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Bio

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I am a 2026 Stanford Storytelling & Medicine Summer Scholar! I am a rising junior at San José State University (SJSU), majoring in Psychology with a minor in Child and Adolescent Development, and hoping to attend counseling psychology graduate school. As a McNair Scholar, I am investigating the impact of third places on Santa Clara County adolescents in retrospect. Also, I foster my cultural connections as a research assistant for the SJSU BIPOC-MPMH Lab by interviewing Filipinx in the Bay Area about their experiences with colorism and its impacts on mental health. Aside from research, I work as a Psychology Peer Mentor to enrich high schoolers' understanding and passion for psychology. In my free time, I love to dance, read interactive novels, listen to new music, sew, and scrapbook! I am excited to mix arts with medicine because wellness should be led by a holistic approach with lots of fun and emotion!