Stanford

Sharon Abada, MD, MPH

Clinical Assistant Professor, Medicine - Immunology & Rheumatology

CLINICAL OFFICE (PRIMARY)

- **Rheumatology**

  900 Blake Wilbur Dr 2nd Fl

  RM W2081

  Palo Alto, CA 94304

  Tel (650) 723-6961 **Fax** (650) 725-8418

Bio

BIO

Dr. Sharon Abada is a fellowship-trained rheumatologist with Stanford Health Care. She is also a clinical assistant professor in the Department of Medicine, Division of Immunology & Rheumatology at Stanford University School of Medicine.

Dr. Abada diagnoses and treats a wide range of autoimmune and inflammatory diseases that affect connective tissues, such as gout and pseudogout, lupus, rheumatoid arthritis, and vasculitis. She also has experience treating rare conditions such as autoinflammatory syndromes and granulomatous mastitis.

Dr. Abada's research focuses on improving care for vulnerable and underserved patient populations, including older adults and immunocompromised patients. She was awarded the Emerging Investigator Excellence Award by the American College of Rheumatology for her research on recombinant zoster vaccine prevalence among veterans receiving immunosuppression.

Dr. Abada has published her work in several peer-reviewed journals, including JAMA Network Open, Journal of Applied Gerontology, and Journal of General Internal Medicine. She has presented to her peers at national and regional meetings, including annual meetings of the American College of Rheumatology and the Society of General Internal Medicine.

Dr. Abada is a member of the American College of Rheumatology and the American Medical Association.

CLINICAL FOCUS

- Rheumatology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Immunology & Rheumatology

HONORS AND AWARDS

- Teaching Assistant of the Year, WashU School of Medicine
- Roy R. Peterson Prize in Anatomy, WashU School of Medicine

- Rheumatology Fellow of the Year Award, UCSF
- Outstanding New Student Scholarship, UTHealth Houston School of Public Health
- Nathan Hellman Memorial Award, WashU School of Medicine
- Lawson Family Scholarship, WashU School of Medicine
- Glasgow-Rubin Citation for Academic Achievement, American Medical Women's Association
- Excellence in Public Health Award, U.S. Public Health Service
- Emerging Investigator Excellence Award, American College of Rheumatology
- Dr. William A. Rubenstein Award in Medicine, WashU School of Medicine
- Dr. Margaret G. Smith Award, WashU School of Medicine
- Delta Omega Honorary Society in Public Health, UTHealth Houston School of Public Health
- Dean's Scholarship, UTHealth Houston School of Public Health
- Class of 2003 Award, WashU School of Medicine
- Book Prize, Alpha Omega Alpha Honor Society, WashU School of Medicine
- Antoinette Frances Dames Award in Cell Biology and Physiology, Washington University (WashU) School of Medicine

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Medical Association (2021 - present)
- Member, American College of Rheumatology (2023 - present)

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2024)
- Fellowship: UCSF Rheumatology Fellowship (2026) CA
- Residency: UCSF Dept of Internal Medicine (2024) CA
- Medical Education: Washington University School Of Medicine (2021) MO

Publications

PUBLICATIONS

- **Innate and Adaptive Immune Mechanisms in Pericarditis: Pathobiology and Clinical Implications.** *The Canadian journal of cardiology*
  Zhang, C., Abada, S., Tasca, S., Moslehi, J. J., Baik, A. H.
  2026; 42 (8): 1872-1888
- **Early Strawberry Gingivitis in Granulomatosis with Polyangiitis.** *Journal of general internal medicine*
  Abada, S., Margaretten, M. E.
  2026; 41 (7): 1996-1997
- **Recombinant Zoster Vaccination Among US Veterans Receiving Immunosuppressive Medications.** *JAMA network open*
  Abada, S., Li, J., Tarasovsky, G., Wilson, C., Yazdany, J., Whooley, M. A., Schmajuk, G.
  2024; 7 (10): e2439945
- **Student Response Initiatives: A Case Study of COVID-19 at Washington University** *MEDICAL SCIENCE EDUCATOR*
  Chermside-Scabbo, C. J., Douglas, K., Ghaznavi, C., Pollard, B., Abada, S., Goodman, J., Migotsky, N., Park, K., Sherburne, H., Coolman, A., Aagaard, E. M., Lawrence, S. J.
  2021; 31 (2): 365-369
- **Medication Regimen Complexity and Low Adherence in Older Community-Dwelling Adults With Substantiated Self-Neglect.** *Journal of applied gerontology : the official journal of the Southern Gerontological Society*
  Abada, S., Clark, L. E., Sinha, A. K., Xia, R., Pace-Murphy, K., Flores, R. J., Burnett, J.

2017: 733464817714565

- **Assessment of older adults' satisfaction with adult protective services investigation and assistance.** *Journal of elder abuse & neglect*
  Booker, J. G., Breaux, M., Abada, S., Xia, R., Burnett, J.
  2017; 30 (1): 64-74

- **Medication use and polypharmacy in older adults with substantiated self-neglect: A case study** *Self-Neglect in Older Adults: A Global, Evidence-Based Resource for Nurses and Other Healthcare Providers*
  Burnett, J., Clark, L. E., Abada, S., Parker, K., Flores, R. J., Murphy, K. P.
  2017

- **Stroke Knowledge in African Americans: A Narrative Review.** *Ethnicity & disease*
  Sharrief, A. Z., Johnson, B., Abada, S., Urrutia, V. C.
  2016; 26 (2): 255-62