

(Sam) Chung Xiann Lim, PhD

Postdoctoral Scholar, Psychiatry

Bio

PROFESSIONAL EDUCATION

- Residency, Medical College of Wisconsin , Clinical Health Psychology (2026)
- Ph.D., Bowling Green State University , Clinical Psychology (2026)
- M.A., Bowling Green State University , Clinical Psychology (2023)
- B.S., University of Minnesota-Twin Cities , Psychology (2018)

STANFORD ADVISORS

- Fiona Barwick, Postdoctoral Research Mentor
- Norah Simpson, Postdoctoral Faculty Sponsor

LINKS

- Stanford Health Care: <https://www.stanfordhealthcare.org/>
- Sleep and Circadian Health Fellowship Program: <https://med.stanford.edu/sleepdivision/education/cbsmfellowship.html>

Publications

PUBLICATIONS

- **Inflexible responses to uncertainty: The mediating role of psychological inflexibility in the link between intolerance of uncertainty, traumatic stress, and somatic symptoms.** *Psychological trauma : theory, research, practice and policy*
Lim, C. X., Mueller, E. A., Short, L. B., Xia, R., Suvanbenjakule, P., O'Brien, W. H.
2026; 18 (7): 1391-1400
- **Perseverative cognition and vagally mediated heart rate variability in laboratory studies: A series of meta-analyses.** *International journal of psychophysiology : official journal of the International Organization of Psychophysiology*
Lim, C. X., Mueller, E., O'Brien, W. H.
2026; 224: 113368
- **Psychological flexibility prospectively predicts COVID-19 PPE use across a two-month interval.** *Psychology, health & medicine*
H O'Brien, W., Wang, S., Varga, A. V., Lim, C. X., Xu, H., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., Braden, A.
2024; 29 (3): 484-491
- **An Examination of the Orienting and Defensive Responses Using HR and HF-HRV** *JOURNAL OF PSYCHOPHYSIOLOGY*
O'Brien, W. H., Watford, T., Lim, C., Sims, T., Jarukasemthawee, S., Pisitsungkagarn, K., Suvanbenjakule, P., Settawacharawanich, S.
2023; 37 (4): 181-190
- **Lesser degree of HR and HF-HRV recovery from an evaluative stressor is associated with higher levels of perfectionism and self-compassion.** *Behaviour research and therapy*
O'Brien, W. H., Peijssel, C., Koerten, H. R., Boonyarit, I., Lim, C. X., Chavanovanich, J.
2023; 164: 104305
- **Acculturative stress and eating disorder psychopathology: A meta-analysis.** *Eating behaviors*
Kalantzis, M. A., Chung Xiann Lim, S., Dauber, A. K., Studer-Perez, E. I., Silverman, Z. J., O'Brien, W. H.

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- **Psychological Inflexibility and HF-HRV reactivity to laboratory stressors** *JOURNAL OF CONTEXTUAL BEHAVIORAL SCIENCE*
Lim, C., Brien, W. H., Watford, T. S., Suvanbenjakule, P.
2022; 26: 134-138
- **Coping with COVID-19: Survey data assessing psychological distress to COVID-19 and vaccine hesitancy with measures of theory of planned behavior, mindfulness, compassion, cultural orientation, and pandemic fatigue** *DATA IN BRIEF*
Mueller, E. A., Suvanbenjakule, P., Lim, C., O'Brien, W. H., Chavanovanich, J., Jarukasemthawee, S., Pisitsungkagarn, K., Suavansri, P.
2022; 43
- **Predicting personal protective equipment use, trauma symptoms, and physical symptoms in the USA during the early weeks of the COVID-19 lockdown (April 9-18, 2020)** *JOURNAL OF CONTEXTUAL BEHAVIORAL SCIENCE*
O'Brien, W. H., Wang, S., Varga, A., Xu, H., Sims, T., Horan, K., Lim, C.
2021; 21: 37-47
- **Psychological reactions to COVID-19: Survey data assessing perceived susceptibility, distress, mindfulness, and preventive health behaviors** *DATA IN BRIEF*
O'Brien, W. H., Wang, S., Xu, H., Wang, S., Yang, Z., Yang, J., Liu, Q., Zhang, X., Tang, L., Varga, A. V., Sims, T., Lim, C., Jarukasemthawee, et al
2021; 34