Stanford



Deb Matityahu

Clinical Associate Professor, Obstetrics & Gynecology - General

CLINICAL OFFICE (PRIMARY)

- **Gynecology Clinic**
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Bio

BIO

Debra Matityahu, MD, MSCP, is a board-certified obstetrician-gynecologist and Menopause Society Certified Practitioner with more than 30 years of experience caring for women. She is a Clinical Associate Professor with the Stanford Program in Menopause & Healthy Aging, where she specializes in the care of women during perimenopause, menopause, and beyond.

Dr. Matityahu has focused on menopause care for more than two decades. During her 21 years at Kaiser Permanente in Redwood City, she served as the medical center's menopause specialist, providing consultations and managing challenging menopause referrals from physician colleagues. She believes that menopause care should be individualized and collaborative, helping each woman understand her symptoms, treatment options, and the potential benefits and risks of therapy so that she can make informed decisions about her health.

Dr. Matityahu also serves as Chief Clinical Officer and Medical Advisor for Soy ELLA, a menopause-focused telehealth company based in Mexico that is expanding access to specialized menopause care for women in Latin America.

In addition to her clinical work, Dr. Matityahu has extensive experience in physician leadership and communication. She served in a physician leadership role at Kaiser Permanente for more than a decade and spent nearly 20 years teaching and coaching physicians in communication skills, bedside manner, and the patient experience. She brings that same emphasis on listening, communication, and shared decision-making to her own patient care.

Dr. Matityahu received her undergraduate degree in Electrical Engineering from Cornell University and her medical degree from New Jersey Medical School/Rutgers University. She completed an internship in Internal Medicine at Thomas Jefferson University followed by residency training in Obstetrics and Gynecology at the Medical College of Pennsylvania/Drexel University.

Her commitment to women's health extends beyond her clinical practice. Dr. Matityahu is the founder and Executive Director of Beyond Fistula, a nonprofit organization serving women and girls in western Kenya following obstetric fistula surgery. The organization provides education, vocational training, peer support, and economic empowerment programs designed to help women rebuild their lives after fistula repair. Her work in global women's health has contributed to published research on the psychosocial, economic, reproductive, and empowerment outcomes of women recovering from obstetric fistula.

Dr. Matityahu has received numerous awards recognizing her leadership and service, including the David Lawrence Community Service Award and the Rotary Peninsula Starlight Award, and she was named one of the Silicon Valley Business Journal's 100 Most Influential Women in Silicon Valley.

Outside of medicine, Dr. Matityahu enjoys tennis, hiking, and spending time with her family. She has crossed Nepal's Annapurna Pass and more recently summited Mount Kilimanjaro as part of a stoma and fistula awareness campaign.

CLINICAL FOCUS

- Obstetrics and Gynecology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology - General

PROFESSIONAL EDUCATION

- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (1999)
- Residency: Hospital of the University of Pennsylvania Obstetrics and Gynecology Residency (1997) PA
- Internship: Thomas Jefferson University Hospital Internal Medicine Residency (1993) PA
- Medical Education: Rutgers New Jersey Medical School (1992) NJ