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Maia Winkel

Clinical Assistant Professor, Emergency Medicine

CLINICAL OFFICE (PRIMARY)

- **Stanford Adult Emergency Department**

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Bio

BIO

Maia Winkel, MD is a Clinical Instructor in the Department of Emergency Medicine at the Stanford School of Medicine. She completed the Stanford Physician Wellness Fellowship, as well as the Stanford Biodesign Faculty Fellowship and the Stanford Health Professions Education and Scholarship (SHAPES) Honors Scholar Program. Before fellowship, she completed residency at Jacobi/Montefiore Emergency Medicine in the Bronx, NY, where she was Chief Resident. She also holds a Master's in Bioethics from Columbia University. She is interested in physician wellness, workplace efficiency, medical ethics, procedural confidence and competence, and biodesign.

CLINICAL FOCUS

- Emergency Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Emergency Medicine

PROFESSIONAL EDUCATION

- Residency: Jacobi Montefiore Medical Centers Emergency Medicine Residency (2024) NY
- Medical Education: Rosalind Franklin University The Chicago Medical School (2020) IL

Publications

PUBLICATIONS

- **Ambient AI Scribes and Emergency Department Documentation Burden: Retrospective Cohort Study.** *JMIR AI*
  Preiksaitis, C., Alvarez, A., Winkel, M., Karamatsu, M., Brown, I., Sama, N., Morris, L., Lee, J. Y., Gubbels, A., Wahl, E., Frye, A., Schoeffler, A., Gharahbaghian, et al
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- **Ambient Artificial Intelligence Scribe Adoption and Documentation Time in the Emergency Department.** *Annals of emergency medicine*
  Preiksaitis, C., Alvarez, A., Winkel, M., Karamatsu, M., Brown, I., Sama, N., Morris, L., Lee, J., Gubbels, A., Wahl, E., Frye, A., Rose, C.
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- **The SHARP Exam: A Standardized POCUS Approach to Undifferentiated Acute Right Lower Quadrant Abdominal Pain in Young Women.** *POCUS journal*
  Halperin, M., Winkel, M., Aiken, A., McNulty, N., Montenegro, M., Shiu, N. L., Dixon, T., McEwan, A., Murk, W., Gartenberg, A.
  2025; 10 (2): 63-70
- **From Why to How in Physician Well-Being: Aligning Strategies for Sustainable Cultural Change in Healthcare.** *Rhode Island medical journal (2013)*
  Alvarez, A., Winkel, M., Karamatsu, M. L.
  2025; 108 (3): 11-15
- **Spontaneous tumor lysis syndrome in a patient with chronic myeloid leukemia treated successfully with allopurinol.** *The American journal of emergency medicine*
  Gartenberg, A., Winkel, M., Leonard, N.
  2024; 78: 242.e1-242.e3
- **Interpreting the Post-ROSC ECG** *Avoiding Common Errors in the Emergency Department*
  Winkel, M., McGregor, M., Winters, M. E., Woolridge, D. P., Marcolini, E., Lu, M., Dubbs, S. B.
  Lippincott Williams & Wilkins (LWW).2024; 3: 47-49
- **Evidence-based emergency department management of migraine and other primary headaches.** *Emergency medicine practice*
  Panjwani, R., Saini, A. S., Winkel, M., Friedman, B.
  2023; 25 (10): 1-24
- **Neuro-surgical considerations for treating IgG4-related disease with rare spinal epidural compression.** *Surgical neurology international*
  Winkel, M., Lawton, C. D., Sanusi, O. R., Horbinski, C. M., Dahdaleh, N. S., Smith, Z. A.
  2018; 9: 209