




Randall Stafford

Professor of Medicine (Stanford Prevention Research Center)

Medicine - Stanford Prevention Research Center

 NIH Biosketch available Online

 Curriculum Vitae available Online

 Resume available Online

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Bio

BIO

RANDALL S. STAFFORD, MD, PhD, is a Professor of Medicine at the Stanford School of Medicine and the Director of the Program on Prevention Outcomes and Practices (PPOP). After undergraduate studies in medical sociology at Reed College, Dr. Stafford received a Master's degree in Health Administration from Johns Hopkins University, a PhD in Epidemiology from UC Berkeley, and his Medical degree from UC San Francisco. He completed a residency in primary care internal medicine at Massachusetts General Hospital and a post-doctoral fellowship in epidemiology at the U.S. Centers for Disease Control and Prevention. In addition to his research focus, Dr. Stafford is a primary care physician in the Stanford Internal Medicine Clinic where he focuses on chronic disease prevention and treatment. He serves on expert committees advising a diverse range of organizations, including the California Medicaid program, the National Committee on Quality Assurance, the American Heart Association, and the American Journal of Preventive Medicine.

Professor Stafford and his research team focus on investigating physician and patient practices in order to create effective healthcare models that emphasize prevention and wellness, rather than treatment of disease symptoms. His mission is to improve population health outcomes through research that facilitates the development and broad dissemination of effective, efficient, innovative, and evidence-based prevention strategies. Examples of these innovations include team-based care, patient self-management, health policy strategies, the use of mobile health technology, and online physician retraining. In addition, Dr. Stafford seeks to develop future leaders in prevention research and to broadly communicate the critical value of a population health perspective.

Dr. Stafford has been principal investigator on many research investigations that test strategies to diminish the burden of obesity, diabetes, and heart disease while reducing health disparities and decreasing health care costs. Dr. Stafford's rigorous, high-quality research has led to more than 200 peer-reviewed articles, including many in such high impact journals as JAMA and NEJM. His accomplishments have been recognized by advancement to fellowship in the American College of Preventive Medicine and the American Heart Association.

Professor Stafford was the founding leader of the WELL-China initiative, part of Stanford's Wellness Living Laboratory (WELL) that has additional sites in Taiwan, Singapore, and California. Taking place in the famous city of Hangzhou, WELL-China is a multidisciplinary, collaborative initiative between Dr. Stafford, the Health Bureau of Hangzhou, and leading researchers from Zhejiang University, one of China's oldest and most prestigious universities.

The WELL-China project focuses on measuring well-being, human function, chronic disease risk factors, environmental indicators, and biomarkers in a sample of 10,000 citizen scientists recruited from the Xihu (Westlake) District of Hangzhou. By investigating the interplay among health behaviors, well-being, and the development of chronic disease, the project will make new discoveries about well-being at the community level. At the same time, the project will help local health centers reduce the burden of chronic disease in the population. The WELL-China population will also serve as a platform for clinical trials that test multiple strategies to improve and maintain well-being. Whether focused on specific conditions or aimed at well-being in the whole population, these approaches will include physical activity, sleep and stress management, dietary changes, and other modalities growing out of both Western medicine and Traditional Chinese Medicine (TCM). These comparative effectiveness clinical trials will identify the most cost-effective and sustainable approaches to improving well-being in communities.

CLINICAL FOCUS

- Hyperlipidemia (high cholesterol)
- Hypertension (high blood pressure)
- Diabetes Mellitus
- Cardiology (Heart), Preventive
- Obesity
- Primary Prevention
- Internal Medicine

ACADEMIC APPOINTMENTS

- Professor, Medicine - Stanford Prevention Research Center
- Member, Bio-X
- Member, Cardiovascular Institute
- Member, Wu Tsai Human Performance Alliance
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Stanford Cancer Institute

ADMINISTRATIVE APPOINTMENTS

- Program Director, Program on Prevention Outcomes and Practices, (2001- present)

HONORS AND AWARDS

- Chris Klug Foundation, Community Champion (2025)
- Outstanding Teaching Award, Stanford Prevention Research Center (2009)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Director of Research, World Transplant Athletes, a non-profit devoted to promoting physical activity in organ recipients (2022 - present)
- Board of Directors, GenWell Foundation, a non-profit devoted to improving health and well-being (2021 - present)
- Drug Utilization Review Board, State of California, Department of Health Care Services (Medicaid) (2014 - present)
- Hypertension Guidelines Working Group, American Heart Association/American College of Cardiology (2014 - 2018)
- Cardiovascular Disease Measurement Advisory Panel, National Commission for Quality Assurance (2011 - 2025)
- Board of Governors, American Journal of Preventive Medicine (2011 - 2017)

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2019)

- PhD Training: UC Berkeley School of Public Health (1990) CA
- Residency: Massachusetts General Hospital (1994) MA
- Fellowship: Centers for Disease Control and Prevention (1991) GA
- Internship: Massachusetts General Hospital (1993) MA
- MD, UC Berkeley / UC San Francisco , Medicine (1992)
- MS, UC Berkeley , Public Health (1988)
- MHS, Johns Hopkins , Health Administration (1982)

COMMUNITY AND INTERNATIONAL WORK

- Osteoporosis Decision-Making

LINKS

- Program on Prevention Outcomes and Practices: <http://ppop.stanford.edu>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research aims to advance scientific understanding of the forces that influence physician and patient behavior, with a focus on evaluating and modifying physician and patient practices to improve health outcomes through prevention. The process by which new medical practices and knowledge are disseminated often fails to serve the best interests of patients. Frequently, new practices are readily adopted without adequate assessment. Paradoxically, other practices with strong evidence-based support are adopted only slowly and then inconsistently. By understanding the determinants of health behaviors, specific factors that facilitate or impede the adoption of appropriate new practices can be identified. These issues are critical to the future of medicine. Rising health care costs and the changing organization of health care have increased societal demands for high quality, yet cost-effective, clinical care. A preventive model that focuses on reducing the risk of future adverse outcomes, rather than symptom management, has become a dominant goal of health care delivery. By evaluating current practices and designing interventions to improve health care, my work responds to these demands. In addition, this nation's investment in biomedical science is jeopardized if we fail to recognize that the adoption of new medical practices and health behaviors is a complex, yet potentially modifiable, process. My objective is to further develop the science of health care innovation as a mean for understanding current patterns of health care and as a vehicle for designing interventions to facilitate the adoption of evidence-based practices by patients, their care providers, and health care systems. This research agenda is reinforced and stimulated by an array of clinical and teaching activities. My clinical work in general internal medicine and preventive cardiology provide a rich observational experience that guides my research, as well as a context for applying clinical insights derived from my research. My educational activities involving undergraduates through post-doctoral fellows provide numerous opportunities to excite future clinicians and researchers about a population-based perspective.

My focus on the adoption of innovation encompasses four several closely related themes. First, a focal point of my research is the investigation of health care disparities by gender, race, socioeconomic status, and advanced age. Second, my work emphasizes epidemiological methods for the analysis of large, administrative data sources. Third, the measurement and improvement of health care quality is an increasingly important component of my work. Finally, my work involves use of clinical trial methods to investigate whether strategies for improvement in prevention are both effective and cost-effective. In pursuit of these four themes, my research spans a broad clinical range including cesarean section use, recommended cardiac medications, prevention practices, antibiotic use, screening tests, and patterns of disease management. While much of my research has focused on physician practices, newly initiated and planned future work emphasizes interventions that engage patients, physicians and health care systems to improve health outcomes through adherence to evidence-based recommendations. A main focus of this new line of research is optimizing the use of cardiovascular disease prevention guidelines within specific health care systems. The overarching aim of my research agenda is add to knowledge about the process

of behavior change in individuals and institutional change in health care systems with the ultimate goal of improving health outcomes. A diverse portfolio of grant funding by the NIH, AHRQ, and private foundations currently supports this research agenda. The pursuit of this research agenda has been facilitated by a growing number of collaborators, trainees and staff members affiliated with my Program on Prevention Outcomes and Practices.

CLINICAL TRIALS

- "My Eyes, My Light": Amar Chokh, Amar Alo, Recruiting
- Developing a Digital Aid to Improve ICD Decisions, Recruiting
- A Patient-Centered Strategy for Improving Diabetes Prevention in Urban American Indians, Not Recruiting
- Engaging Patients to Help Achieve Increased Patient Choice and Engagement for AFib Stroke Prevention, Not Recruiting
- Improving Coronary Prevention in a County Health System, Not Recruiting
- Tolerability/Palatability of Tality™ Synthetic Meal Replacement in Prostate Cancer, Not Recruiting

PROJECTS

- WELL-China Initiative - Stanford Prevention Research Center (2014 - 2018)

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Epidemiology (Masters Program)
- Health Services Research (Masters Program)
- Medicine (Masters Program)

Publications

PUBLICATIONS

- **Facilitators and barriers to outdoor time among children aged 3-18 years: A systematic scoping review** *JOURNAL OF OUTDOOR RECREATION AND TOURISM-RESEARCH PLANNING AND MANAGEMENT*
Song, H., Zhong, P., Chen, Z., Huang, T., Liu, Y., Dang, J., Cai, S., Stafford, R. S., Lau, P. W. C., Song, Y.
2026; 54
- **Patient Participation in Kidney Transplant Candidacy-Opening the Door to the "God Committee".** *JAMA*
Pawar, A. S., Stafford, R. S., Delbanco, T.
2025
- **Imbalance between muscle strength development and weight gain in children and young adults in China: serial cross-sectional evidence from 1.33 million students from five successive national surveys between 2000 and 2019.** *The Lancet regional health. Western Pacific*
Wang, X., Wang, H., Yuan, X., Cai, S., Huang, Y., Song, Y., Zou, Z., Stafford, R. S.
2025; 61: 101640
- **Jim Kane: Cardiomyopathy, Heart Failure, and the Energizer Bunny** *HEART AND MIND*
Stafford, R.
2025; 9 (4): 359-360
- **A call to rethink music interventions implementation to address health disparities.** *Arts & health*
Kang, A., Rohlfing, R., Janss, A., Stafford, R.
2025: 1-5
- **Analysing diagnostic practices and referral pathways for glaucoma in Australian primary eye care.** *Ophthalmic & physiological optics : the journal of the British College of Ophthalmic Opticians (Optometrists)*
Jan, C. L., Stafford, R. S., Shang, X., Henwood, J., Davey, C., Liu, J., van Wijngaarden, P., Kong, G. Y., Fan Gaskin, J. C., He, M., Vingrys, A.
2025

- **Patient-Selection of a Clinical Trial Primary Outcome: The ENHANCE-AF Outcomes Survey.** *PloS one*
Stafford, R. S., Rice, E. N., Shah, R., Hills, M. T., Nunes, J. C., DeSutter, K., Lin, A., Lhamo, K., Lin, B., Lu, Y., Wang, P. J.
2025; 20 (3): e0318858
- **Performance of a Deep Learning System and Performance of Optometrists for the Detection of Glaucomatous Optic Neuropathy Using Colour Retinal Photographs.** *Bioengineering (Basel, Switzerland)*
Jan, C. L., Vingrys, A., Henwood, J., Shang, X., Davey, C., van Wijngaarden, P., Kong, G. Y., Fan Gaskin, J. C., Soares Bezerra, B. P., Stafford, R. S., He, M.
2024; 11 (11)
- **Cost-Effectiveness and Cost-Utility of Artificial Intelligence-Assisted Population Screening for Glaucoma in Australia: A Decision-Analytic Markov Model Approach**
Jan, C., Hu, W., Vingrys, A. J., van Wijngaarden, P., Stafford, R. S., He, M., Zhang, L.
ASSOC RESEARCH VISION OPHTHALMOLOGY INC.2024
- **Diagnosing glaucoma in primary eye care and the role of Artificial Intelligence applications for reducing the prevalence of undetected glaucoma in Australia.** *Eye (London, England)*
Jan, C., He, M., Vingrys, A., Zhu, Z., Stafford, R. S.
2024
- **Opioid use in cancer patients compared with non-cancer pain patients in a veterans population.** *JNCI cancer spectrum*
Mudumbai, S. C., He, H., Chen, J. Q., Kapoor, A., Regala, S., Mariano, E. R., Stafford, R. S., Abnet, C. C., Pfeiffer, R. M., Freedman, N. D., Etemadi, A.
2024
- **In Conversation with Randall Stafford: Global and Personal Prevention Strategies and Lifestyle Choices that Exemplify Healthy Living** *HEART AND MIND*
Stafford, R. S., Zhang, I., Liu, M.
2024; 8 (1): 47-52
- **Voices of Musicians: Virtual Live Bedside Music Concerts in Inpatient Care.** *Healthcare (Basel, Switzerland)*
Ambler, M., Janss, A., Stafford, R. S., Lin, B., Florom-Smith, A., Kang, A. W.
2023; 11 (22)
- **Design and development of a digital shared decision-making tool for stroke prevention in atrial fibrillation.** *JAMIA open*
Nunes, J. C., Baykaner, T., Pundi, K., DeSutter, K., True Hills, M., Mahaffey, K. W., Sears, S. F., Morin, D. P., Lin, B., Wang, P. J., Stafford, R. S.
2023; 6 (1): ooad003
- **Vital interconnections between heart and mind** *HEART AND MIND*
Stafford, R. S.
2023; 7 (4): 199-201
- **Clinical Trial to Evaluate an Atrial Fibrillation Stroke Prevention Shared Decision Making Pathway**
Wang, P. J., Lu, Y., Mahaffey, K. W., Lin, A., Morin, D. P., Sears, S. F., Chung, M. K., Russo, A. M., Lin, B., Piccini, J. P., Hills, M. T., Berube, C., Pundi, et al
LIPPINCOTT WILLIAMS & WILKINS.2022: E582-E583
- **A Randomized Clinical Trial to Evaluate an Atrial Fibrillation Stroke Prevention Shared Decision-Making Pathway.** *Journal of the American Heart Association*
Wang, P. J., Lu, Y., Mahaffey, K. W., Lin, A., Morin, D. P., Sears, S. F., Chung, M. K., Russo, A. M., Lin, B., Piccini, J., Hills, M. T., Berube, C., Pundi, et al
2022: e8009
- **Antipsychotics in the California Foster Care System: A 10-Year Analysis.** *Journal of child and adolescent psychopharmacology*
Nunes, J. C., Naccarato, T., Stafford, R. S.
2022
- **Cardiovascular outcomes associated with prescription of SGLT-2 inhibitors versus DPP-4 inhibitors in patients with diabetes mellitus and chronic kidney disease.** *Diabetes, obesity & metabolism*
Rhee, J. J., Han, J., Montez-Rath, M. E., Kim, S. H., Cullen, M. R., Stafford, R. S., Winkelmayr, W. C., Chertow, G. M.
1800

- **The ENHANCE-AF Clinical Trial to Evaluate an Atrial Fibrillation Shared Decision-Making Pathway: Rationale and Study Design.** *American heart journal*
Baykaner, T., Pundi, K., Lin, B., Lu, Y., DeSutter, K., Lhamo, K., Garay, G., Nunes, J. C., Morin, D. P., Sears, S. F., Chung, M. K., Paasche-Orlow, M. K., Sanders, et al
2022
- **Decision-making experiences and decisional regret in patients receiving implanted cardioverter-defibrillators** *HEART AND MIND*
Pourshams, I., Lin, B., Wang, P. J., Stafford, R.
2022; 6 (1): 32-35
- **Shared Decision-Making in Cardiac Electrophysiology Procedures and Arrhythmia Management.** *Circulation. Arrhythmia and electrophysiology*
Chung, M. K., Fagerlin, A., Wang, P. J., Ajayi, T. B., Allen, L. A., Baykaner, T., Benjamin, E. J., Branda, M., Cavanaugh, K. L., Chen, L. Y., Crossley, G. H., Delaney, R. K., Eckhardt, et al
2021: CIRCEP121007958
- **Feasibility Study of a Digital Health Fall Prevention Program for Older Adults.** *JMIR formative research*
Jacobson, C., Foster, L., Arul, H., Rees, A., Stafford, R. S.
2021
- **Changes in Short-term, Long-term, and Preventive Care Delivery in US Office-Based and Telemedicine Visits During the COVID-19 Pandemic.** *JAMA health forum*
Cortez, C., Mansour, O., Qato, D. M., Stafford, R. S., Alexander, G. C.
2021; 2 (7): e211529
- **PREDICTORS OF SETTING OF HEART FAILURE DIAGNOSIS**
Tisdale, R., Stafford, R., Maron, D., Hernandez-Boussard, T., Rodriguez, F., Heidenreich, P., Sandhu, A.
ELSEVIER SCIENCE INC.2021: 676
- **Current Prescribing Practices and Guideline Concordance for the Treatment of Uncomplicated Urinary Tract Infections in Women.** *American journal of obstetrics and gynecology*
Langner, J. L., Chiang, K. F., Stafford, R. S.
2021
- **Blood Thinners for Atrial Fibrillation Stroke Prevention.** *Circulation. Arrhythmia and electrophysiology*
Pundi, K., Baykaner, T., True Hills, M., Lin, B., Morin, D. P., Sears, S. F., Wang, P. J., Stafford, R. S.
2021: CIRCEP120009389
- **Underrepresentation of Ethnic and Racial Minorities in Atrial Fibrillation Clinical Trials.** *Circulation. Arrhythmia and electrophysiology*
Nunes, J. C., Rice, E. N., Stafford, R. S., Lewis, E. F., Wang, P. J.
2021: CIRCEP121010452
- **Conversion to Chronic High Opiate Use after Intervention for Peripheral Arterial Disease**
Stern, J. R., Kou, A., Desai, A., Ho, V. T., Regala, S., Stafford, R. S., Mudumbai, S.
ELSEVIER SCIENCE INC.2020: E67–E68
- **The association between menarche and myopia and its interaction with related risk behaviors among Chinese school-aged girls: a nationwide cross-sectional study.** *Journal of developmental origins of health and disease*
Xu, R., Jan, C., Song, Y., Dong, Y., Hu, P., Ma, J., Stafford, R. S.
2020: 1–7
- **Risk Factors for High Opiate Use Among US Veterans With Peripheral Arterial Disease**
Stern, J. R., Kou, A., Kapoor, A., Regala, S., Stafford, R. S., Mudumbai, S.
MOSBY-ELSEVIER.2020: E212
- **Prevention of myopia, China.** *Bulletin of the World Health Organization*
Jan, C., Li, L., Keay, L., Stafford, R. S., Congdon, N., Morgan, I.
2020; 98 (6): 435–37
- **Comparing enhanced versus standard Diabetes Prevention Program among indigenous adults in an urban setting: a randomized controlled trial.** *BMC public health*

- Rosas, L. G., Vasquez, J. J., Hedlin, H. K., Qin, F. F., Lv, N. n., Xiao, L. n., Kendrick, A. n., Atencio, D. n., Stafford, R. S.
2020; 20 (1): 139
- **Collateral Damage as Crises Collide: Perioperative Opioids in the COVID-19 Era.** *Pain medicine (Malden, Mass.)*
Mudumbai, S. C., Mariano, E. R., Clark, J. D., Stafford, R. S.
2020
 - **Effect of Electroacupuncture vs Sham Treatment on Change in Pain Severity Among Adults With Chronic Low Back Pain: A Randomized Clinical Trial.** *JAMA network open*
Kong, J. T., Puetz, C. n., Tian, L. n., Haynes, I. n., Lee, E. n., Stafford, R. S., Manber, R. n., Mackey, S. n.
2020; 3 (10): e2022787
 - **Use and Content of Primary Care Office-Based vs Telemedicine Care Visits During the COVID-19 Pandemic in the US.** *JAMA network open*
Alexander, G. C., Tajanlangit, M. n., Heyward, J. n., Mansour, O. n., Qato, D. M., Stafford, R. S.
2020; 3 (10): e2021476
 - **Association of Visual Impairment With Economic Development Among Chinese Schoolchildren** *JAMA PEDIATRICS*
Jan, C., Xu, R., Luo, D., Xiong, X., Song, Y., Ma, J., Stafford, R. S.
2019; 173 (7)
 - **Association of Visual Impairment With Economic Development Among Chinese Schoolchildren.** *JAMA pediatrics*
Jan, C., Xu, R., Luo, D., Xiong, X., Song, Y., Ma, J., Stafford, R. S.
2019: e190914
 - **Overdose Risk Associated with Opioid Use upon Hospital Discharge in Veterans Health Administration Surgical Patients** *PAIN MEDICINE*
Mudumbai, S. C., Lewis, E. T., Oliva, E. M., Chung, P. D., Harris, B., Trafton, J., Mariano, E. R., Wagner, T., Clark, J., Stafford, R. S.
2019; 20 (5): 1020–31
 - **A Practical Approach to Low-Dose Aspirin for Primary Prevention.** *JAMA*
Chiang, K. F., Shah, S. J., Stafford, R. S.
2019
 - **Perioperative Opioid Prescribing Patterns and Readmissions After Total Knee Arthroplasty in a National Cohort of Veterans Health Administration Patients.** *Pain medicine (Malden, Mass.)*
Mudumbai, S. C., Chung, P. n., Nguyen, N. n., Harris, B. n., Clark, J. D., Wagner, T. H., Giori, N. J., Stafford, R. S., Mariano, E. R.
2019
 - **New High Blood Pressure Guidelines: Back on Track With Lower Treatment Goals, but Implementation Challenges Abound** *AMERICAN JOURNAL OF PREVENTIVE MEDICINE*
Stafford, R. S.
2018; 55 (4): 575–78
 - **New High Blood Pressure Guidelines: Back on Track With Lower Treatment Goals, but Implementation Challenges Abound.** *American journal of preventive medicine*
Stafford, R. S.
2018
 - **2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: Executive Summary A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines** *HYPERTENSION*
Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C., DePalma, S. M., Gidding, S., Goff, D. C., Jamerson, K. A., Jones, D. W., MacLaughlin, E. J., Muntner, et al
2018; 71 (6): 1269–1324
 - **2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/N MA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines** *JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY*
Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C., DePalma, S. M., Gidding, S., Jamerson, K. A., MacLaughlin, E. J., Muntner, P., Ovbigele, B., Smith, et al
2018; 71 (19): E127–E248

- **Quality of Prescribing by Physicians, Nurse Practitioners, and Physician Assistants in the United States** *PHARMACOTHERAPY*
Jiao, S., Murimi, I. B., Stafford, R. S., Mojtabai, R., Alexander, G.
2018; 38 (4): 417–27
- **Patterns of Systolic Blood Pressure Control in the United States, 2016.** *Journal of general internal medicine*
Shah, S. J., Stafford, R. S.
2018
- **Overdose Risk Associated with Opioid Use upon Hospital Discharge in Veterans Health Administration Surgical Patients.** *Pain medicine (Malden, Mass.)*
Mudumbai, S. C., Lewis, E. T., Oliva, E. M., Chung, P. D., Harris, B. n., Trafton, J. n., Mariano, E. R., Wagner, T. n., Clark, J. D., Stafford, R. S.
2018
- **Improving the health and well-being of children of migrant workers** *BULLETIN OF THE WORLD HEALTH ORGANIZATION*
Jan, C., Zhou, X., Stafford, R. S.
2017; 95 (12): 850–52
- **Improving the health and well-being of children of migrant workers.** *Bulletin of the World Health Organization*
Jan, C., Zhou, X., Stafford, R. S.
2017; 95 (12): 850-852
- **Current Trends of Hypertension Treatment in the United States.** *American journal of hypertension*
Shah, S. J., Stafford, R. S.
2017
- **Time-to-Cessation of Postoperative Opioids: A Population-Level Analysis of the Veterans Affairs Health Care System.** *Pain medicine*
Mudumbai, S. C., Oliva, E. M., Lewis, E. T., Trafton, J., Posner, D., Mariano, E. R., Stafford, R. S., Wagner, T., Clark, J. D.
2016; 17 (9): 1732-1743
- **Development and evaluation of an enhanced diabetes prevention program with psychosocial support for urban American Indians and Alaska natives: A randomized controlled trial** *CONTEMPORARY CLINICAL TRIALS*
Rosas, L. G., Vasquez, J. J., Naderi, R., Jeffery, N., Hedlin, H., Qin, F., LaFromboise, T., Megginson, N., Pasqua, C., Flores, O., McClinton-Brown, R., Evans, J., Stafford, et al
2016; 50: 28-36
- **Patterns and Correlates of Baseline Thiazide-Type Diuretic Prescription in the Systolic Blood Pressure Intervention Trial** *HYPERTENSION*
Chang, T. I., Evans, G., Cheung, A. K., Cushman, W. C., Diamond, M. J., Dwyer, J. P., Huan, Y., Kitzman, D., Kostis, J. B., Oparil, S., Rastogi, A., Roumie, C. L., Sahay, et al
2016; 67 (3): 550-555
- **The effectiveness of two community-based weight loss strategies among obese, low-income US Latinos.** *Journal of the Academy of Nutrition and Dietetics*
Rosas, L. G., Thiyagarajan, S., Goldstein, B. A., Drieling, R. L., Romero, P. P., Ma, J., Yank, V., Stafford, R. S.
2015; 115 (4): 537-50 e2
- **The Effectiveness of Two Community-Based Weight Loss Strategies among Obese, Low-Income US Latinos** *JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS*
Rosas, L. G., Thiyagarajan, S., Goldstein, B. A., Drieling, R. L., Romero, P. P., Ma, J., Yank, V., Stafford, R. S.
2015; 115 (4): 537-U300
- **Tackling China's noncommunicable diseases: shared origins, costly consequences and the need for action.** *Chinese medical journal*
Min, Y., Jiang, L., Yan, L. L., Wang, L., Basu, S., Wu, Y., Stafford, R. S.
2015; 128 (6): 839-843
- **National Trends in the Ambulatory Treatment of Hypertension in the United States, 1997-2012** *PLOS ONE*
Zhou, M., Daubresse, M., Stafford, R. S., Alexander, G. C.
2015; 10 (3)
- **Ambulatory Diagnosis and Treatment of Nonmalignant Pain in the United States, 2000-2010** *MEDICAL CARE*
Daubresse, M., Chang, H., Yu, Y., Viswanathan, S., Shah, N. D., Stafford, R. S., Kruszewski, S. P., Alexander, G. C.

2013; 51 (10): 870-878

- **From Sick Care to Health Care - Reengineering Prevention into the U.S. System** *NEW ENGLAND JOURNAL OF MEDICINE*
Marvasti, F. F., Stafford, R. S.
2012; 367 (10): 889-891
- **Practical Research Strategies for Reducing Social and Racial/Ethnic Disparities in Obesity.** *International journal of obesity*
Rosas, L. G., Stafford, R. S.
2012; 2012 (2): s16-s22
- **Off-Label Use of Drugs and Medical Devices: A Review of Policy Implications** *CLINICAL PHARMACOLOGY & THERAPEUTICS*
Stafford, R. S.
2012; 91 (5): 920-925
- **Enhancing Prescription Drug Innovation and Adoption** *ANNALS OF INTERNAL MEDICINE*
Alexander, G. C., O'Connor, A. B., Stafford, R. S.
2011; 154 (12): 833-U89
- **Systematic Review: Benefits and Harms of In-Hospital Use of Recombinant Factor VIIa for Off-Label Indications** *ANNALS OF INTERNAL MEDICINE*
Yank, V., Tuohy, C. V., Logan, A. C., Bravata, D. M., Staudenmayer, K., Eisenhut, R., Sundaram, V., McMahon, D., Olkin, I., McDonald, K. M., Owens, D. K., Stafford, R. S.
2011; 154 (8): 529-W190
- **Prospective pragmatic trial of automated retinal photography and AI glaucoma screening in Australian primary care.** *NPJ digital medicine*
Jan, C. L., Joseph, S., Vingrys, A. J., Henwood, J., Ge, Z., Stafford, R. S., He, M.
2025; 8 (1): 386
- **Influence of Social Support and Personality Traits on Digital Health Technology Adoption Among U.S. Veterans: A Mixed-Methods Study.** *Military medicine*
Bolus, M., Chen, J. Q., Regala, S., Kapoor, A., Barbeito, A., Raghunathan, K., Stafford, R. S., Mariano, E. R., Mudumbai, S. C.
2025
- **Visual field testing and glaucoma drug prescribing patterns in Australia.** *Ophthalmic & physiological optics : the journal of the British College of Ophthalmic Opticians (Optometrists)*
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