Stanford



Maurice M. Ohayon, MD, DSc, PhD

Professor of Psychiatry and Behavioral Sciences (Sleep Medicine)

Psychiatry and Behavioral Sciences - Sleep Medicine

Bio

BIO

Maurice M. Ohayon, MD, DSc, PhD, is Professor of Psychiatry and Behavioral Sciences (Sleep Medicine) and Director of the Stanford Sleep Epidemiology Research Center. His research integrates population-based epidemiology, longitudinal studies, and AI-assisted clinical phenotyping to investigate sleep disorders, mental health, and their psychiatric, neurologic, and medical comorbidities. He developed Sleep-EVAL/Ad-Infer, a structured clinical research platform used in large international studies to support standardized assessment, differential diagnosis, and longitudinal follow-up.

ACADEMIC APPOINTMENTS

- Professor, Psychiatry and Behavioral Sciences - Sleep Medicine

ADMINISTRATIVE APPOINTMENTS

- Director, Stanford Sleep Epidemiology Research Center (SSERC), (2000- present)
- Chief, Division of Public Mental Health and Population Sciences, (2013-2018)

HONORS AND AWARDS

- Affiliate Professor, Stanford Woods Institute (2019)
- John-Arrillaga Principal Investigator of Sleep and Psychiatry Epidemiology, Arrillaga Foundation (2007-present)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Fellow, American Neurological Association (ANA) (2015 - present)
- Guest Editor, Special Issue, Antioxidants (2026 - present)
- Editorial Board Member, Sleep Medicine Reviews, Elsevier (2006 - present)
- Editor-in-Chief, Sleep Epidemiology, Elsevier (2020 - present)
- Board Member, National Sleep Foundation (NSF) (2019 - present)
- Associate Editor, Frontiers Neurology (2018 - present)
- Associate Editor, Frontiers Psychiatry (2018 - present)
- Editorial Board Member, Sleep Medicine, Elsevier (2010 - present)

PROFESSIONAL EDUCATION

- MD, Aix-Marseille II University , Medicine
- Psychiatry Specialty, Aix-Marseille II University , Medical specialty training and diploma in psychiatry
- Psychiatre des Hopitaux, Assistance Publique - Hopitaux de Marseille , Senior Hospital Psychiatrist, France

- Sleep Med Fellowship, Stanford University Sleep Disorders Center , Research Fellowship in Sleep Medicine
- DSc, Aix-Marseille III University , Mathematics & Computer Sciences
- PhD, Claude Bernard University Lyon 1 , Biology

COMMUNITY AND INTERNATIONAL WORK

- Stanford UCLA Sleep Epidemiology Satellite Center (Alon Avidan, MD, PhD)
- Stanford UC Davis Sleep Epidemiology Satellite Center (Krishna Sundar, MD), UC Davis
- Stanford UCSF Sleep Epidemiology Satellite Center (Andrew Krystal, MD, PhD)
- Stanford Asian Sleep Epidemiology Satellite Center (Seung-Chul Hong, MD, PhD), Seoul (South Korea)
- Stanford European Sleep Epidemiology Satellite Center (Damien Leger, MD, PhD), Paris (France)
- Stanford Italian Sleep Epidemiology Satellite Center (Giuseppe Plazzi, MD, PhD), Bologna (Italy)
- Stanford German Sleep Epidemiology Satellite Center (Ulf Kallweit, MD, PhD), Witten (Germany)
- Stanford Brazilian Sleep Epidemiology Satellite Center (Dalva Poyares MD, PhD), São Paulo (Brazil)
- Stanford Mexican Sleep Epidemiology Satellite Center (Alejandro Jiménez-Genchi, MD, PhD), Mexico

LINKS

- Stanford Sleep Epidemiology Research Center (SSERC): http://www.sleepeval.com
- Stanford Sleep Epidemiology Journal: http://www.sleepepidemiojournal.org/
- Sleep Epidemiology, Elsevier Editorial Board: https://www.journals.elsevier.com/sleep-epidemiology/editorial-board
- Antioxidants Special Issue: Sleep-Wake Regulation in Psychiatric Disorders: https://www.mdpi.com/journal/antioxidants/special_issues/H26Z10B6V8
- Google Scholar – Maurice M. Ohayon: https://scholar.google.com/citations?hl=en&user=drWR-pAAAAAJ

Research & Scholarship

RESEARCH INTERESTS

- Artificial intelligence (AI)
- Assessment & Evaluation
- Data Science
- Human-Computer Interaction
- Mental Health
- Qualitative Methods

CURRENT RESEARCH AND SCHOLARLY INTERESTS

My research focuses on public sleep and mental health in the general population, using large-scale epidemiologic studies, longitudinal designs, structured diagnostic interviews, and AI-assisted clinical phenotyping.

A major part of my work examines the long-term relationships between sleep disorders and psychiatric conditions, especially depression, anxiety disorders, posttraumatic stress disorder, and pain. This work investigates how disturbed sleep, insomnia symptoms, excessive sleepiness, fatigue, nonrestorative sleep, and altered sleep-wake regulation contribute to the onset, persistence, relapse, and clinical expression of psychiatric disorders.

Another major focus is the clinical and public health characterization of insomnia. My work examines the spectrum of insomnia symptoms, diagnostic boundaries, medical and psychiatric comorbidities, functional consequences, quality of life, disability, treatment use, and health care burden.

I am also actively working on hypersomnolence disorders, including narcolepsy, idiopathic hypersomnia, and broader forms of central hypersomnolence in the community. A key objective is to improve the identification of individuals with excessive sleepiness and hypersomnolence in the general population, where current diagnostic approaches remain limited. This includes developing better epidemiologic tools for estimating prevalence, distinguishing clinical subtypes, assessing comorbidities, and understanding functional impairment.

A distinctive component of my research program is computational clinical epidemiology. Through Sleep-EVAL/Ad-Infer, my work applies structured clinical research methods to support standardized assessment, differential diagnosis, longitudinal follow-up, and multidimensional phenotyping across sleep, psychiatric, neurologic, and medical conditions. These methods are designed to improve diagnostic consistency, characterize complex comorbidity, and identify clinically meaningful trajectories over time.

My research also addresses sleep-wake regulation in relation to broader biological and environmental factors, including oxidative stress, resilience, fatigue, cognitive functioning, and the effects of extreme or unusual environmental conditions on sleep and mental health.

The Stanford Sleep Epidemiology Research Center has developed an international network of satellite centers and collaborations in Europe, Asia, South America, and North America. This network supports population-based research, clinical epidemiology, training, and collaborative studies on sleep, mental health, neurologic disorders, and AI-assisted phenotyping.

PROJECTS

- Population-Based Sleep and Mental Health Epidemiology - Stanford University School of Medicine, Stanford Sleep Epidemiology Research Center
- AI-Assisted Longitudinal Clinical Phenotyping with Sleep-EVAL/Ad-Infer - Stanford Sleep Epidemiology Research Center
- Central Hypersomnolence, Narcolepsy, and Idiopathic Hypersomnia in the General Population - Stanford Sleep Epidemiology Research Center

Publications

PUBLICATIONS

- **Mapping anhedonia across disorders and time: A longitudinal transdiagnostic study in the general population.** *Journal of psychiatric research*
  Ohayon, M. M., Schatzberg, A. F., Cote, M.
  2026; 204: 502-510
- **Are Motor Symptoms Occurring During Sleep an Early Predictor of Parkinson's Disease?**
  Ohayon, M., Duhoux, S., Cote, M.
  OXFORD UNIV PRESS INC.2026: A511
- **Sleep Inertia is a Key Marker in Adult ADHD**
  Ohayon, M., Duhoux, S., Cote, M.
  OXFORD UNIV PRESS INC.2026: A504-A505
- **Oxidative Stress, Antioxidant Defense, and Sleep-Wake Regulation in Psychiatric Disorders.** *Antioxidants (Basel, Switzerland)*
  Ohayon, M. M.
  2026; 15 (5)
- **Prevalence, Incidence, and Persistence of Food Allergies Among U.S. Adults: A Longitudinal Population-Based Study.** *Clinical and experimental allergy : journal of the British Society for Allergy and Clinical Immunology*
  Ohayon, M. M., Duhoux, S., Côté, M. L.
  2026
- **Neglected burden of obstructive sleep apnoea: workplace productivity loss in the USA and UK.** *Thorax*

Rehman, U., Ahn, Y., Yerushalmi, E., Abdelwahab, M., Eynon-Lewis, N., Liu, J., Sutton, L., Holsinger, F. C., Capasso, R., Côté, M. L., Cheong, R. C., Kotecha, B., Ohayon, et al
2026

- **Longitudinal Study of Attention Deficit and Hyperactivity Disorder (ADHD) in the US Adult General Population**
  Ohayon, M., Duhoux, S., Cote, M.
  OXFORD UNIV PRESS INC.2025: A534-A535
- **RNA-DNA Differences: Mechanisms, Oxidative Stress, Transcriptional Fidelity, and Health Implications.** *Antioxidants (Basel, Switzerland)*
  Stolc, V., Preto, O., Karhanek, M., Freund, F., Griko, Y., Loftus, D. J., Ohayon, M. M.
  2025; 14 (5)
- **Prevalence of narcolepsy in representative samples of the general population of North America, Europe, and South Korea.** *Psychiatry research*
  Ohayon, M. M., Dave, S., Crawford, S., Swick, T. J., Côté, M. L.
  2025; 347: 116390
- **Longitudinal study of chronic nausea and vomiting and its associations with sleep-related leg cramps in the US general populationLongitudinal study of chronic nausea and vomiting and its associations with sleep-related leg cramps in the US general population** *Sleep Epidemiology*
  Ohayon, M., Chen , ,
  2025; 5: 6
- **Improvement in sleep latency with extended-release once-nightly sodium oxybate for the treatment of adults with narcolepsy: Analysis from the phase 3 REST-ON clinical trial.** *Sleep medicine: X*
  Thorpy, M. J., Kushida, C. A., Bogan, R., Winkelman, J., Ohayon, M. M., Shapiro, C. M., Gudeman, J.
  2024; 7: 100113
- **Metabolic stress in space: ROS-induced mutations in mice hint at a new path to cancer.** *Redox biology*
  Stolc, V., Karhanek, M., Freund, F., Griko, Y., Loftus, D. J., Ohayon, M. M.
  2024; 78: 103398
- **EFFICACY OUTCOMES AMONG MALE AND FEMALE PARTICIPANT SUBGROUPS: A POST HOC ANALYSIS FROM REST-ON**
  Thorpy, M., Ajayi, A., Corser, B., Kushida, C., Ohayon, M., Bogan, R., Gudeman, J.
  OXFORD UNIV PRESS INC.2024
- **[Health consequences of insomnia].** *La Revue du praticien*
  Ohayon, M. M.
  2024; 74 (3): 268-269
- **Food allergy and Sleep disturbances in the US General Population**
  Ohayon, M., Duhoux, S., Mouchet, J., Cote, M.
  MOSBY-ELSEVIER.2024: AB49
- **IMPROVEMENT IN SLEEP LATENCY WITH ONCE-NIGHTLY SODIUM OXYBATE: ANALYSIS FROM THE PHASE 3 REST-ON CLINICAL TRIAL**
  Thorpy, M. J., Shapiro, C. M., Kushida, C. A., Ohayon, M. M., Dubow, J., Gudeman, J.
  ELSEVIER.2024: 218
- **Interplay between Food allergy and Asthma in the US General Population**
  Ohayon, M., Duhoux, S., Mouchet, J., Cote, M.
  MOSBY-ELSEVIER.2024: AB42
- **Prevalence and incidence of narcolepsy symptoms in the US general population.** *Sleep medicine: X*
  Ohayon, M. M., Duhoux, S., Grieco, J., Côté, M. L.
  2023; 6: 100095
- **IMPROVEMENT IN SLEEP LATENCY WITH FT218 (ONCE-NIGHTLY SODIUM OXYBATE): ANALYSIS FROM THE PHASE 3 REST-ON CLINICAL TRIAL**
  Thorpy, M., Shapiro, C., Kushida, C., Ohayon, M., Dubow, J., Gudeman, J.
  OXFORD UNIV PRESS INC.2023

- **PREVALENCE AND INCIDENCE OF NARCOLEPSY IN THE US GENERAL POPULATION**
  Ohayon, M., Cote, M.
  OXFORD UNIV PRESS INC.2023: A256

- **NATURAL EVOLUTION OF INSOMNIA IN MAJOR DEPRESSIVE DISORDERS**
  Ohayon, M., Cote, M.
  OXFORD UNIV PRESS INC.2023

- **The effect of brain-derived neurotrophic factor Val66Met polymorphism on adolescent activity and rest rhythms, circadian preferences and attentional performance.** *Sleep medicine*
  da Costa Lopes, L., Rollemberg Poyares, D. L., Tufik, S., La Banca de Oliveira, S., Ribeiro da Silva Vallim, J., Kiyomi Ota, V., Melaragno, M. I., Ohayon, M., Berlim de Mello, C.
  2023; 104: 64-72

- **PREVALENCE OF NARCOLEPSY TYPE 1 AND TYPE 2 IN REPRESENTATIVE SAMPLES OF THE GENERAL POPULATION OF NORTH AMERICA, EUROPE AND SOUTH KOREA**
  Ohayon, M. M., Dave, S., Shah, A., Swick, T., Cote, M.
  ELSEVIER.2022: S164

- **Longitudinal study to assess antidepressant treatment patterns and outcomes in individuals with depression in the general population.** *Journal of affective disorders*
  Ohayon, M. M., McCue, M., Krystal, A., Selzler, K. J., Chrones, L., Lawrence, D., Cote, M.
  2022

- **Reply to Liu et al.: "Effects of cognitive behavioral therapy for insomnia (CBT-I) on quality of life: A systematic review and meta-analysis".** *Sleep medicine reviews*
  Alimoradi, Z., Broström, A., Ohayon, M. M., Lin, C. Y., Griffiths, M. D., Jernelöv, S., Kaldo, V., Pakpour, A. H.
  2022; 66: 101699

- **Prevalence, incidence, evolution and associated factors of sleep paralysis in a longitudinal study of the US general population.** *Sleep medicine*
  Ohayon, M. M., Pakpour, A. H.
  2022; 98: 62-67

- **PREVALENCE AND INCIDENCE OF HYPNAGOGIC HALLUCINATIONS IN A LONGITUDINAL STUDY OF THE AMERICAN GENERAL POPULATION**
  Ohayon, M., Pakpour, A., Cote, M.
  OXFORD UNIV PRESS INC.2022: A245

- **THE ROLE OF HYPERSOMNOLENCE IN DEPRESSION: RESULTS FROM A LONGITUDINAL STUDY OF THE AMERICAN GENERAL POPULATION**
  Ohayon, M., Pakpour, A., Cote, M.
  OXFORD UNIV PRESS INC.2022: A293-A294

- **Associations of the Severity of Obstructive Sleep Apnea With Age-Related Comorbidities: A Population-Based Study.** *Frontiers in neurology*
  Silva, M. D., Poyares, D., Silva, L. O., Souza, K. M., Andersen, M. L., Ohayon, M. M., Tufik, S., Piovezan, R. D.
  2022; 13: 802554

- **Effects of cognitive behavioral therapy for insomnia (CBT-I) on quality of life: A systematic review and meta-analysis.** *Sleep medicine reviews*
  Alimoradi, Z., Jafari, E., Brostrom, A., Ohayon, M. M., Lin, C., Griffiths, M. D., Blom, K., Jernelov, S., Kaldo, V., Pakpour, A. H.
  2022; 64: 101646

- **Fear of COVID-19 and its association with mental health-related factors: systematic review and meta-analysis.** *BJPsych open*
  Alimoradi, Z., Ohayon, M. M., Griffiths, M. D., Lin, C., Pakpour, A. H.
  2022; 8 (2): e73

- **Suicidal Ideation during the COVID-19 Pandemic among A Large-Scale Iranian Sample: The Roles of Generalized Trust, Insomnia, and Fear of COVID-19.** *Healthcare (Basel, Switzerland)*
  Lin, C., Alimoradi, Z., Ehsani, N., Ohayon, M. M., Chen, S., Griffiths, M. D., Pakpour, A. H.
  1800; 10 (1)

- **Is alexithymia associated with sleep problems? A systematic review and meta-analysis.** *Neuroscience and biobehavioral reviews*
  Alimoradi, Z., Majd, N. R., Brostrom, A., Tsang, H. W., Singh, P., Ohayon, M. M., Lin, C., Pakpour, A. H.
  1800
- **SLEEP LATENCY RESPONSE WITH FT218, A ONCE-NIGHTLY SODIUM OXYBATE: POST-HOC RESPONDER ANALYSES FROM THE PHASE 3 REST-ON CLINICAL TRIAL**
  Winkelman, J., Ohayon, M., Thorpy, M., Seiden, D., Bogan, R., Dubow, J., Shapiro, C.
  ELSEVIER.2021: 2426A-2428A
- **Predictors for Chronic Sleep Paralysis in a Longitudinal Study of the American General Population**
  Ohayon, M. M.
  WILEY.2021: S243
- **Chronic Nausea and Vomiting as a Risk Factor for Circadian Shift and Shortened Sleep**
  Ohayon, M. M., Chen, Y. J., Cote, M.
  WILEY.2021: S242-S243
- **Gender-specific estimates of sleep problems during the COVID-19 pandemic: Systematic review and meta-analysis.** *Journal of sleep research*
  Alimoradi, Z., Gozal, D., Tsang, H. W., Lin, C., Brostrom, A., Ohayon, M. M., Pakpour, A. H.
  2021: e13432
- **Assessing the impact of sodium oxybate treatment on functioning, productivity, and health-related quality of life in patients with narcolepsy: findings from the Nexus Narcolepsy Registry (waves 1-4).** *Sleep medicine*
  Thorpy, M. J., Ohayon, M. M., Carls, G., Black, J., Pasta, D. J., Hyman, D. L., Villa, K. F.
  2021; 84: 380-388
- **The Nexus Narcolepsy Registry: methodology, study population characteristics, and patterns and predictors of narcolepsy diagnosis.** *Sleep medicine*
  Ohayon, M. M., Thorpy, M. J., Carls, G., Black, J., Cisternas, M., Pasta, D. J., Bujanover, S., Hyman, D., Villa, K. F.
  2021; 84: 405-414
- **Internet gaming disorder and comorbidities among campus-dwelling U.S. university students.** *Psychiatry research*
  Ohayon, M. M., Roberts, L.
  2021; 302: 114043
- **Sleep problems during COVID-19 pandemic and its' association to psychological distress: A systematic review and meta-analysis.** *EClinicalMedicine*
  Alimoradi, Z., Brostrom, A., Tsang, H. W., Griffiths, M. D., Haghayegh, S., Ohayon, M. M., Lin, C., Pakpour, A. H.
  2021; 36: 100916
- **FACTORIAL STRUCTURE OF HYPERSOMNOLENCE AS MEASURED BY THE EPWORTH SLEEPINESS SCALE**
  Ohayon, M., Poyares, D., Cote, M.
  OXFORD UNIV PRESS INC.2021: A203
- **EXCESSIVE DAYTIME SLEEPINESS: BEYOND THE EPWORTH SLEEPINESS SCALE RESULTS FROM A POPULATION-BASED STUDY**
  Treptow, E., Ohayon, M., Piovesan, R., Oliveira, L., Drager, L., Andersen, M., Tufik, S., Poyares, D.
  OXFORD UNIV PRESS INC.2021: A202-A203
- **IMPACTS OF CHRONIC NAUSEA AND VOMITING ON DAYTIME SLEEPINESS AND FATIGUE**
  Ohayon, M., Chen, Y. J., Cote, M.
  OXFORD UNIV PRESS INC.2021: A203
- **A Longitudinal Study to Assess Antidepressant Treatment Patterns and Outcomes in Individuals with Depression in the General Population.** *CNS spectrums*
  Ohayon, M. M., McCue, M., Krystal, A., Chrones, L., Touya, M., Lawrence, D., Patel, S., Cote, M. L.
  2021; 26 (2): 180
- **Longitudinal Relationships between Nomophobia, Addictive Use of Social Media, and Insomnia in Adolescents.** *Healthcare (Basel, Switzerland)*
  Lin, C. Y., Potenza, M. N., Ulander, M., Broström, A., Ohayon, M. M., Chattu, V. K., Pakpour, A. H.

2021; 9 (9)

- **TOPICAL: The Impact of the Schumann Resonances on Human and Mammalian Physiology Ground-based Investigations to Support Human and Mammalian Studies Beyond Low Earth Orbit**
  Stolc, V., Ohayon, M. M., Freund, F., Loftus, D. J.
  National Academies of Sciences, Engineering, and Medicine's Biological and Physical Sciences in Space.
  2021
- **Advanced psychometric testing on a clinical screening tool to evaluate insomnia: sleep condition indicator in patients with advanced cancer** *SLEEP AND BIOLOGICAL RHYTHMS*
  Lin, C., Cheng, A. S. K., Imani, V., Saffari, M., Ohayon, M. M., Pakpour, A. H.
  2020
- **Concomitant Evolution of Treatment and Symptoms of Narcolepsy in a Longitudinal Study**
  Ohayon, M. M., Krystal, A., Swick, T., Black, J., Sullivan, S., Shapiro, C., Wells, C.
  LIPPINCOTT WILLIAMS & WILKINS.2020
- **Hypersomnolence is a Significant Predictor of New Medical Conditions Among Elderly People in a Longitudinal Study of the General Population**
  Ohayon, M. M., Sullivan, S., Cote, M.
  LIPPINCOTT WILLIAMS & WILKINS.2020
- **Efficacy of a Theory-Based Cognitive Behavioral Technique App-Based Intervention for Patients With Insomnia: Randomized Controlled Trial.** *Journal of medical Internet research*
  Rajabi Majd, N., Brostrom, A., Ulander, M., Lin, C., Griffiths, M. D., Imani, V., Ahorsu, D. K., Ohayon, M. M., Pakpour, A. H.
  2020; 22 (4): e15841
- **FACTORS ASSOCIATED WITH THE CONTINUOUS USE OF PSYCHOTROPIC TREATMENTS FOR NARCOLEPSY**
  Ohayon, M. M., Krystal, A. D., Black, J., Shapiro, C. M., Sullivan, S., Swick, T. J., Wells, C. C.
  OXFORD UNIV PRESS INC.2020: A294
- **EVOLUTION OF NONRESTORATIVE SLEEP AND ITS INTERACTIONS WITH INSOMNIA SYMPTOMS IN A LONGITUDINAL SURVEY OF THE AMERICAN POPULATION**
  Ohayon, M. M.
  OXFORD UNIV PRESS INC.2020: A179
- **Original paper efficacy of a theory-based cognitive behavioral technique app-based intervention for patients with insomnia: randomized controlled trial** *Journal of Medical Internet Research*
  Majd, N. R., Broström, A., Ulander, M., Lin, C. Y., Griffiths, M. D., Imani,, V., Ahorsu, D. K., Ohayon, M. M., Pakpour, A. H.
  2020; 22 (4)
- **Editorial: A Good Sleep: The Role of Factors in Psychosocial Health.** *Frontiers in neuroscience*
  Pakpour, A. H., Griffiths, M. D., Ohayon, M. M., Broström, A. n., Lin, C. Y.
  2020; 14: 520
- **EXCESSIVE INTERNET USE AND SLEEP**
  Ohayon, M. M.
  ELSEVIER.2019: S285
- **SLEEP IMPACTS OF NOCTURIA IN A LONGITUDINAL STUDY**
  Ohayon, M. M., Krystal, A. D.
  ELSEVIER.2019: S284–S285
- **PAIN AND HYPERSOMNOLENCE: A LONGITUDINAL STUDY**
  Ohayon, M. M.
  ELSEVIER.2019: S284
- **Narcolepsy Symptoms are Highly Persistent over Time Despite Treatment**
  Ohayon, M. M., Sullivan, S. S., Krystal, A. D., Black, J., Swick, T. J., Shapiro, C. M., Wells, C. C.
  WILEY.2019: S122

- **Longitudinal Assessment of Psychotropic Treatments for Narcolepsy**
  Ohayon, M. M., Sullivan, S. S., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Wells, C. C.
  WILEY.2019: S212

- **Longitudinal Relationships between Chronic Pain, Major Depressive Disorder, and Use of Antidepressants**
  Ohayon, M. M., Sullivan, S. S.
  WILEY.2019: S169–S170

- **Longitudinal Survey of Hypersomnolence and Its Treatment in the General Population**
  Ohayon, M. M., Sullivan, S. S.
  WILEY.2019: S121–S122

- **Misdiagnoses and Comorbidities among Participants in the Nexus Narcolepsy Registry**
  Ohayon, M., Thorpy, M., Black, J., Williams, M. J., Pasta, D. J., Hyman, D., Villa, K. F.
  LIPPINCOTT WILLIAMS & WILKINS.2019

- **A Longitudinal Study of Hypersomnolence in the US General Population and its Chronicity**
  Ohayon, M.
  LIPPINCOTT WILLIAMS & WILKINS.2019

- **SODIUM OXYBATE DOSING UTILIZATION PATTERNS IN THE NEXUS NARCOLEPSY REGISTRY**
  Ohayon, M. M., Thorpy, M. J., Short, S. A., Williams, M. J., Yang, M., Black, J., Hyman, D. L., Profant, J., Villa, K. F.
  OXFORD UNIV PRESS INC.2019

- **HYPERSOMNOLENCE PREVALENCE AND EVOLUTION IN A LONGITUDINAL SURVEY OF THE US GENERAL POPULATION**
  Sullivan, S., Ohayon, M. M., Cote, M.
  OXFORD UNIV PRESS INC.2019

- **The National Sleep Foundation's Sleep Satisfaction Tool** *SLEEP HEALTH*
  Ohayon, M. M., Paskow, M., Roach, A., Filer, C., Hillygus, D., Chen, M. C., Langer, G., Hirshkowitz, M., Natl Sleep Fdn Sleep Satisfaction
  2019; 5 (1): 5–11

- **The National Sleep Foundation's Sleep Satisfaction Tool.** *Sleep health*
  Ohayon, M. M., Paskow, M., Roach, A., Filer, C., Hillygus, D. S., Chen, M. C., Langer, G., Hirshkowitz, M., National Sleep Foundation Sleep Satisfaction Consensus Panel
  2019; 5 (1): 5–11

- **Snoring and breathing pauses during sleep: interview survey of a United Kingdom population sample reveals a significant increase in the rates of sleep apnoea and obesity over the last 20 years - data from the UK sleep survey** *SLEEP MEDICINE*
  Lechner, M., Breeze, C. E., Ohayon, M. M., Kotecha, B.
  2019; 54: 250–56

- **The potential for impact of man-made super low and extremely low frequency electromagnetic fields on sleep.** *Sleep medicine reviews*
  Ohayon, M. M., Stolc, V. n., Freund, F. T., Milesi, C. n., Sullivan, S. S.
  2019; 47: 28–38

- **Internet addiction and sleep problems: A systematic review and meta-analysis.** *Sleep medicine reviews*
  Alimoradi, Z. n., Lin, C. Y., Broström, A. n., Bülow, P. H., Bajalan, Z. n., Griffiths, M. D., Ohayon, M. M., Pakpour, A. H.
  2019; 47: 51–61

- **Longitudinal study of narcolepsy symptoms in first, second, and third-degree relatives of simplex and multiplex narcolepsy families** *SLEEP MEDICINE*
  Ohayon, M. M., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Bogan, R., Wells, C. C.
  2019; 53: 88–93

- **Snoring and breathing pauses during sleep: interview survey of a United Kingdom population sample reveals a significant increase in the rates of sleep apnoea and obesity over the last 20 years - data from the UK sleep survey.** *Sleep medicine*
  Lechner, M., Breeze, C. E., Ohayon, M. M., Kotecha, B.
  2018; 54: 250–56

- **Longitudinal Evolution of Sleep and GERD in the American General Population**
  Ohayon, M. M.
  WILEY.2018: S232

- **Longitudinal Evolution of Narcolepsy Symptoms in Simplex and Multiplex Families**
  Ohayon, M. M., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T., Rogan, R., Well, C. C.
  WILEY.2018: S129–S130

- **The Use of Stimulants, Sedative-Hypnotics, and Antidepressants in Patients with Obstructive Sleep Apnea in the United States**
  Ohayon, M. M., Profant, J., Gibson, S. P., Scheckner, B., Milesi, C.
  WILEY.2018: S130

- **Longitudinal study of narcolepsy symptoms in first, second, and third-degree relatives of simplex and multiplex narcolepsy families.** *Sleep medicine*
  Ohayon, M. M., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Bogan, R., Wells, C. C.
  2018; 53: 88–93

- **The Nexus Narcolepsy Registry: Assessment of Sodium Oxybate (SXB) on Functioning, Productivity, and Health-Related Quality of Life in Participants With Narcolepsy**
  Thorpy, M. J., Villa, K. F., Black, J., Bujanover, S., Cisternas, M. G., Pasta, D. J., Ohayon, M. M.
  LIPPINCOTT WILLIAMS & WILKINS.2018

- **The Nexus Narcolepsy Registry: Factors Associated With Use of Different Medications and Discontinuation Rates in Participants With Narcolepsy**
  Villa, K. F., Pasta, D. J., Black, J., Bujanover, S., Cisternas, M. G., Ohayon, M. M., Thorpy, M. J.
  LIPPINCOTT WILLIAMS & WILKINS.2018

- **US HEALTHCARE CLAIMS ANALYSIS OF OBSTRUCTIVE SLEEP APNEA COMORBIDITIES AND THEIR ASSOCIATION WITH STIMULANT DRUG USE**
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