



## Amy Li Matecki

Adjunct Clinical Instructor, Anesthesiology, Perioperative and Pain Medicine

### CLINICAL OFFICE (PRIMARY)

- **Pain Management Clinic**

450 Broadway St

Pavilion A 1st Fl MC 5340

Redwood City, CA 94063

Tel (650) 723-6238 Fax (650) 721-3417

### Bio

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#### BIO

Dr. Amy (Ying Li) Matecki has been licensed to practice medicine in California since 2002 and completed her Internal Medicine Residency as Chief Resident at Highland Hospital, Alameda Health System, a UCSF affiliate, in 2004. She received her degree in Acupuncture and Chinese medicine from ACCHS in 2009. She was a Faculty Attending Physician at Department of Medicine Residency at Highland Hospital from 2004 to 2019 and Chief of the Integrative Medicine Division from 2014 to 2019. She and her colleagues from allopathic medicine and Chinese Medicine created hospital privilege policy for licensed acupuncturists in 2011 and designed policies, procedures and training methods for acupuncturists to join the medical staff to provide inpatient acupuncture services at Highland Hospital. She helped to create the first Traditional Chinese Medicine (TCM) Residency from 2016 to 2019 at Alameda Health System Highland Hospital. Graduates from this residency program are able to work in allopathic academic teaching hospitals' inpatient care and outpatient medical centers.

In addition to serving in the public hospital, Dr. Matecki joined Alta Bates Summit Medical Center (ABSMC) Comprehensive Cancer Center in 2004 where she started a community hospital-based acupuncture program to bridge Eastern and Western Medicine. She has been the Medical Director of Integrative Medicine at ABSMC since 2008. Integrating Chinese Medicine into conventional oncology practice, Dr. Matecki and her team not only provide clinical care but also present and publish their findings on safety from using acupuncture and integrative medicine to reduce the pain, nausea and anxiety that frequently accompanies conventional cancer treatments. In many case level observations, Dr. Matecki and her team note that the integration of Chinese Medicine may enhance cancer patients' quality of life.

Dr. Matecki was the principal investigator (PI) for acupuncture research for chronic post-chemotherapy fatigue in collaboration with Memorial Sloan-Kettering Cancer Center in New York. She presented her study on the safety of acupuncture for patients with lymphedema at the American Society of Clinical Oncology Breast Cancer Symposium in October 2009. She was co-investigator in a public hospital that studied acupuncture feasibility for Intensive Care Unit (ICU) patients which was published in the Journal of Alternative and Complementary Medicine (JACM) in 2017. She is the current PI for a Chinese herbal medicine research project at ABSMC. Following her team's previous success at Highland hospital, she pioneered the first Sutter

Bay Hospital Integrative Medicine TCM Residency training program at Alta Bates Summit Medical Center in 2023. <https://vitals.sutterhealth.org/east-meets-west-health-system-launches-its-first-traditional-chinese-medicine-clinical-training-program/>

Dr. Matecki is an Adjunct Clinical Faculty at Stanford Health Care, a member of the American Society of Clinical Oncology (ASCO), Society of Integrative Oncology (SIO); Fellow of the American College of Physicians (FACP); Co-founder of International Center for Integrative Medicine (ICIM); Board member of Society of Chinese American Physician Entrepreneurs (SCAPE); House delegate for California Medical Association (CMA). Matecki is currently serving on the State California Acupuncture Board, first appointed by Governor Jerry Brown in 2016, reappointed by Brown in 2017 and Governor Gavin Newsom in 2021. She served as the California Acupuncture Board President from 2017-2021 and the current board member. [https://www.acupuncture.ca.gov/about\\_us/member\\_profiles.shtml#matecki](https://www.acupuncture.ca.gov/about_us/member_profiles.shtml#matecki). She continues to work on policy and safety guidelines for hospital-based Acupuncture and Integrative Medicine practice with a multidisciplinary team of physicians, nursing staff, acupuncturists and hospital administrators.

## **CLINICAL FOCUS**

- Internal Medicine
- Integrative Medicine
- Acupuncture
- Cancer supportive care
- Pain Management
- Women's Health

## **PROFESSIONAL EDUCATION**

- Board Certification: Internal Medicine, American Board of Internal Medicine (2004)
- Master of Science, Academy of Chinese Culture and Health Sciences , Acupuncture and Traditional Chinese Herbal Medicine (2009)
- Residency: Alameda County Highland Hospital Internal Medicine Residency (2004) CA
- Medical Education: Qingdao University Qingdao Medical College (1989) China