, M., Ragland, J. D., Sale, T., Spring, E., Calkins, R., Carter, C. S., Jaynes, et al
  2016; 67 (5): 510-516

- **Clinical and functional outcomes after 2 years in the early detection and intervention for the prevention of psychosis multisite effectiveness trial.** *Schizophrenia bulletin*
  McFarlane, W. R., Levin, B., Travis, L., Lucas, F. L., Lynch, S., Verdi, M., Williams, D., Adelsheim, S., Calkins, R., Carter, C. S., Cornblatt, B., Taylor, S. F., Auther, et al
  2015; 41 (1): 30-43

- **Factor analysis of the Scale of Prodromal Symptoms: data from the Early Detection and Intervention for the Prevention of Psychosis Program.** *Early intervention in psychiatry*
  Tso, I. F., Taylor, S. F., Grove, T. B., Niendam, T., Adelsheim, S., Auther, A., Cornblatt, B., Carter, C. S., Calkins, R., Ragland, J. D., Sale, T., McFarlane, W. R.
  2014

- **From School Health to Integrated Health: Expanding Our Children's Public Mental Health System.** *Academic psychiatry*
  Adelsheim, S.
  2014; 38 (4): 405-408