



## Benjamin J. Durant, MD

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Concierge and Executive Medicine**

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### Bio

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#### BIO

Dr. Benjamin Durant is a board-certified family medicine doctor at Stanford Health Care and a clinical assistant professor in the Department of Medicine, Division of Primary Care and Population Health at Stanford University School of Medicine.

Dr. Durant provides complete primary care for people of all ages, with a strong focus on health equity and supporting underserved communities. His clinical interests include outpatient care, prenatal and reproductive health, and treating substance use disorders. He has extensive experience in street medicine and mobile outreach to care for people experiencing homelessness. Dr. Durant takes a trauma-informed, relationship-based approach, building trust and meeting patients where they are.

His academic and service work has focused on improving access to care, training health care workers in under-resourced areas, and helping patients who face challenges like poverty, housing insecurity, or limited access to services. Dr. Durant's approach to medicine is built on dignity, trust, and long-term relationships. He is committed to understanding and addressing the social factors that affect health. He has also volunteered internationally in Kenya and Haiti.

#### CLINICAL FOCUS

- Family Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

#### PROFESSIONAL EDUCATION

- Board Certification: Family Medicine, American Board of Family Medicine (2024)
- Residency: Contra Costa Regional Medical Center (2017) CA
- Medical Education: Tulane University School of Medicine (2014) LA