Stanford



Jahnia Gabrielle Treadwell

Casual - Non-Exempt, Psych/General Psychiatry and Psychology (Adult)

Bio

BIO

Jahnia Treadwell is a Clinical Psychology doctoral student at the PAU-Stanford PsyD Consortium, graduating in 2030. Originally from Allentown, PA, and now in San Jose, CA, she holds a BA in Psychology from Bucknell University.

As an undergraduate, Jahnia completed an 80-hour certification at Transitions of PA to become an advocate counselor for the domestic violence crisis shelter. Her work in the Safe House and Housing Department strengthened her dedication to trauma-informed care and serving vulnerable populations.

Her clinical interests include trauma-informed therapy for at-risk youth and adults, emphasizing culturally responsive and spiritually integrated care. She plans to launch a private practice LLC offering Christian therapy and holistic wellness. Her long-term vision includes a multidisciplinary healing space with massage and acupuncture, an Autonomous Sensory Meridian Response (ASMR) clinic, and a soul cycling studio—uniting mental health, physical restoration, and spiritual renewal.