



Alison Hu, PhD, ABPP

Clinical Associate Professor, Psychiatry and Behavioral Sciences

Bio

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Dr. Hu is a Clinical Associate Professor in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine and a board-certified counseling psychologist specializing in psycho-oncology and the psychological care of individuals with complex medical conditions.

Dr. Hu joined the Stanford faculty in 2026 as a member of the Division of Medical Psychiatry and Psychosocial Oncology Program. At the Stanford Cancer Center, she provides psychological assessment and treatment to patients navigating cancer diagnosis, treatment, and advanced illness. She also works in consultation-liaison settings, collaborating with multidisciplinary medical teams to address the psychological and behavioral health needs of patients with acute and complex medical conditions.

Dr. Hu earned her PhD in Counseling Psychology from the University of Minnesota and completed APA-accredited predoctoral internship and postdoctoral fellowship at the Bedford VA Healthcare System. She is board certified in Counseling Psychology by the American Board of Professional Psychology and was selected as an American Psychosocial Oncology Society Health Equity Scholar for 2024–2025.

Her clinical interests include psycho-oncology, health psychology, perinatal mental health, culturally responsive care, and health equity.

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Psychosocial Oncology Society (2023 - present)
- Member, American Board of Professional Psychology (2020 - present)
- Member, American Psychological Association (2009 - present)

PROFESSIONAL EDUCATION

- Board Certification, American Board of Professional Psychology (2020)
- Fellowship: VA Bedford Health Care System Psychology Postdoctoral Program (2016) MA
- Ph.D., University of Minnesota, Twin Cities (2015)