

Nitasha Khullar, MD

Clinical Assistant Professor, Medicine - Immunology & Rheumatology

CLINICAL OFFICE (PRIMARY)

- **Stanford Health Care - ValleyCare**

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Bio

BIO

Dr. Nitasha Khullar is a board-certified, fellowship-trained rheumatologist at Stanford Health Care. She is also a clinical assistant professor in the Department of Medicine, Division of Immunology and Rheumatology at Stanford University School of Medicine.

Dr. Khullar specializes in caring for people with autoimmune and inflammatory diseases that affect the joints, muscles, and immune system. She treats conditions like lupus, rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, vasculitis, gout and other complex rheumatic disorders. She provides personalized care for each patient, focusing on early diagnosis and working closely with other medical specialists to help manage these diseases. She values shared decision-making and a patient-centric approach to her care.

Dr. Khullar's work has been presented at national and international conferences, including the American College of Rheumatology and the American Association of Immunology. She has authored peer-reviewed publications in journals such as *Viruses*, *Molecular Neurobiology*, *Age* (Dordrecht, Netherlands), and *Current Treatment Options in Rheumatology*.

She is a member of the American College of Rheumatology.

CLINICAL FOCUS

- Rheumatology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Immunology & Rheumatology

HONORS AND AWARDS

- Resident of the Year, State of Nevada Poster Contest Finalist, American College of Physicians
- Resident of the Year, University of Nevada, Las Vegas Internal Medicine Residency Program
- National Poster Contest Finalist, American College of Physicians

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Fellow, American College of Rheumatology (ACR) (2022 - present)

PROFESSIONAL EDUCATION

- Board Certification: Rheumatology, American Board of Internal Medicine (2022)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2019)
- Fellowship: University of Alabama School of Medicine (2021) AL
- Residency: University of Nevada Internal Medicine Residency (2019) NV
- Medical Education: University of Missouri - Kansas City (2016)

Publications

PUBLICATIONS

- **Prediction of Survival by IL-6 in a Randomized Placebo-Controlled Trial of Anakinra in COVID-19 Cytokine Storm.** *Viruses*
Jackson, L. E., Khullar, N., Beukelman, T., Chapleau, C., Kamath, A., Cron, R. Q., Chatham, W. W.
2023; 15 (10)
- **The Effectiveness of Fracture Liaison Services in Improving Fragility Fracture Outcomes** *CURRENT TREATMENT OPTIONS IN RHEUMATOLOGY*
Khullar, N., Danila, M. I.
2022; 8 (2): 19-35
- **Social Determinants of Mortality in US Lupus Patients: Comment on the Article by Yelin et al.** *Arthritis care & research*
Khullar, N., Caseja, A. J., Yoo, J. W., Ukken, J., Froehlich, M., Yamashita, T., Liu, X.
2019; 71 (5): 697-698
- **Loss of Spatial Memory, Learning, and Motor Function During Normal Aging Is Accompanied by Changes in Brain Presenilin 1 and 2 Expression Levels.** *Molecular neurobiology*
Kaja, S., Sumien, N., Shah, V. V., Puthawala, I., Maynard, A. N., Khullar, N., Payne, A. J., Forster, M. J., Koulen, P.
2015; 52 (1): 545-54
- **Homer-1a immediate early gene expression correlates with better cognitive performance in aging.** *Age (Dordrecht, Netherlands)*
Kaja, S., Sumien, N., Borden, P. K., Khullar, N., Iqbal, M., Collins, J. L., Forster, M. J., Koulen, P.
2013; 35 (5): 1799-808