



Yelizaveta Sher, MD, FACLP

- Clinical Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry
- Clinical Professor (By courtesy), Medicine - Pulmonary, Allergy & Critical Care Medicine

CLINICAL OFFICE (PRIMARY)

• Psychiatry Clinic

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Bio

BIO

Dr. Sher received her BA from UC Berkeley and MD from Washington University in St. Louis. She completed Residency in Psychiatry and Fellowship in Psychosomatic Medicine at Stanford University Medical Center. She has been a part of Psychosomatic Medicine Faculty, now a Division of Medical Psychiatry, at Stanford since 2013. Her areas of clinical and research interests include psychiatric comorbidities in patients with pulmonary disorders. In particular, she specializes in mental health of patients with cystic fibrosis as well as lung and heart transplant patients. She consults on patients hospitalized on medical and surgical units as well as sees patients in outpatient clinics. She serves as the Director of Psychiatric and Psychological Services for the Adult Cystic Fibrosis Clinic and Chief of Psychosomatic Medicine Clinic. She has published many articles and book chapters and edited several books related to her fields of interest and expertise.

CLINICAL FOCUS

- Medical Psychiatry
- Critical Care Consultation Liaison Psychiatry
- Lung Transplant Psychiatry
- Mental Health in Cystic Fibrosis
- Psychosomatic Medicine

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry
- Clinical Professor (By courtesy), Medicine - Pulmonary, Allergy & Critical Care Medicine

ADMINISTRATIVE APPOINTMENTS

- Director of Psychiatric and Psychological Services, Adult Cystic Fibrosis Clinic, (2019- present)
- Mental Health Coordinator, Adult Cystic Fibrosis Clinic, (2016-2018)
- Psychosomatic Medicine Associate Fellowship Director, Psychosomatic Medicine, (2015-2022)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Academy of Consultation Liaison Psychiatry, Member (2012 - present)
- Ethics Committee, Stanford University Medical Center (2013 - present)

PROFESSIONAL EDUCATION

- Medical Education: Washington University in St Louis School of Medicine (2007) MO
- Board Certification: Psychosomatic Medicine, American Board of Psychiatry and Neurology (2015)
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2012)
- Fellowship: Stanford University - Dept of Psychiatry (2012) CA
- Residency: Stanford University - Dept of Psychiatry (2011) CA

Research & Scholarship

CLINICAL TRIALS

- Valproic Acid for Treatment of Hyperactive or Mixed Delirium in ICU, Not Recruiting

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Dealing With Dyspnea: Strategies for Patients and Their Family Members.** *The primary care companion for CNS disorders*
Dragonetti, J. D., Roy, K., Cassady, M. K., Braford, M., Kiriella, D. A., Ibrahim, S., Sher, Y., Stern, T. A.
2026; 28 (2)
- **Novel Practice: Group Psychotherapy for Lung Transplant Recipients**
Dvorak, M., Sher, Y.
ELSEVIER SCIENCE INC.2025
- **New Interprofessional Partnership in Consultation-Liaison Psychiatry Outpatient Clinic: Embedding LCSW for Psychotherapy in Medically Ill Patients**
Dvorak, M., Sher, Y.
ELSEVIER SCIENCE INC.2025
- **Mental health and transplantation in cystic fibrosis.** *Respiratory medicine*
Georgiopoulos, A. M., Smith, B. A., Dellon, E. P., Hadjiliadis, D., Colman, R., Mullen, T. M., Quittner, A. L., Sher, Y. I.
2025; 248: 108407
- **Dyspnea for the Critical Care Psychiatrist** *PSYCHIATRIC ANNALS*
Sole, J., Ha, J., Sher, Y.
2025; 55 (9)
- **Preliminary Psychometric Characteristics of the Cystic Fibrosis Coping Self-Efficacy (CF-CSE) Scale.** *Pediatric pulmonology*
Friedman, D., Quittner, A. L., He, J., Chaudhary, N., Mullen, T. M., Bruce, A. S., Sher, Y., Smith, B. A., Georgiopoulos, A. M.
2025; 60 (6): e71164
- **Wishing That Your Patient Would Die: Reasons and Reactions.** *The primary care companion for CNS disorders*
Sher, Y., Hussain, F., Hoover, B. J., Gunther, M., Fishman, D. O., Zein, M., Maldonado, J. R., Stern, T. A.
2025; 27 (1)

- **Myoclonus, Uremia, and Delirium in a Liver Transplant Recipient: A Case Report and Literature Review.** *Journal of the Academy of Consultation-Liaison Psychiatry*
Okwuonu, E., Sher, Y.
2024
- **Comparison of delirium assessment tools in critically-ill patients: The CAM-ICU versus the Stanford Proxy Test for Delirium (S-PTD). Which one performed best?**
Maldonado, J., Pipolo, D., Sher, Y., Hoover, B., Gunther, M., Sarvagya, V.
PERGAMON-ELSEVIER SCIENCE LTD.2024
- **Dyspnea and Dyspnea-Associated Anxiety in the ICU patient population: A Narrative Review for CL Psychiatrists.** *Journal of the Academy of Consultation-Liaison Psychiatry*
Sher, Y., Desai, N., Sole, J., D'souza, M. P.
2023
- **Delayed-Onset Psychosis After Lung Transplant Secondary to Tacrolimus Neurotoxicity**
Gunther, M., Sher, Y., Jiang, S.
ELSEVIER SCIENCE INC.2023: S99
- **Delayed-Onset Psychosis Secondary to Tacrolimus Neurotoxicity After Lung Transplant: A Case Report and Systematic Review.** *Journal of the Academy of Consultation-Liaison Psychiatry*
Gunther, M., Jiang, S., Banga, A., Sher, Y.
2023
- **Musical Memories-Musical Hallucinations in a Lung Transplant Recipient: Case Report and Literature Review** *JOURNAL OF THE ACADEMY OF CONSULTATION-LIAISON PSYCHIATRY*
Zein, M., Sher, Y.
2021; 62 (1): 140-149
- **Response to Letter to the Editor re: Correction About the Nursing Delirium Screening Scale (Nu-DESC) in Response to: "A Study of the Psychometric Properties of the "Stanford Proxy Test for Delirium" (S-PTD): A New Screening Tool for the Detection of Delirium"** *JOURNAL OF THE ACADEMY OF CONSULTATION-LIAISON PSYCHIATRY*
Maldonado, J. R., Sher, Y. I., Benitez-Lopez, M., Savant, V., Garcia, R., Ament, A., De Guzman, E.
2021; 62 (1): 161-163
- **COVID-19-Associated Hyperactive Intensive Care Unit Delirium With Proposed Pathophysiology and Treatment: A Case Report** *PSYCHOSOMATICS*
Sher, Y., Rabkin, B., Maldonado, J. R., Mohabir, P.
2020; 61 (5): 544–50
- **When the Patient Says No to Transplant: A Life Well Lived and Well Ended** *PSYCHOSOMATICS*
Sher, Y., Mohabir, P. K., Maldonado, J. R.
2020; 61 (4): 379–84
- **A Study of the Psychometric Properties of the "Stanford Proxy Test for Delirium" (S-PTD): A New Screening Tool for the Detection of Delirium** *PSYCHOSOMATICS*
Maldonado, J. R., Sher, Y. I., Benitez-Lopez, M., Savant, V., Garcia, R., Ament, A., De Guzman, E.
2020; 61 (2): 116–26
- **DIGNITY THERAPY IN PERSONS WITH CF**
Sher, Y.
WILEY.2019: S72–S73
- **Psychiatric Aspects of Lung Disease in Critical Care** *CRITICAL CARE CLINICS*
Sher, Y.
2017; 33 (3): 601+
- **Psychiatric Aspects of Organ Transplantation in Critical Care: An Update** *CRITICAL CARE CLINICS*
Sher, Y., Zimborean, P.
2017; 33 (3): 659+

- **Delirium after lung transplantation: Association with recipient characteristics, hospital resource utilization, and mortality.** *Clinical transplantation*
Sher, Y., Mooney, J., Dhillon, G., Lee, R., Maldonado, J. R.
2017; 31 (5)
- **PSYCHIATRIST AS A MENTAL HEALTH COORDINATOR: THE STANFORD MODEL**
Sher, Y., Dvorak, M.
WILEY-BLACKWELL.2016: 155
- **THE PSYCHOLOGICAL AND EXISTENTIAL ASPECTS OF GROWING OLD WITH CYSTIC FIBROSIS**
Sher, Y.
WILEY-BLACKWELL.2016: 138
- **Frontal Lobe Epilepsy: A Primer for Psychiatrists and a Systematic Review of Psychiatric Manifestations.** *Psychosomatics*
Gold, J. A., Sher, Y., Maldonado, J. R.
2016; 57 (5): 445-464
- **Valproic Acid for Treatment of Hyperactive or Mixed Delirium: Rationale and Literature Review** *PSYCHOSOMATICS*
Sher, Y., Cramer, A. C., Ament, A., Lolak, S., Maldonado, J. R.
2015; 56 (6): 615-625
- **The Stanford Integrated Psychosocial Assessment for Transplantation: A Prospective Study of Medical and Psychosocial Outcomes** *PSYCHOSOMATIC MEDICINE*
Maldonado, J. R., Sher, Y., Lolak, S., Swendsen, H., Skibola, D., Neri, E., David, E. E., Sullivan, C., Standridge, K.
2015; 77 (9): 1018-1030
- **Adjunctive Valproic Acid in Management-Refractory Hyperactive Delirium: A Case Series and Rationale.** *journal of neuropsychiatry and clinical neurosciences*
Sher, Y., Miller, A. C., Lolak, S., Ament, A., Maldonado, J. R.
2015; 27 (4): 365-370
- **Prospective Validation Study of the Prediction of Alcohol Withdrawal Severity Scale (PAWSS) in Medically Ill Inpatients: A New Scale for the Prediction of Complicated Alcohol Withdrawal Syndrome** *ALCOHOL AND ALCOHOLISM*
Maldonado, J. R., Sher, Y., Das, S., Hills-Evans, K., Frenklach, A., Lolak, S., Talley, R., Neri, E.
2015; 50 (5): 509-518
- **An Insatiable Desire for Tofu: A Case of Restless Legs and Unusual Pica in Iron Deficiency Anemia** *PSYCHOSOMATICS*
Sher, Y., Maldonado, J. R.
2014; 55 (6): 680-685
- **The "Prediction of Alcohol Withdrawal Severity Scale" (PAWSS): Systematic literature review and pilot study of a new scale for the prediction of complicated alcohol withdrawal syndrome.** *Alcohol*
Maldonado, J. R., Sher, Y., Ashouri, J. F., Hills-Evans, K., Swendsen, H., Lolak, S., Miller, A. C.
2014; 48 (4): 375-390
- **THE STANFORD INTEGRATED PSYCHOSOCIAL ASSESSMENT FOR TRANSPLANTATION (SIPAT): A PROSPECTIVE STUDY OF MEDICAL & PSYCHOSOCIAL OUTCOMES.**
Maldonado, J. R., Sher, Y., Lolak, S.
LIPPINCOTT WILLIAMS & WILKINS.2014: A70-A71
- **THE "PREDICTION OF ALCOHOL WITHDRAWAL SEVERITY SCALE" (PAWSS): A NEW SCALE FOR THE PREDICTION OF MODERATE TO SEVERE ALCOHOL WITHDRAWAL SYNDROME.**
Maldonado, J. R., Sher, Y., Ashouri, J.
LIPPINCOTT WILLIAMS & WILKINS.2014: A38
- **VALPROIC ACID AS AN ADJUNCT TREATMENT FOR HYPERACTIVE DELIRIUM: POSTULATED MECHANISMS OF DELIRIOLYTIC ACTION AND CASE SERIES**
Sher, Y. I., Miller, A. C., Lolak, S., Maldonado, J. R.
LIPPINCOTT WILLIAMS & WILKINS.2014: A39

- **STANFORD INTEGRATED PSYCHOSOCIAL ASSESSMENT FOR TRANSPLANTATION (SIPAT) - A NEW SCALE TO PREDICT PSYCHOSOCIAL & MEDICAL OUTCOMES IN ORGAN TRANSPLANT CANDIDATES**
Maldonado, J. R., Sher, Y., Lolak, S., Skibola, D., Sullivan, C., Standridge, K., David, E.
SPRINGER.2013: S250
- **THE "PREDICTION OF ALCOHOL WITHDRAWAL SEVERITY SCALE" (PAWSS): A NEW SCALE FOR THE PREDICTION OF MODERATE TO SEVERE ALCOHOL WITHDRAWAL SYNDROME**
Maldonado, J. R., Sher, Y., Lolak, S., Kissner, L.
SPRINGER.2013: S97
- **The Stanford Integrated Psychosocial Assessment for Transplantation (SIPAT): A New Tool for the Psychosocial Evaluation of Pre-Transplant Candidates** *PSYCHOSOMATICS*
Maldonado, J. R., Dubois, H. C., David, E. E., Sher, Y., Lolak, S., Dyal, J., Witten, D.
2012; 53 (2): 123-132
- **The Impact of Depression in Heart Disease** *CURRENT PSYCHIATRY REPORTS*
Sher, Y., Lolak, S., Maldonado, J. R.
2010; 12 (3): 255-264
- **Differences in protonation of ubiquinone and menaquinone in fumarate reductase from Escherichia coli** *JOURNAL OF BIOLOGICAL CHEMISTRY*
Maklashina, E., Hellwig, P., Rothery, R. A., Kotlyar, V., Sher, Y., Weiner, J. H., Cecchini, G.
2006; 281 (36): 26655-26664
- **Fumarate reductase and succinate oxidase activity of Escherichia coli complex II homologs are perturbed differently by mutation of the flavin binding domain** *JOURNAL OF BIOLOGICAL CHEMISTRY*
Maklashina, E., Iverson, T. M., Sher, Y., Kotlyar, V., Andrell, J., Mirza, O., Hudson, J. M., Armstrong, F. A., Rothery, R. A., Weiner, J. H., Cecchini, G.
2006; 281 (16): 11357-11365
- **Electron transfer and catalytic control by the iron-sulfur clusters in a respiratory enzyme, E. coli fumarate reductase** *JOURNAL OF THE AMERICAN CHEMICAL SOCIETY*
Hudson, J. M., Heffron, K., Kotlyar, V., Sher, Y., Maklashina, E., Cecchini, G., Armstrong, F. A.
2005; 127 (19): 6977-6989
- **Effect of anoxia/reperfusion on the reversible active/de-active transition of NADH-ubiquinone oxidoreductase (complex I) in rat heart** *BIOCHIMICA ET BIOPHYSICA ACTA-BIOENERGETICS*
Maklashina, E., Sher, Y., Zhou, H. Z., Gray, M. O., Karliner, J. S., Cecchini, G.
2002; 1556 (1): 6-12