

## Wilson Captein, PhD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Department of Psychiatry and Behavioral Sciences**

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### Bio

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#### BIO

Dr. Wilson Captein is a fellowship-trained psychologist with Stanford Health Care. He is also a clinical associate professor in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine.

Dr. Captein specializes in cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT), and exposure and response prevention (ERP). He adapts these therapies for patients with autism, attention-deficit/hyperactivity disorder (ADHD), obsessive-compulsive disorder (OCD), and related disorders. He also tailors these treatment modalities to patients in the LGBTQ+ community by focusing on the impact of minority stress. Across all treatment modalities, he emphasizes compassion-focused therapy that prioritizes the therapeutic relationship via transparency, genuineness, and a non-hierarchical, collaborative dynamic.

Dr. Captein's research interests include sexual identity, sexual health, and alternative sexualities. He has presented to peers at national and international conferences, including annual meetings for the Society for Sex Therapy and Research, the Society for Personality and Social Psychology, and the Midwestern Psychological Association.

#### CLINICAL FOCUS

- Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### HONORS AND AWARDS

- Graduate Teaching Assistant of the Year, University of Vermont
- Phi Beta Kappa Honors Society, Kenyon College
- Ronald Suiter Prize, University of Vermont

#### PROFESSIONAL EDUCATION

- Fellowship: Stanford University Adult Psychology Postdoctoral Fellowship (2025) CA
- Internship: San Jose State University (2024)
- PhD Training: University of Vermont (2024) VT United States of America