



Eric Brian Pillado

Clinical Assistant Professor, Surgery - Vascular Surgery

CLINICAL OFFICE (PRIMARY)

- **SCVMC**

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Bio

BIO

Dr. Pillado earned his bachelor's degree at the University of Michigan before completing his medical degree at the University of California, Los Angeles. He then completed his vascular surgery residency at Northwestern University, where he also obtained a Master of Science in Health Services and Outcomes Research as well as a Master of Business Administration from the Kellogg School of Management during his professional development time.

His clinical research interests include improving vascular surgery healthcare delivery systems in underserved patient populations, multidisciplinary limb salvage, and advancing wellness initiatives within vascular surgery training.

CLINICAL FOCUS

- Vascular Surgery

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Surgery - Vascular Surgery

PROFESSIONAL EDUCATION

- Residency: Northwestern University Dept of Vascular Surgery (2025) IL
- MS, The Graduate School at Northwestern University (2023)
- MBA, Northwestern University Kellogg School of Management (2023)
- Medical Education: UCLA David Geffen School Of Medicine (2018) CA

Publications

PUBLICATIONS

- **Complex aortic reconstruction using double-barrel frozen elephant trunks.** *Journal of vascular surgery cases and innovative techniques* Mansukhani, N. A., Son, A. Y., Pillado, E. B., Whippo, B., Hoel, A. W., Mehta, C. K. 2026; 12 (2): 102140
- **Suicidal Ideation Among Vascular Surgery Trainees.** *Journal of vascular surgery*

- Cui, C. L., Reilly, M. A., Zielke, T. J., Olivere, L. A., Jiang, Y., Pillado, E. B., Li, R. D., Eng, J. S., Grafmuller, L. E., DiLosa, K. L., Conway, A. M., Escobar, G. A., Shaw, et al
2025
- **The Relationships Between Hospital Support Staff and Vascular Trainee Educational Experience and Well-Being** *ANNALS OF VASCULAR SURGERY*
Reilly, M. A., Cui, C. L., Pillado, E. B., Li, R., Eng, J. S., Grafmuller, L. E., DiLosa, K. L., Shaw, P. M., Hu, Y., Bilimoria, K. Y., Sheahan III, M. G., Coleman, D. M.
2025; 121: 492-502
 - **Trainee Autonomy is Associated with Well-being.** *Annals of vascular surgery*
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 - **A multi-method assessment of the vascular surgery program director experience in creating effective training environments.** *Journal of vascular surgery*
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 - **Implementation of enhanced recovery pathway for lower extremity arterial bypass decreases length of stay.** *Journal of vascular surgery*
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2025; 82 (3): 1014
 - **The obstetric experience among vascular surgery trainees** *JOURNAL OF VASCULAR SURGERY*
Li, R., Pillado, E. B., Reilly, M., Janczewski, L. M., Cui, C., Dilosa, K., Eng, J. S., Chia, M. C., Iii, M., Bilimoria, K. Y., Rangel, E. L., Hu, Y., Coleman, et al
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 - **Barriers and Facilitators of Trainee Wellness as Encountered by Vascular Surgery Program Directors**
Reilly, M. A., Cui, C. L., Jiang, Y., Pillado, E. B., Li, R. D., Eng, J. S., Grafmuller, L. E., Dilosa, K., Conway, A. M., Escobar, G. A., Shaw, P. M., Hu, Y., Bilimoria, et al
MOSBY-ELSEVIER.2025
 - **Suicidal Ideation Among Vascular Surgery Trainees**
Cui, C. L., Reilly, M. A., Pillado, E. B., Li, R. D., Eng, J. S., Grafmuller, L. E., Dilosa, K. L., Conway, A. M., Escobar, G. A., Shaw, P. M., Hu, Y., Bilimoria, K. Y., Sheahan Iii, et al
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 - **Current State of Interventions to Assist Trainee Parenthood**
Reilly, M. A., Cui, C. L., Pillado, E. B., Li, R. D., Eng, J. S., Dilosa, K. L., Grafmuller, L. E., Conway, A. M., Escobar, G. A., Shaw, P. M., Hu, Y., Bilimoria, K. Y., Sheahan, et al
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 - **Trainee Perception of Virtual Interviews and Associations of Virtual Engagement with Vascular Surgery Culture and Community** *ANNALS OF VASCULAR SURGERY*
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 - **Burnout is not associated with trainee performance on the Vascular Surgery In-Training Exam**
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 - **Pain in the Workplace: Are Medicine and Surgical Residents Impacted the Same?**
Cerier, E. J., Pillado, E., Harrington, C., Kulkarni, S.
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- **The need for standardizing care for pediatric and geriatric vascular trauma patients** *JOURNAL OF VASCULAR SURGERY CASES INNOVATIONS AND TECHNIQUES*
Pillado, E., O'Banion, L.
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- **Perception of shared learning environment differs between vascular surgery and general surgery residents**
Li, R., Pillado, E., Dilosa, K., Chia, M. C., Visenio, M., Zhan, T., Eng, J. S., Amortegui, D., Johnson, J. K., Sheahan III, M. G., Bilimoria, K. Y., Hu, Y., Coleman, et al
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- **Reported pain at work is a risk factor for vascular surgery trainee burnout** *JOURNAL OF VASCULAR SURGERY*
Pillado, E., Li, R., Chia, M. C., Eng, J. S., Dilosa, K., Grafmuller, L., Conway, A., Escobar, G. A., Shaw, P., Sheahan, M. G., Bilimoria, K. Y., Hu, Y., Coleman, et al
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- **Defining sources and ramifications of mistreatment among female vascular surgery trainees** *JOURNAL OF VASCULAR SURGERY*
Pillado, E. B., Li, R., Eng, J. S., Chia, M. C., Conway, A., Dilosa, K., Gomez-Sanchez, C., Shaw, P., Sheahan III, M. G., Bilimoria, K. Y., Hu, Y., Coleman, D. M.
2023; 78 (3): 797-804
- **Perceptions of the Shared Learning Environment by Vascular and General Surgery Residents**
Li, R., Pillado, E. B., Chia, M., Visenio, M., Zhan, T., Eng, J., Amortegui, D., Johnson, J., Sheahan, M., Bilimoria, K., Hu, Y., Cole-Man, D. M.
MOSBY-ELSEVIER.2023: E46-E47
- **Reported Pain at Work Is a Risk Factor for Vascular Surgery Trainee Burnout**
Pillado, E. B., Li, R., Chia, M., Eng, J., DiLosa, K. L., Conway, A., Escobar, G. A., Shaw, P., Sheahan, M., Bilimoria, K., Hu, Y., Coleman, D. M.
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- **Multidisciplinary Limb Salvage Service Reduces Major Amputations in Diabetic Foot Infections** *JOURNAL OF THE AMERICAN PODIATRIC MEDICAL ASSOCIATION*
Pillado, E., de Virgilio, C., Ipp, E., Murphy, R., Bongard, F., Lauer, K., Miller, A. J.
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- **Persistent racial discrimination among vascular surgery trainees threatens wellness**
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- **Impact of socioeconomic disparities on major lower extremity revascularization complications** *VASCULAR*
McElroy, I. E., Pillado, E. B., Greene, A. J., Majumdar, M., Kirshkaln, A., Nuzzolo, K., Malek, J., Dua, A.
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- **Persistent Racial Discrimination Among Vascular Surgery Trainees Threatens Wellness**
Pillado, E. B., Li, R. D., Eng, J., Chia, M., Sheahan, M., Bilimoria, K., Hu, Y., Coleman, D. M.
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- **Defining Sources and Ramifications of Mistreatment Among Female Vascular Surgery Trainees**
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- **Outcomes and Reintervention After Repair of Type I Aortic Dissection**
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- **Use of a Novel Simulator and Simulation-based Mastery Learning to Improve Femoral Arterial Access Skills**
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- **Advance Directive and Do-Not-Resuscitate Status among Advanced Cancer Patients with Acute Care Surgical Consultation** *AMERICAN SURGEON*
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- **Flow Rates at Thirty Days after Construction of Radiocephalic Arteriovenous Fistula Predict Hemodialysis Function**
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- **Discussion of: "Follow-up trends after Emergency Department discharge for acutely symptomatic hernias" AMERICAN JOURNAL OF SURGERY**
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- **Follow-up trends after Emergency Department discharge for acutely symptomatic hernias AMERICAN JOURNAL OF SURGERY**
Spence, L., Pillado, E., Kim, D., Plurad, D.
2017; 214 (6): 1018-1021
- **Role of Preventability in Redefining Failure to Rescue Among Major Trauma Patients JAMA SURGERY**
Coates, M., Pillado, E., Kim, J., Vasak, R., Yule, A., Kim, D. Y.
2017; 152 (11): 1083-1084
- **The Burden of Tunneled Central Venous Catheters for Hemodialysis in a County Hospital AMERICAN SURGEON**
Pillado, E., Korn, A., De Virgilio, C., Bowens, N.
2017; 83 (10): 1095-1098
- **Financial and clinical outcomes of extracorporeal mechanical support JOURNAL OF CARDIAC SURGERY**
Chiu, R., Pillado, E., Sareh, S., De la Cruz, K., Shemin, R. J., Benharash, P.
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