Stanford



Robert C Oh

Clinical Associate Professor (Affiliated), Medicine - Primary Care and Population Health

Bio

BIO

Robert C. Oh, MD, MPH, CAQSM, FAAFP, is a board-certified Family Medicine physician and fellowship-trained Primary Care Sports Medicine specialist at the VA Palo Alto Health Care System and Clinical Associate Professor (Affiliated) at Stanford University School of Medicine.

His clinical practice focuses on non-operative musculoskeletal and sports medicine, including overuse injuries, tendon disorders, and ultrasound-guided procedures such as platelet-rich plasma injections and shockwave therapy. He cares for Veterans, active duty service members, and athletes of all levels, with particular expertise in exertional heat illness and performance-related conditions.

Dr. Oh integrates primary care, metabolic health, and lifestyle medicine into his sports medicine practice and is active in resident and fellow education at Stanford. He is a retired U.S. Army Colonel with extensive experience caring for tactical athletes.