Stanford

Christine Anastasiou, MD, MAS

Clinical Assistant Professor, Medicine - Immunology & Rheumatology

CLINICAL OFFICE (PRIMARY)

- **Immunology and Rheumatology Clinic**
  900 Blake Wilbur Dr Rm W2081
  2nd Fl
  Stanford, CA 94305
  Tel (650) 723-6961 **Fax** (650) 723-3059

Bio

BIO

Dr. Anastasiou is a board-certified, fellowship-trained rheumatologist with the Stanford Health Care Immunology and Rheumatology Clinic. She is also a clinical assistant professor in the Department of Medicine, Division of Immunology and Rheumatology at Stanford University School of Medicine.

Dr. Anastasiou specializes in diagnosing and treating patients with rheumatic diseases. She has a special interest in ankylosing spondylitis, systemic lupus erythematosus, rheumatoid arthritis, and idiopathic inflammatory myopathies.

Her scholarly work includes epidemiologic studies and clinical trials focused on improving safety and health outcomes for people with chronic rheumatic diseases. Dr. Anastasiou has served as an investigator and collaborator for clinical trials of new therapies to treat rheumatic disease. She is actively involved in medical education through developing and leading patient, medical student, resident, and fellow educational programs.

Dr. Anastasiou is a member of the American College of Rheumatology (ACR). She has published her research in peer-reviewed journals, including Arthritis Care & Research and Lupus Science & Medicine. She has delivered lectures and presentations across the country and abroad on various topics related to rheumatology.

CLINICAL FOCUS

- Rheumatology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Immunology & Rheumatology

HONORS AND AWARDS

- Graduated with Highest Honors, UC Berkeley
- Departmental Citation in Microbial Biology, UC Berkeley
- Phi Beta Kappa, UC Berkeley
- Alpha Omega Alpha Honor Medical Society, UCLA Delta Chapter
- Glasgow-Rubin Citation for Academic Achievement (Medical School), American Medical Women’s Association

- Chief Medical Resident, University of California (UC) San Diego Medical Center
- Ruth L. Kirschstein National Research Service Award, National Institutes of Health
- Scientist Development Award, Rheumatology Research Foundation
- Distinguished Fellow Award, American College of Rheumatology

PROFESSIONAL EDUCATION

- Medical Education: UCLA David Geffen School Of Medicine (2013) CA
- Internship, UC San Diego , Internal Medicine (2014)
- Residency, UC San Diego , Internal Medicine (2016)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2016)
- Board Certification: Rheumatology, American Board of Internal Medicine (2019)
- Fellowship: UCSF Rheumatology Fellowship (2020) CA

Publications

PUBLICATIONS

- **Persistent Opioid Exposure in Older Adults with Rheumatic Disease: National Patterns, Disparities, and Cross-Specialty Prescribing.** *The Journal of rheumatology*
  Anastasiou, C., Roberts, E., Ciccarone, D., Costenbader, K., Schmajuk, G., Yazdany, J.
  2026
- **More than 40% of Older Adults with Rheumatic Diseases Are Prescribed Opioid Medications**
  Anastasiou, C., Roberts, E., Schmajuk, G., Yazdany, J.
  WILEY.2025: 1598-1601
- **Thirty Percent of Older Adults with Rheumatic Disease Receive High-Risk Medication**
  Anastasiou, C., Roberts, E., Schmajuk, G., Yazdany, J.
  WILEY.2025: 3656-3658
- **Development and validation of a risk scoring system to identify patients with lupus nephritis in electronic health record data.** *Lupus science & medicine*
  Izadi, Z., Gianfrancesco, M., Anastasiou, C., Schmajuk, G., Yazdany, J.
  2024; 11 (1)
- **Incidence Rate and Factors Associated With Fractures Among Medicare Beneficiaries With Ankylosing Spondylitis in the United States.** *Arthritis care & research*
  Stovall, R., Kersey, E., Li, J., Baker, R., Anastasiou, C., Palmowski, A., Schmajuk, G., Gensler, L., Yazdany, J.
  2024; 76 (2): 265-273
- **Association between self-reported race and ethnicity and myositis-specific autoantibodies in a diverse cohort of patients with inflammatory myopathy.** *Clinical rheumatology*
  Beam, M. J., Montgomery, A., Anastasiou, C., Schmajuk, G.
  2023; 42 (11): 3043-3047
- **Causes of Death Among Individuals With Systemic Lupus Erythematosus by Race and Ethnicity: A Population-Based Study.** *Arthritis care & research*
  Taylor, T., Anastasiou, C., Ja, C., Rush, S., Trupin, L., Dall'Era, M., Katz, P., Barbour, K. E., Greenlund, K. J., Yazdany, J., Gianfrancesco, M. A.
  2023; 75 (1): 61-68
- **Incidence Rate and Factors Associated with Fractures Among Older Adults with Ankylosing Spondylitis in the United States**
  Stovall, R., Kersey, E., Li, J., Baker, R., Anastasiou, C., Schmajuk, G., Gensler, L., Yazdany, J.
  WILEY.2022: 765-767
- **Performance of Diagnosis Codes for Identification of Prevalent Lupus Nephritis Patients from Electronic Health Records**
  Izadi, Z., Aguirre, A., Anastasiou, C., Kay, J., Schmajuk, G., Yazdany, J.

WILEY.2022: 656-658

- **Review of publications evaluating opioid use in patients with inflammatory rheumatic disease.** *Current opinion in rheumatology*
  Anastasiou, C., Yazdany, J.
  2022; 34 (2): 95-102

- **Treatment of Sarcoidosis in US Rheumatology Practices: Data From the American College of Rheumatology's Rheumatology Informatics System for Effectiveness (RISE) Registry.** *Arthritis care & research*
  Hammam, N., Evans, M., Morgan, E., Reimold, A., Anastasiou, C., Kay, J. L., Yazdany, J., Schmajuk, G.
  2022; 74 (3): 371-376

- **Quality of Care for Patients With Systemic Lupus Erythematosus: Data From the American College of Rheumatology RISE Registry.** *Arthritis care & research*
  Schmajuk, G., Li, J., Evans, M., Anastasiou, C., Kay, J. L., Yazdany, J.
  2022; 74 (2): 179-186

- **Mortality Among Hospitalized Individuals With Systemic Lupus Erythematosus in the US Between 2006 and 2016.** *Arthritis care & research*
  Anastasiou, C., Trupin, L., Glidden, D. V., Li, J., Gianfrancesco, M., Shiboski, S., Schmajuk, G., Yazdany, J.
  2021; 73 (10): 1444-1450

- **Causes of Death Among Populations with Systemic Lupus Erythematosus by Race and Ethnicity**
  Taylor, T., Anastasiou, C., Rush, S., Trupin, L., Dall'Era, M., Katz, P., Barbour, K., Yazdany, J., Gianfrancesco, M.
  WILEY.2021: 2149-2150

- **Older Patients with Rheumatic Disease Are Commonly Prescribed Potentially Inappropriate Medications**
  Anastasiou, C., Evans, M., Schmajuk, G., Yazdany, J.
  WILEY.2021: 2177-2179

- **Epidemiology and treatment of Behçet's disease in the USA: insights from the Rheumatology Informatics System for Effectiveness (RISE) Registry with a comparison with other published cohorts from endemic regions.** *Arthritis research & therapy*
  Hammam, N., Li, J., Evans, M., Kay, J. L., Izadi, Z., Anastasiou, C., Gianfrancesco, M. A., Yazdany, J., Schmajuk, G.
  2021; 23 (1): 224

- **Neurological manifestations of polyarteritis nodosa: a tour of the neuroaxis by case series.** *BMC neurology*
  Halabi, C., Williams, E. K., Morshed, R. A., Caffarelli, M., Anastasiou, C., Tihan, T., Cooke, D., Abla, A. A., Dowd, C. F., Shah, V., Chung, S., Richie, M. B.
  2021; 21 (1): 205

- **RISE registry reveals potential gaps in medication safety for new users of biologics and targeted synthetic DMARDs.** *Seminars in arthritis and rheumatism*
  Schmajuk, G., Li, J., Evans, M., Anastasiou, C., Izadi, Z., Kay, J. L., Hammam, N., Yazdany, J.
  2020; 50 (6): 1542-1548

- **Immunosuppressant use and hospitalisations in adult patients with systemic lupus erythematosus admitted to a tertiary academic medical centre.** *Lupus science & medicine*
  Anastasiou, C., Dulai, O., Baskaran, A., Proudfoot, J., Verhaegen, S., Kalunian, K.
  2018; 5 (1): e000249

- **Recovery of hair in the psoriatic plaques of a patient with coexistent alopecia universalis.** *Cutis*
  Anastasiou, C., Goh, C., Holland, V.
  2017; 99 (4): E9-E12

- **Papules on the face and body.** *Cutis*
  Anastasiou, C., Scumpia, P. O., Smart, C., Young, L. C.
  2015; 95 (5): E22-4

- **Brown Plaque on the Calf: A Case of Hidroacanthoma Simplex** *Practical Dermatology*
  Anastasiou, C., Ahdout, J., Dann, F., Jeffes, E., Serowka, K.
  2013

- **Proinflammatory mediators upregulate IMP-3 in HNSCC** *Laryngoscope*

Anastasiou, C., Luo, J., Lin, Y., Dennis, M., Elashof, D., Abemayor, E., St John, M. A.
2011

- **Inflammatory Mediators Regulate IMP-3 Expression in HNSCC** *Journal of Investigative Medicine*
  Anastasiou, C., Luo, J., St John, M. A.
  2011