Stanford



Cynthia DeTata MD, MACM, FACOG

Clinical Associate Professor, Obstetrics & Gynecology - Maternal Fetal Medicine

CLINICAL OFFICE (PRIMARY)

- **Center for Academic Medicine Obstetrics and Gynecology**

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ACADEMIC CONTACT INFORMATION

- **Alternate Contact-- if you are a patient please call the clinic**

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Bio

BIO

Dr. DeTata has spent over two decades providing outstanding clinical care while training future physicians and enhancing the educational landscape for medical students and residents. Her efforts in creating, implementing and disseminating a flipped classroom curriculum with innovative and interactive learning experiences has reshaped the medical student clerkship program.

Dr. DeTata's passion for teaching extends beyond the confines of the hospital. She has developed original and innovative courses for undergraduate students such as "Demystifying Pregnancy" and "Physiology of Pregnancy," appealing to a broader audience and addressing the critical gap in public education regarding reproductive health. Her courses are highly sought after, consistently rated above the mean for student engagement and satisfaction and underscore her dedication to fostering knowledge of the social, political and environmental impacts on maternal-child health. She works to inspire students to consider the past, present and future forces on the future of all of us.

Beyond her leadership in the classroom, Dr. DeTata has made substantial contributions to medical education through mentoring programs where she supports first-generation medical students. She actively serves in professional societies and committees aimed at nurturing future leaders in medicine. Her involvement in faculty development initiatives has helped elevate the teaching capabilities of her colleagues, developing a culture of excellence in education.

Dr. DeTata completed a Master’s Degree in Academic Medicine from the University of Southern California (USC) and a Leaders and Scholars program through the American Professors of Gynecology and Obstetrics (APGO). She is a guest instructor in USC’s Academic Medicine program and has been an invited presenter at numerous national conferences. She has contributed to the Association of American Medical Colleges by helping develop the PreView test, a situational judgement exam used nationally in the medical school application process.

Dr. DeTata's commitment to community service is equally commendable. From participating in local health education initiatives for high school students to volunteering at COVID-19 vaccination clinics, she embodies the spirit of service in medical professionalism.

Dr. DeTata’s contributions have not gone unnoticed: she has received multiple accolades, including an award from Stanford’s School of Medicine for Leadership in Medical Education, the Oscar Salvatierra Award for Exceptional Service to Stanford Medical Students, APGO’s Excellence in Teaching Award, and recognition for undergraduate teaching as "Favorite Faculty" by the Stanford Women's Gymnastics Team, indicating her profound impact on students from various disciplines.

Throughout her distinguished career, Dr. DeTata has demonstrated a continuous dedication to nurturing the next generation of physicians, advancing medical education, and providing exemplary patient care. She teaches and practices with kindness, compassion, and inspiration, continuously fostering a healing and learning environment that values innovation, inclusivity, lifelong learning, and excellence.

CLINICAL FOCUS

- Gestational diabetes
- Health disparities
- Postpartum wellness
- Pregnancy after bariatric surgery
- Thyroid disease in pregnancy
- Advanced maternal age
- Multiple gestation
- Pregnancy after infertility treatment
- Breastfeeding
- Hypertension in pregnancy
- Depression Anxiety pregnancy
- Vaginal birth after cesarean
- postpartum perimenopause
- LGBTQ+ pregnancy
- Obstetrics

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Obstetrics & Gynecology - Maternal Fetal Medicine
- Member, Wu Tsai Human Performance Alliance

ADMINISTRATIVE APPOINTMENTS

- Visiting Faculty, Alice Walton School of Medicine, (2025- present)
- Clerkship Director, Stanford University School of Medicine, (2024- present)
- Director, Human Biology course, Physiology of Pregnancy, HUMBIO 134, Stanford University, (2024- present)
- Director, Pregnancy, Birth and Infancy course, OBGYN 282, Stanford University School of Medicine, (2024- present)
- Director, Introsem course Demystifying Pregnancy OBGYN 82Q, Stanford University, (2021- present)
- Co-director Obstetric and Gynecologic Skills Simulation OBGYN 222, Stanford University School of Medicine, (2018- present)
- Co-director Women's Health Block, Science of Medicine course, Stanford University School of Medicine, (2018-2019)

- Guest instructor, Master's of Academic Medicine Program, USC Keck School of Medicine, (2016- present)
- Clinical Assistant Professor Obgyn, Stanford University School of Medicine, (2005- present)
- Co-director Obstetrics and Gynecology Core Clerkship, Stanford University School of Medicine, (2005-2019)
- Staff Physician, Lucille Packard Children's Hospital, (2001- present)
- Staff Physician, Stanford Hospital, (2001- present)

HONORS AND AWARDS

- Integrated Strategic Plan Star Award:, Stanford University School of Medicine (2025)
- Oscar Salvatierra award for exceptional service to Stanford Med Students and the School of Medicine, Stanford School of Medicine (2022)
- APGO Faculty Leaders and Scholars, American Professors of Obstetrics and Gynecology (2019)
- APGO Excellence in Teaching Award, American Professors of Obstetrics and Gynecology (2018)
- Faculty Fellow, Center of Excellence, Stanford University (2017)
- Best Undergraduate Medical Education Presentation, Innovations in Medical Education Conference (2016)
- Leadership in Education Award, Stanford University School of Medicine (2008)
- Resident Laparoscopy Award, AAGL (1998)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- National Specialty Section Chair - Obstetrics and Gynecology, The Latino Medical Student Association Faculty Physician Advisory Council (2026 - present)
- Curriculum Advisor, Reproductive Health Course, Alice Walton School of Medicine (2025 - present)
- Member, Academy of Professionalism in Healthcare (2025 - present)
- Faculty Advisor, Latino Medical Student Association (2023 - present)
- Patient grievance committee member, Stanford Children's hospital (2023 - present)
- Faculty advisor, Stanford University School of Medicine, Diversity Advisory Panel, Admissions (2018 - 2019)
- Faculty member, School of Medicine Admissions (2017 - 2023)
- Affiliate, Learning Communities Institute (2015 - present)
- Associate, Educators for Care, Stanford University School of Medicine (2015 - present)
- Member, Teaching and Learning Academy, Stanford University School of Medicine (2015 - present)
- Member, American Professors of Gynecology and Obstetrics (2005 - present)
- Fellow, American College of Obstetrics and Gynecology (2001 - present)

PROFESSIONAL EDUCATION

- Menopausal Medicine Certificate, The Menopause Society , Meonpausal Medicine (2026)
- Master's of Medical Education, University of Southern California Keck School of Medicine , Academic Medicine (2016)
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2001)
- Residency: Kaiser Permanente/Santa Clara (1999) CA
- MD, University of Southern California Keck School of Medicine , Medicine (1995)
- BS, University of California Davis , Psychology (1990)
- BS, University of California Davis , Physiology (1990)

COMMUNITY AND INTERNATIONAL WORK

- UME Competency Committee

- Disability Curriculum Planning, Stanford University
- Stanford Clinical Summer Internship, Stanford University School of Medicine
- Assessment Redesign Committee, Stanford University School of Medicine
- Professionalism Task Force, Stanford University School of Medicine
- Curriculum Redesign Committee
- Physical Exam Task Force, Stanford University School of Medicine
- Assessment Redesign Task Force, Stanford University School of Medicine
- Student Mistreatment Department Champion, Stanford University School of Medicine
- Cardinal Quarter Service Mentor, Stanford Haas Center for Public Service
- Capstone Faculty Advisor, Stanford Human Biology Program
- Faculty Advisor, Stanford Graduate School of Business
- Medical Student Performance Evaluation (MSPE) Committee
- Continuity of Care Course, Stanford School of Medicine
- Leadership in Health Disparities Program, Stanford School of Medicine
- Mentor, First Generation Program, Stanford School of Medicine
- E4C Associate, Stanford School of Medicine
- Introduction to Clerkships, Stanford School of Medicine

LINKS

- Stanford Healthcare: https://stanfordhealthcare.org/doctors/d/cynthia-detata.html
- Stanford Medicine Children's Health: https://www.stanfordchildrens.org/en/doctor/c/cynthia-l-detata.html
- Linkedin: https://www.linkedin.com/in/cynthia-detata-78b79a40/
- Demystifying Pregnancy: https://exploreintrosems.stanford.edu/news/obgyn-82q-demystifying-pregnancy-physiology-policy-and-politics
- Youtube: https://www.youtube.com/watch?v=UALnTowuFv0
- US News: https://health.usnews.com/doctors/cynthia-detata-96720
- Stanford course catalog: https://explorecourses.stanford.edu/instructor/cdetata
- Healthgrades: https://www.healthgrades.com/physician/dr-cynthia-detata-yscsx
- Outcare: https://www.outcarehealth.org/provider/listing/cynthia-detata-md/
- Vitals: https://www.vitals.com/doctors/Dr_Cynthia_De_Tata.html
- Faculty, Department of Obstetrics and Gynecology: https://obgyn.stanford.edu/faculty-and-staff/faculty.html
- Flo Health: https://flo.health/about-us/cynthia-detata-md
- Flo Health - Spanish: https://flo.health/es/quienes-somos/cynthia-detata-md
- Flo Health - French: https://flo.health/fr/a-propos-de-nous/cynthia-detata-md
- Flo Health - German: https://flo.health/de/uber-uns/cynthia-detata-md
- Center of Excellence: https://www.facebook.com/335870722823/photos/httpswwweventbritecomeprimary-care-public-health-and-health-disparities-lecturer/10154766348867824/
- Stanford Medicine Clinical Summer Internship: https://med.stanford.edu/medcsi/team.html
- Human Performance Lab Affiliate: https://humanperformance.stanford.edu/team/faculty-affiliates-c-d/
- American Professors of Gynecology and Obstetrics Leaders and Scholars: https://apgo.org/general/custom.asp?page=aslpastgradprojects
- Menopausal Medicine Certification: https://bcert.me/v1org5tuh

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Medical Education

Health Disparities

Curriculum Design

Learning environment

Teamwork

Simulation

Postpartum care

Flipped Classroom learning

Game learning

Postpartum care

PROJECTS

- Reproductive and Breast Health Curriculum creation and development, Alice Walker School of Medicine - Alice Walker School of Medicine
- PreView test, Faculty Advisor, Association of American Medical Colleges (AAMC) - Association of American Medical Colleges (AAMC)
- Medical Advisor for Flo, a reproductive health app - Flo Health
- Content contributor for The Bump, a pregnancy app and website
- Guest Instructor, USC Keck School of Medicine Master of Academic Medicine (MACM) Program - USC Keck School of Medicine Master of Academic Medicine (MACM) Program
- Longitudinal Medical Education Nutrition Curriculum Needs Assessment, Stanford School of Medicine - Stanford Univeristy School of Medicine

Teaching

COURSES

2026-27

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Spr)
- Obstetrics and Gynecologic Skills Simulation: OBGYN 222 (Win)

2025-26

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Spr)
- Obstetrics and Gynecologic Skills Simulation: OBGYN 222 (Win)
- Pregnancy, Birth, and Infancy: OBGYN 282, PEDS 282 (Aut)

2024-25

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Aut)
- Obstetrics and Gynecologic Skills Simulation: OBGYN 222 (Win)
- Pregnancy, Birth, and Infancy: OBGYN 282, PEDS 282 (Spr)

2023-24

- Demystifying Pregnancy: Physiology, Policy and Politics: OBGYN 82Q (Aut)
- Physiology of Pregnancy: HUMBIO 134 (Spr)
- Pregnancy, Birth, and Infancy: OBGYN 282, PEDS 282 (Spr)

Publications

PUBLICATIONS

- **Title: Navigating the Clerkship Phase of Training with an Incomplete Spinal Cord Injury** *Advancing Disability Inclusion in Medical Education: Case Studies and Practical Insights*
  Kude, C., Burnside, G., Basaviah, P., DeTata, C.
  Springer International.2026

- **Can Coronavirus Affect Pregnancy or Newborns? Here's What the Experts Say**
  Madeline, R.
  TIME magazine.
  2020

- **Teaching and assessing non-technical skills.** *The clinical teacher*
  DeTata, C.
  2015; 12 (3): 219-?

PRESENTATIONS

- "Remediating the student with difficulties in Clinical Reasoning: Plans and Pitfalls." - APGO Faculty Development seminar (American Professors of Gynecology and Obstetrics),
- "Team-based learning in Obstetrics." - APGO Faculty Development seminar (American Professors of Gynecology and Obstetrics),
- "Teaching Teamwork in Labor and Delivery Simulation Scenarios." - APGO Faculty Development seminar (American Professors of Gynecology and Obstetrics),
- "Improving Medical Student experience in Labor and Delivery by involvingNurses as Educators" - APGO Faculty Development seminar (American Professors of Gynecology and Obstetrics),
- "Sharing a Common View: Does finding Common Ground between Faculty, Residents and Students reduce the perception of Mistreatment?" - LCI (Learning Communities Institute)
- "Coaching the Struggling High Achiever" - IME (Innovations in Medical Education) conference
- "Encouraging Joy in Learning: Using Mindset, Grit and Self- Determination theory" - IME (Innovations in Medical Education) conference
- "Using Trigger Videos to Expand the Student Perspective of the Clinical Learning Environment: Does this Improve the Student's Perceived Experience?" - APGO Faculty Development seminar (American Professors of Gynecology and Obstetrics),
- "Motivation and Learning in Clinical Settings" - IME (Innovations in Medical Education) conference
- "Paradise or Purgatory? A video Prompt for Discussing the Learning Environment." - APGO Faculty Development seminar (American Professors of Gynecology and Obstetrics),
- "Does our Curriculum need a Sprinkling of Fairy Dust? A Preclinical and Clinical Needs Assessment - American Professors of Gynecology and Obstetrics (APGO)/Council on Resident Education in Obstetrics and Gynecology (CREOG) conference
- "It's all fun and games until somebody learns something" - Stanford Univeristy School of Medicine TEACH Symposium (September 26, 2025)
- "Teaching Outside the Box: Using your Medical Education Superpowers to Educate Non-medical Professional Learners to Promote the Wellbeing of All" - AAMC Learn Serve Lead national education conference (American Association of Medical Colleges) (November 2, 2025)
- Optional Learning? Conscientious Objection on the Obstetrics and Gynecology Clerkship - American Professors of Gynecology and Obstetrics (February 19, 2026)
- Maximizing the Chance to Learn: Accessibility on the OBGYN Clerkship - American Professors of Gynecology and Obstetrics (February 19, 2026)