Stanford



Iris Litt

Marron and Mary Elizabeth Kendrick Professor in Pediatrics, Emerita

Pediatrics - Adolescent Medicine

Bio

ACADEMIC APPOINTMENTS

- Professor Emeritus, Pediatrics - Adolescent Medicine

ADMINISTRATIVE APPOINTMENTS

- DIRECTOR, CENTER FOR ADVANCED STUDY IN THE BEHAVIORAL SCIENCE, STANFORD UNIVERSITY, (2013- present)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Research focus is on the health problems of adolescent women, with particular emphasis on the interaction of psychosocial phenomena with biologic features of the second decade of life. The effects of eating disorders on reproductive physiology, bone density and growth is one example of this interest. Pregnancy prevention and medication compliance in adolescents are other research interests.

Publications

PUBLICATIONS

- **Blind Leading the Blind?** *JOURNAL OF ADOLESCENT HEALTH*
  Litt, I. F.
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- **Non-adherence to post-transplant care: Prevalence, risk factors and outcomes in adolescent liver transplant recipients** *PEDIATRIC TRANSPLANTATION*
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- **Surfing for thinness: A pilot study of pro-eating disorder web site usage in adolescents with eating disorders** *PEDIATRICS*
  Wilson, J. L., Peebles, R., Hardy, K. K., Litt, I. F.
  2006; 118 (6): E1635-E1643
- **Adolescent non-adherence: Prevalence and consequences in liver transplant recipients** *PEDIATRIC TRANSPLANTATION*
  Berquist, R. K., Berquist, W. E., Esquivel, C. O., Cox, K. L., Wayman, K. I., Litt, I. F.
  2006; 10 (3): 304-310
- **What predicts maintenance of weight for adolescents medically hospitalized for anorexia nervosa?** *Eating disorders*
  Lock, J., Litt, I.
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- **Ethnic differences in the association between pubertal status and symptoms of depression in adolescent girls** *JOURNAL OF ADOLESCENT HEALTH*

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- **Age limits of pediatrics, American Academy of Pediatrics, Council on Child Health, Pediatrics, 1972;49 : 463 - Commentary** *PEDIATRICS*
  Litt, I. F.
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- **Prospective study of risk factors for the initiation of cigarette smoking** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
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  Hayward, C., Killen, J. D., Wilson, D. M., Hammer, L. D., Litt, I. F., Kraemer, H. C., Haydel, F., Varady, A., Taylor, C. B.
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- **Ethnicity and body dissatisfaction: Are Hispanic and Asian girls at increased risk for eating disorders?** *JOURNAL OF ADOLESCENT HEALTH*
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  1996; 19 (6): 384-393
- **Pregnancy in adolescence** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
  Litt, I. F.
  1996; 275 (13): 1030-1030
- **Pubertal and psychosocial development implications for pediatricians.** *Pediatrics in review*
  Litt, I. F.
  1995; 16 (7): 243-247
- **Pursuit of thinness and onset of eating disorder symptoms in a community sample of adolescent girls: a three-year prospective analysis.** *International journal of eating disorders*
  Killen, J. D., Taylor, C. B., Hayward, C., Wilson, D. M., Haydel, K. F., Hammer, L. D., SIMMONDS, B., Robinson, T. N., Litt, I., Varady, A.
  1994; 16 (3): 227-238
- **CARING FOR GRAVELY ILL CHILDREN** *PEDIATRICS*
  Fleischman, A. R., Nolan, K., Dubler, N. N., EPSTEIN, M. F., GERBEN, M. A., Jellinek, M. S., Litt, I. F., MIles, M. S., Oppenheimer, S., Shaw, A., VANEYS, J., Vaughan, V. C.
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- **AN ATTEMPT TO MODIFY UNHEALTHFUL EATING ATTITUDES AND WEIGHT REGULATION PRACTICES OF YOUNG ADOLESCENT GIRLS** *INTERNATIONAL JOURNAL OF EATING DISORDERS*
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- **IS PUBERTY A RISK FACTOR FOR EATING DISORDERS** *AMERICAN JOURNAL OF DISEASES OF CHILDREN*
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- **INSULIN-LIKE GROWTH FACTOR-I AS A REFLECTION OF BODY-COMPOSITION, NUTRITION, AND PUBERTY IN 6TH AND 7TH GRADE GIRLS** *JOURNAL OF CLINICAL ENDOCRINOLOGY & METABOLISM*
  Wilson, D. M., Killen, J. D., Hammer, L. D., Litt, I. F., VOSTI, C., Miner, B., Hayward, C., Taylor, C. B.
  1991; 73 (4): 907-912
- **THE INCIDENCE OF CHLAMYDIA-PNEUMONIAE LOWER RESPIRATORY-TRACT INFECTIONS AMONG UNIVERSITY-STUDENTS IN NORTHERN CALIFORNIA** *WESTERN JOURNAL OF MEDICINE*
  Katzman, D. K., Tipton, A. C., Litt, I. F., Friedman, I. M., EMMONS, R. W., SCHACHTER, J.
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- **ADOLESCENT MEDICINE** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*
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  HUNT, A. D., Litt, I. F., Loebner, M.
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- **ANOREXIA-NERVOSA, ATHLETICS, AND AMENORRHEA** *JOURNAL OF PEDIATRICS*
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