



Sandra Natalie Gomez

Postdoctoral Scholar, Psychiatry

Bio

BIO

Dr. Sandra N. Gomez is a proud Chicana psychologist. She earned her B.A. in Psychology from Cornell College and her M.Ed. in Counseling Psychology from the University of Missouri–Columbia. She earned her doctorate in Counseling Psychology (Spanish bilingual concentration) from Columbia University, and completed her APA-accredited internship at the University of Miami’s Counseling Center. Currently, she is a postdoctoral clinical psychology fellow in the Department of Psychiatry and Behavioral Sciences at Stanford University, where her clinical and research work bridges her interests in identity development, acculturation, and community healing. At Stanford, she works with high-performance athletes, Latine communities, and families and couples, work that allows her to integrate her commitment to culturally responsive evidence-based practices with her scholarly focus on acculturation, ethnic identity, and the educational and career trajectories of individuals. Rooted in social justice and collective healing, Dr. Gomez also explores the healing potential of movement as a way to deepen connection to self and community. Dr. Gomez is a former APA Interdisciplinary Minority Fellow and Kellogg Legacy Doctoral Mentoring Scholar. She currently serves on the Leadership Council of the National Latinx Psychological Association as the Current Student Representative and is a student reviewer for the Journal of Latinx Psychology.

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member of the Leadership Committee, National Latinx Psychological Association (2023 - present)

PROFESSIONAL EDUCATION

- Doctor of Philosophy, Columbia University , Counseling Psychology, Spanish Bilingual Concentration (2025)
- Masters of Education, University of Missouri-Columbia , Counseling Psychology (2020)
- Bachelors of Arts, Cornell College , Psychology (2018)

STANFORD ADVISORS

- Norah Simpson, Postdoctoral Faculty Sponsor

Research & Scholarship

RESEARCH INTERESTS

- Diversity and Identity
- Equity in Education
- Gender Issues
- Immigrants and Immigration
- Psychology

- Race and Ethnicity