Stanford



Lauren Sue Grossman

Clinical Assistant Professor, Medicine - Primary Care and Population Health

Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Stanford Internal Medicine**

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Bio

CLINICAL FOCUS

- Emergency Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Affiliate, Stanford Center for Human and Planetary Health (2025 - present)
- Board Member, Trust Women (2025 - present)

PROFESSIONAL EDUCATION

- Diploma, University of Colorado Anschutz Medical Campus , Climate and Health (2024)
- Board Certification: Lifestyle Medicine, American Board of Lifestyle Medicine (2022)
- Board Certification: Integrative Medicine, American Board of Integrative Holistic Medicine (2018)
- Fellowship: University of Arizona Center for Integrative Medicine (2015) AZ
- Board Certification: Emergency Medicine, American Board of Emergency Medicine (1997)
- Residency: John H Stroger Hospital of Cook County Emergency Medicine Residency (1996) IL
- Residency: Mount Sinai Hospital Dept of Neurosurgery (1992) NY
- Internship: Mount Sinai School of Medicine (1991) NY
- Medical Education: Icahn School of Medicine at Mount Sinai (1990) NY

COMMUNITY AND INTERNATIONAL WORK

- Health Kids, Brighter Future, Zambia

Teaching

COURSES

2026-27

- Solutions in Human and Planetary Health: Mitigation, Adaptation and Resilience: EARTHSYS 171M, EARTHSYS 271M, MED 171, MED 271 (Spr)
- Surviving a Changing Climate: A Case-Based Approach to Climate Medicine: MED 158 (Win)

2025-26

- Solutions in Human and Planetary Health: Mitigation, Adaptation and Resilience: EARTHSYS 171M, EARTHSYS 271M, MED 171, MED 271 (Spr)

Publications

PUBLICATIONS

- **Low-dose aripiprazole for long COVID symptom management: A retrospective observational study** *BRAIN BEHAVIOR & IMMUNITY-HEALTH*
  Cui, J., Kalaycioglu, M., Mejia, G., Tian, L., Geng, L. N., McComsey, G., Macorni, V., Ballon, J., Chopra, A., Quach, T. C., Grewal, M., Paleru, A., Xin, et al
  2026; 58

- **Can Low Cortisol Predict Long COVID? A Controversial Issue.** *Biomedicines*
  Quach, T. C., Wilson, A., Sum-Ping, O., Lomba, S., Geng, L. N., Shafer, R., Miglis, M. G., Yang, P. C., Grossman, L., Ricciardiello, G., Bonilla, H.
  2025; 13 (11)

- **Health Care Utilization in an Academic Integrative Medicine Center, 2011-2022** *JOURNAL OF INTEGRATIVE AND COMPLEMENTARY MEDICINE*
  Carroll, J. K., Gaona, G., Dong-Cedar, D., Williamson, T. J., Corbin, L. W., Nuffer, M., Pace, W. D., Palmer, C., Whalen, J., Shefferman, M., Nguyen, T., Valdez, C. M., Grossman, et al
  2025

- **Can Low Cortisol Predict Long COVID? A Controversial Issue** *Biomedicines*
  Quach, T. C., Wilson, A., Sum-Ping, O., Lomba, S., Geng, L. N., Shafer, R., Miglis, M. G., Yang, P. C., Grossman, L., Ricciardiello, G., Bonilla, H.
  2025; 13 (11): 2636

- **Post-COVID-19 Vaccination and Long COVID: Insights from Patient-Reported Data** *VACCINES*
  Quach, T. C., Miglis, M. G., Tian, L., Bonilla, H., Yang, P. C., Grossman, L., Paleru, A., Xin, V., Tiwari, A., Shafer, R. W., Geng, L. N.
  2024; 12 (12)

- **The Climate Crisis and Breastfeeding: Opportunities for Resilience.** *Journal of human lactation : official journal of International Lactation Consultant Association*
  Cerceo, E., Saxer, K., Grossman, L., Shapley-Quinn, K., Feldman-Winter, L.
  2024; 40 (1): 33-50

- **Moving From In-Person to Telehealth Group Visits for a Mindful-Eating Healthy Nutrition Program.** *Annals of family medicine*
  Carroll, J. K., Finn, L., Scharer, K., Kiel, L., Kiel, A., Callen, E., Callister, E., Campbell, I., Anderson, E., Grossman, L., Landin, C., Nederveld, A.
  2021; 19 (5): 466

- **COVID-19 Vaccine: All Patients Should Get It**
  Grossman, L.
  STAT News.
  2020 ; First Opinion