Stanford



Cassandra Gross

Clinical Assistant Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Senior Care**

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Bio

BIO

Dr. Cassandra Gross is a physician specializing in internal medicine and geriatric medicine, with a clinical focus on post-acute and long-term care. Dr. Gross is passionate about empowering older adults to make healthcare decisions that reflect what matters most to the individual and collaborating with interdisciplinary teams to deliver high quality care. Her academic interests include medical education in the skilled nursing facility setting, improving LGBT+ care across the continuum of care, and optimizing nutrition in older adults. She leads a Sustainable Practices Curriculum for geriatrics fellows to help foster self- reflection and career resilience.

CLINICAL FOCUS

- Geriatric Medicine
- Post-Acute Care

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

HONORS AND AWARDS

- Gold Humanism Honor Society, USF Health Morsani College of Medicine (2024)
- Alpha Omega Alpha Honor Society, USF Health Morsani College of Medicine (2023)

PROFESSIONAL EDUCATION

- Board Certification: Geriatric Medicine, American Board of Internal Medicine (2025)
- Fellowship: Stanford University Geriatric Medicine Fellowship (2025) CA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2024)
- Residency: University of Southern Florida (2024) FL
- Medical Education: Zucker School of Medicine at Hofstra Northwell GME Program (2021) NY

Publications

PUBLICATIONS

- **The Boldness of the Biopsy in a Case of Organizing Pneumonia.** *The American journal of medicine*
  Martin, D., Cobb, J. K., Gross, C. A.
  2024; 137 (4): 308-310

- **A Quality Improvement Project of Increasing Utilization of SGLT2i in Patients With Heart Failure Within a Veterans Affairs Health System Through an Interdisciplinary Approach in the Primary Care Setting**
  Baviriseaty, N., Parza, K., Gross, C., Nehaul, R.
  LIPPINCOTT WILLIAMS & WILKINS.2023

- **Impact of Organized Palliative Didactic Curriculum on Internal Medicine Resident Comfort with Topics in Palliative Care**
  Ouellette, M., Gross, C., Oller, K., Cacioppo, J., Morris, A., Braverman, J.
  ELSEVIER SCIENCE INC.2023: E625-E626

- **A novel approach for assigning levels to monkey and human lumbosacral spinal cord based on ventral horn morphology.** *PloS one*
  Gross, C., Ellison, B., Buchman, A. S., Terasawa, E., VanderHorst, V. G.
  2017; 12 (5): e0177243