



## Tristan Tham, MD

Assistant Professor of Otolaryngology - Head & Neck Surgery  
Otolaryngology (Head and Neck Surgery)

### CONTACT INFORMATION

- **Alternate Contact**

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### Bio

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#### BIO

Dr. Tristan Tham is an Ear, Nose, and Throat (ENT) surgeon and Assistant Professor in the Department of Otolaryngology – Head & Neck Surgery at Stanford University School of Medicine.

Born and raised in Singapore, Dr. Tham earned his medical degree with honors from the Royal College of Surgeons, where he received the Norman Rae Gold Medal for academic excellence and thesis award. Following medical school, he began his career as a junior doctor at Singapore General Hospital, where he was honored with the 'Heart of Gold' Award for achieving the highest patient satisfaction ratings. He then pursued further research training at the New York Head & Neck Institute, where he was eventually promoted to Director of Patient-Oriented Research.

Dr. Tham completed his ENT surgery residency in New York City at the Manhattan Eye, Ear & Throat Hospital, Lenox Hill Hospital, and Long Island Jewish Medical Center. During his residency, he was selected for membership in the Alpha Omega Alpha Honor Medical Society.

As an ENT surgeon, Dr. Tham treats a wide range of head and neck disorders, including sinus issues and obstructive sleep apnea, cancers of the sinus cavity and salivary glands, thyroid and parathyroid disorders, head and neck tumors, and chronic ear conditions. He prioritizes a personalized approach to care, working closely with patients to develop individualized treatment plans that address their unique needs.

Dr. Tham's contributions to the medical field extend beyond his clinical practice. He has authored over 180 publications, abstracts, and presentations. He currently serves as Associate Editor for Otolaryngology – Head & Neck Surgery, the official journal of the American Academy of Otolaryngology.

Beyond his work in the clinic, Dr. Tham is committed to giving back through pro bono efforts in underserved regions around the world. He has participated in multiple medical missions abroad, reflecting his dedication to making a difference beyond his practice.

When he's not at work, Dr. Tham enjoys reading, weightlifting, and exploring the beautiful nature of Northern California with his wife and son.

## ACADEMIC APPOINTMENTS

- Assistant Professor - University Medical Line, Otolaryngology (Head and Neck Surgery)

## BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Academy of Otolaryngology - Head & Neck Surgery (2017 - present)
- Associate Editor, Otolaryngology - Head & Neck Surgery (2022 - present)
- Associate Editor, OTO Open (2024 - present)
- Member, Alpha Omega Alpha Honor Society (2022 - present)

## PROFESSIONAL EDUCATION

- MD, Royal College of Surgeons , Medicine and Surgery
- Fellow, New York Head and Neck Institute , Head and Neck Cancer
- Resident, Manhattan Eye, Ear, and Throat Hospital Lenox Hill Hospital Long Island Jewish Hospital , Otolaryngology - Head & Neck Surgery Residency

## LINKS

- Google Scholar: <https://scholar.google.com/citations?user=t8QSpa4AAAAJ>

## Publications

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### PUBLICATIONS

- **A Novel Risk Stratification Tool for Sinonasal Inverted Papilloma Recurrence: Multi-Institutional Nomogram Incorporating Dysplasia Severity.** *International forum of allergy & rhinology*  
Tham, T., Giannaris, P., Kokabee, M., Kim, A., Wilensky, J., Tsang, C., Wang, B. Y., Panara, K., Kuan, E. C., Papagiannopoulos, P., Tajudeen, B., Eide, J. G., Craig, et al  
2026
- **Is the Risk of Clinically Significant Hemorrhage Following Tonsillectomy Greater in Adults Than Children?** *The Laryngoscope*  
Tham, T., Megwalu, U. C.  
2025
- **Functional and radiological sinonasal outcomes of CFTR modulators for sinus disease in cystic fibrosis: A meta-analysis.** *International forum of allergy & rhinology*  
Tham, T., Li, F. A., Schneider, J. R., Saleem, M. I., Werner, M. T., Chaskes, M. B., Tong, C. C., Fastenberg, J. H.  
2024
- **Machine Learning Methods in Classification of Prolonged Radiation Therapy in Oropharyngeal Cancer: National Cancer Database.** *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*  
Ahn, S., Oh, E. J., Saleem, M. I., Tham, T.  
2024
- **Impact of Treatment Parameters on Racial Survival Differences in Oropharyngeal Cancer: National Cancer Database Study.** *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*  
Zhu, D., Wong, A., Oh, E. J., Ahn, S., Wotman, M., Sahai, T., Bottalico, D., Frank, D., Tham, T.  
2022; 166 (6): 1134-1143
- **The Prevalence of Olfactory and Gustatory Dysfunction in COVID-19 Patients: A Systematic Review and Meta-analysis.** *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*  
Tong, J. Y., Wong, A., Zhu, D., Fastenberg, J. H., Tham, T.  
2020; 163 (1): 3-11
- **Intra-arterial cetuximab for the treatment of recurrent unresectable head and neck squamous cell carcinoma†.** *Journal of experimental therapeutics & oncology*  
Tham, T., White, T. G., Chakraborty, S., Lall, R. R., Ortiz, R., Langer, D. J., Shatzkes, D., Filippi, C. G., Kraus, D., Boockvar, J. A., Costantino, P. D.

2016; 11 (4): 293-301

- **Sinonasal Inverted Papilloma and Clinical Significance of Dysplasia: A Multi-Institutional Study** *LARYNGOSCOPE*  
Kim, A. H., Tham, T., Giannaris, P. S., Kokabee, M., Wilensky, J., Tsang, C., Wang, B. Y., Panara, K., Kuan, E. C., Papagiannopoulos, P., Tajudeen, B., Eide, J. G., Craig, et al  
2025
- **Frontal Sinus Inverted Papilloma: Surgical Challenges and Outcomes of a Multi-Institutional Cohort.** *The Laryngoscope*  
Tham, T., Kim, A. H., Wilensky, J., Tsang, C., Giannaris, P. S., Wang, B. Y., Panara, K., Christian, Z., Kuan, E. C., Papagiannopoulos, P., Tajudeen, B., Eide, J. G., Craig, et al  
2025
- **Synchronous yet distinct HPV-associated sinonasal carcinomas on an immune-dysfunctional background.** *Journal of surgical case reports*  
Thomas, J., Giannaris, P., Lee, K., Gomez Marti, J. L., Tham, T., Pollack, A. Z., Westra, W. H., Opher, E., Tong, C. C.  
2025; 2025 (9): rjaf693
- **Leveraging two-phase data for improved prediction of survival outcomes with application to nasopharyngeal cancer.** *Biometrics*  
Oh, E. J., Ahn, S., Tham, T., Qian, M.  
2025; 81 (2)
- **Methodology of cHPV-DNA Detection in Head and Neck Cancer: A Systematic Review and Meta-analysis** *OTOLARYNGOLOGY-HEAD AND NECK SURGERY*  
Thomas, J., Mazzara, E., Guller, M., Landsberger, H., Tham, T., Cooper, D., Pereira, L., Kamdar, D., Frank, D., Miles, B., Mandal, R.  
2024
- **Selective Laser Trabeculoplasty Outcomes in Phakic and Pseudophakic Patients: A Meta-Analysis.** *Journal of current ophthalmology*  
Kumbhani, R., Wong, A., Zhu, A., Shah, P., Tham, T., Anwar, F., Zhu, D.  
2024; 36 (3): 242-251
- **Outcomes of Chandelier-Assisted Scleral Buckling in Rhegmatogenous Retinal Detachments: Systematic Review and Meta-analysis.** *Journal of vitreoretinal diseases*  
Zhu, D., Wong, A., Jiao, G., Zhang, C., Yakobashvili, D., Zhu, E., Tham, T., Lieberman, R.  
2024; 8 (2): 158-167
- **Management of Extruded Porous High-density Polyethylene Implant in the Internal Nasal Valve.** *Plastic and reconstructive surgery. Global open*  
Diaz, A. M., Tham, T., Saleem, M. I., Ponder, B., Georgolios, A.  
2022; 10 (11): e4647
- **The jaw-dropping costs of oral cavity cancer malpractice.** *Head & neck*  
Wong, A., Zhu, D., Tong, J. Y., Ko, A., Tham, T., Kraus, D.  
2021; 43 (10): 2869-2875
- **The impact of the COVID-19 pandemic on otolaryngologic emergency department visits at two major NYC hospital systems** *AMERICAN JOURNAL OF OTOLARYNGOLOGY*  
Patel, V. M., Kominsky, E., Tham, T., Bottalico, D., Setzen, M., Ferastraoaru, D., Akbar, N., Fastenberg, J. H.  
2021; 42 (5): 103123
- **The paralyzing legal costs of facial nerve injury in head and neck tumors.** *American journal of otolaryngology*  
Zhu, D., Wong, A., Tham, T., Kraus, D.  
2020; 41 (6): 102693
- **MLKL-dependent epithelial-to-mesenchymal transition in nasopharyngeal carcinoma: a novel finding and avenues for future research.** *Annals of translational medicine*  
Tham, T.  
2020; 8 (5): 153
- **Systemic immune response in squamous cell carcinoma of the head and neck: a comparative concordance index analysis.** *European archives of oto-rhino-laryngology : official journal of the European Federation of Oto-Rhino-Laryngological Societies (EUFOS) : affiliated with the German Society for Oto-Rhino-Laryngology - Head and Neck Surgery*  
Tham, T., Wotman, M., Chung, C., Ahn, S., Dupuis, H., Gliagias, V., Movsesova, T., Kraus, D., Costantino, P.

2019; 276 (10): 2913-2922

- **Platelet-Lymphocyte Ratio as a Predictor of Prognosis in Head and Neck Cancer: A Systematic Review and Meta-Analysis.** *Oncology research and treatment*  
Bardash, Y., Olson, C., Herman, W., Khaymovich, J., Costantino, P., Tham, T.  
2019; 42 (12): 665-677
- **Anaphylactoid hypersensitivity reaction from intra-arterial cetuximab: Clinical considerations and management.** *SAGE open medical case reports*  
Bardash, Y., Tham, T., Olson, C., Khaymovich, J., Costantino, P.  
2019; 7: 2050313X18823447
- **Neuroradiological and Neuropathological Changes After 177Lu-Octreotate Peptide Receptor Radionuclide Therapy of Refractory Esthesioneuroblastoma.** *Operative neurosurgery (Hagerstown, Md.)*  
Schneider, J. R., Shatzkes, D. R., Scharf, S. C., Tham, T. M., Kulason, K. O., Buteau, F. A., Del Prete, M., Chakraborty, S., Anderson, T. A., Asiry, S., Beauregard, J. M., Langer, D. J., Costantino, et al  
2018; 15 (6): 100-109
- **Neutrophil-to-lymphocyte ratio as a prognostic indicator in head and neck cancer: A systematic review and meta-analysis.** *Head & neck*  
Tham, T., Bardash, Y., Herman, S. W., Costantino, P. D.  
2018; 40 (11): 2546-2557
- **Analysis of bone healing with a novel bone wax substitute compared with bone wax in a porcine bone defect model.** *Future science OA*  
Tham, T., Roberts, K., Shanahan, J., Burban, J., Costantino, P.  
2018; 4 (8): FSO326
- **The Laparoscopically Harvested Omental Free Flap: A Compelling Option for Craniofacial and Cranial Base Reconstruction.** *Journal of neurological surgery. Part B, Skull base*  
Costantino, P. D., Shamouelian, D., Tham, T., Andrews, R., Dec, W.  
2017; 78 (2): 191-196
- **Erratum: The Laparoscopically Harvested Omental Free Flap: A Compelling Option for Craniofacial and Cranial Base Reconstruction.** *Journal of neurological surgery. Part B, Skull base*  
Costantino, P. D., Shamouelian, D., Tham, T., Andrews, R., Dec, W.  
2017; 78 (2): e5
- **The Laparoscopically Harvested Omental Free Flap: A Compelling Option for Craniofacial and Cranial Base Reconstruction (vol 78, pg 191, 2017)** *JOURNAL OF NEUROLOGICAL SURGERY PART B-SKULL BASE*  
Costantino, P. D., Shamouelian, D., Tham, T., Andrews, R., Dec, W.  
2017; 78 (2): E5
- **Multiportal Combined Transorbital and Transnasal Endoscopic Resection of Fibrous Dysplasia.** *Journal of neurological surgery reports*  
Tham, T., Costantino, P., Bruni, M., Langer, D., Boockvar, J., Singh, P.  
2015; 76 (2): e291-6
- **Probable Immunoglobulin Subtype-G4-Related Disease in the Head and Neck from Foreign Body Injection: A Case Report.** *Journal of neurological surgery reports*  
Highstein, M. J., Mallen, J., Tham, T., Brennan, T., Boubour, A., Opher, E., Wolf, V., Singh, P., Costantino, P.  
2015; 76 (2): e265-9