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Bio

BIO

I am a medievalist and cultural historian; my work combines history, literary criticism, art history, and psychology. One of my current research projects explores how people use self-narratives — creative, devotional, or non-fiction — as a form of therapeutic practice. I am also interested in how human-shaped spaces of spiritual significance, along with religious material objects, function therapeutically: from devotional manuscripts and misericord carvings to rock sanctuaries, holy wells, and thermal springs.

I have published monographs with Oxford University Press and Brill, and I teach interdisciplinary courses on cultural history, literature, psychology, and art, as well as do study skills mentoring.