



Anthony R. Lucas

Postdoctoral Scholar, Psychiatry

Bio

BIO

Anthony R. Lucas, PsyD is a postdoctoral fellow in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. He provides psychotherapy in the ADAPT Clinic for Mood and Anxiety Disorders and the Addiction Medicine Dual Diagnosis Clinic.

In the ADAPT Clinic, Dr. Lucas focuses on diagnostic formulation and psychotherapy for mood and anxiety disorders, drawing on structured and transdiagnostic approaches while attending to the psychological and contextual factors that shape symptom presentation and recovery.

In the Addiction Medicine Dual Diagnosis Clinic, he provides psychotherapy for individuals with substance use disorders and behavioral addictions and co-occurring psychiatric conditions, centering collaborative treatment planning and addressing the interplay between addiction, trauma, and mental health.

Dr. Lucas also provides clinical supervision to graduate student trainees at the Palo Alto VA, with a focus on case formulation, clinical reasoning, and reflective professional development.

Dr. Lucas completed his APA-accredited doctoral internship in Clinical Psychology at Kaiser Permanente Northern California, Addiction Medicine & Recovery Services, Walnut Creek.

PROFESSIONAL EDUCATION

- PsyD, Wright Insitute
- MS, University of Southern California
- MA, Wright Institute
- BA, University of California, Berkeley

STANFORD ADVISORS

- Norah Simpson, Postdoctoral Faculty Sponsor