Stanford



Angharad Rees-Jones

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Inpatient Psychiatry**

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Bio

BIO

Dr. Angharad Rees-Jones is a clinical psychologist and Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine. At Stanford, she works on the adult inpatient psychiatric units, providing psychological assessment, brief intervention, and multidisciplinary consultation for individuals with serious mental illness.

Dr. Rees-Jones has extensive experience working in acute and complex medical and psychiatric settings, including inpatient burn care. Her work with burn survivors focused on supporting patients with traumatic injuries, adjustment, and recovery following life-altering events. Prior to joining Stanford, she also developed and led innovative programs including the Whole Person Care program in Kings County and the Mental Health Diversion program in Tulare County. She has worked as a consultant to Assertive Community Treatment (ACT) teams and has expertise in conducting LPS evaluations and risk assessments. Prior to her work in the United States, Dr. Rees-Jones trained and practiced as a forensic psychologist within the United Kingdom NHS and Prison Service, working with high-risk individuals and developing expertise in risk assessment, complex presentations, and the interface between mental health and the legal system.

Her clinical interests include serious mental illness, suicidality and self-harm, trauma, and supporting patients through high-acuity transitions of care using a compassion focused approach. She also spearheaded the integration of a facility dog program within inpatient settings to support patient engagement, emotional regulation, and therapeutic connection. Her therapeutic approach is person-centered, recovery-oriented, and trauma-informed, integrating cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT) and dialectical behavioral therapy (DBT). She emphasizes practical skill-building, values-based action, and collaboration within interdisciplinary teams. Dr. Rees-Jones is also actively involved in teaching and mentorship, providing supervision and training for psychology practicum students and interdisciplinary education for medical staff. Her work is focused on improving access to psychologically informed care within inpatient and acute psychiatric settings.

CLINICAL FOCUS

- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- ForenPsyD, University of Birmingham, United Kingdom , Forensic Psychology (2011)