



Samantha Huestis

Clinical Associate Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICE (PRIMARY)

- **Pediatric Pain Management**

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Bio

CLINICAL FOCUS

- Pediatric Pain
- Depression & Anxiety
- Emotion Regulation
- Group Therapies (Teen, Sibling, Parent/Caregiver, Family)
- Pain Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Anesthesiology, Perioperative and Pain Medicine

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Society of Pediatric Psychology (2005 - present)
- Member, International Association for the Study of Pain (2013 - present)
- Member, American Psychological Association (2013 - present)
- Member, Society for Developmental and Behavioral Pediatrics (2006 - 2010)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Pediatric Anesthesia Fellowship (2013) CA
- PhD Training: Case Western Reserve School of Medicine (2011) OH
- Fellowship: Yale Univ - SOM Yale Child Study Center (2012) CT
- Internship: Yale Univ - SOM Yale Child Study Center (2011) CT

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

- Employ outcomes tracking to delineate risk & resilience factors in youth with pediatric pain.

- Understand the role of peers, parents/caregivers, & systems (e.g., family, school, hospital, community) in the management of pediatric pain conditions.
- Improve functioning, behavioral health, and quality of life in youth with discomfort and their families through provision of evidence-based therapies.
- Empower families & sensitize providers to the importance of therapeutic collaborations.

PROJECTS

- **Courage to Act with Pain: Teens Identifying Values, Acceptance, and Treatment Effects** - Stanford University School of Medicine (February 18, 2014 - present)
- **Pediatric Collaborative Health Outcomes Information Registry (Peds-CHOIR)** (7/9/2014 - present)
- **The Comfort Ability: A One-Day Workshop for Youth with Pain and their Parents/Caregivers** - Stanford Children's Health / Lucile Packard Children's Hospital in collaboration with Boston Children's Hospital (11/12/2017)

Publications

PUBLICATIONS

- **Bridging Access to Pediatric Pain Care: Telehealth Utilization.** *The Clinical journal of pain*
Sepsey, A. M., Sokol, O. E., Huestis, S. E., Bhandari, R. P.
2023
- **Risk and Resilience in Pediatric Pain: The Roles of Parent and Adolescent Catastrophizing and Acceptance** *CLINICAL JOURNAL OF PAIN*
Feinstein, A. B., Sturgeon, J. A., Bhandari, R. P., Yoon, I. A., Ross, A. C., Huestis, S. E., Griffin, A. T., Simons, L. E.
2018; 34 (12): 1096–1105
- **Traumatic Stress and Pediatric Pain: Towards a Neurobiological Stress-Health Perspective.** *Journal of child & adolescent trauma*
Kao, G. S., Bhandari, R. P., Huestis, S. E., Golianu, B.
2018; 11 (2): 249-255
- **Multi-Family Pediatric Pain Group Therapy: Capturing Acceptance and Cultivating Change.** *Children (Basel, Switzerland)*
Huestis, S. E., Kao, G., Dunn, A., Hilliard, A. T., Yoon, I. A., Golianu, B., Bhandari, R. P.
2017; 4 (12)
- **Pediatric pain and traumatic stress: Towards a neurobiological stress-health perspective** *Journal of Child and Adolescent Trauma*
Kao, G. S., Bhandari, R. P., Huestis, S. E., Golianu, B.
2017
- **Pediatric-Collaborative Health Outcomes Information Registry (Peds-CHOIR): a learning health system to guide pediatric pain research and treatment.** *Pain*
Bhandari, R. P., Feinstein, A. B., Huestis, S. E., Krane, E. J., Dunn, A. L., Cohen, L. L., Kao, M. C., Darnall, B. D., Mackey, S. C.
2016; 157 (9): 2033-2044
- **Potential Chemotherapy Side Effects: What Do Oncologists Tell Parents?** *PEDIATRIC BLOOD & CANCER*
Ramirez, L. Y., Huestis, S. E., Yap, T. Y., Zyzanski, S., Drotar, D., Kodish, E.
2009; 52 (4): 497-502
- **A meta-analysis of the neuropsychological sequelae of chemotherapy-only treatment for pediatric acute lymphoblastic leukemia** *PEDIATRIC BLOOD & CANCER*
Peterson, C. C., Johnson, C. E., Ramirez, L. Y., Huestis, S., Pai, A. L., Demaree, H. A., Drotar, D.
2008; 51 (1): 99-104
- **Depressive Symptoms in Children and Adolescents with Type 1 Diabetes** *Diabetes Care*
Hood, K. K., Huestis, S. E., Maher, A., Butler, D., Volkening, L., Laffel, L. M.
2006; 29 (6)