



Maia Winkel

Clinical Instructor, Emergency Medicine

CLINICAL OFFICE (PRIMARY)

- **Stanford Adult Emergency Department**

1199 Welch Rd

Palo Alto, CA 94304

Tel (650) 723-5111

Fax (650) 721-3448

Bio

BIO

Maia Winkel, MD is the current Stanford Physician Wellness Fellow, as well as a Clinical Instructor in the Department of Emergency Medicine at Stanford School of Medicine. In addition, she is both a Stanford Health Professions Education and Scholarship (SHAPES) Program Honors Scholar and a member of the Stanford Biodesign Faculty Fellowship. Prior to this, she completed Emergency Medicine residency at the Jacobi and Montefiore Medical Centers in the Bronx, NY, where she was Chief Resident. She holds a Masters in Bioethics from Columbia University.

CLINICAL FOCUS

- Emergency Medicine

ACADEMIC APPOINTMENTS

- Clinical Instructor, Emergency Medicine

PROFESSIONAL EDUCATION

- Residency: Jacobi Montefiore Medical Centers Emergency Medicine Residency (2024) NY
- Medical Education: Rosalind Franklin University The Chicago Medical School (2020) IL

Publications

PUBLICATIONS

- **Ambient Artificial Intelligence Scribe Adoption and Documentation Time in the Emergency Department.** *Annals of emergency medicine*
Preiksaitis, C., Alvarez, A., Winkel, M., Karamatsu, M., Brown, I., Sama, N., Morris, L., Lee, J., Gubbels, A., Wahl, E., Frye, A., Rose, C.
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- **The SHARP Exam: A Standardized POCUS Approach to Undifferentiated Acute Right Lower Quadrant Abdominal Pain in Young Women.** *POCUS journal*
Halperin, M., Winkel, M., Aiken, A., McNulty, N., Montenegro, M., Shiu, N. L., Dixon, T., McEwan, A., Murk, W., Gartenberg, A.
2025; 10 (2): 63-70
- **From Why to How in Physician Well-Being: Aligning Strategies for Sustainable Cultural Change in Healthcare.** *Rhode Island medical journal*
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Alvarez, A., Winkel, M., Karamatsu, M. L.
2025; 108 (3): 11-15

- **Spontaneous tumor lysis syndrome in a patient with chronic myeloid leukemia treated successfully with allopurinol.** *The American journal of emergency medicine*
Gartenberg, A., Winkel, M., Leonard, N.
2024; 78: 242.e1-242.e3
- **Interpreting the Post-ROSC ECG** *Avoiding Common Errors in the Emergency Department*
Winkel, M., McGregor, M., Winters, M. E., Woolridge, D. P., Marcolini, E., Lu, M., Dubbs, S. B.
Lippincott Williams & Wilkins (LWW).2024; 3: 47-49
- **Evidence-based emergency department management of migraine and other primary headaches.** *Emergency medicine practice*
Panjwani, R., Saini, A. S., Winkel, M., Friedman, B.
2023; 25 (10): 1-24
- **Neuro-surgical considerations for treating IgG4-related disease with rare spinal epidural compression.** *Surgical neurology international*
Winkel, M., Lawton, C. D., Sanusi, O. R., Horbinski, C. M., Dahdaleh, N. S., Smith, Z. A.
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