Stanford



Sajid Jalil

Clinical Associate Professor, Medicine - Gastroenterology & Hepatology

CLINICAL OFFICE (PRIMARY)

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Bio

BIO

Dr. Jalil is a board-certified, fellowship-trained transplant hepatologist (liver doctor) and gastroenterologist at the Stanford Health Care Digestive Health Center in San Jose, California. He is also a clinical associate professor in the Department of Medicine, Division of Gastroenterology and Hepatology, at Stanford University School of Medicine.

Dr. Jalil has extensive experience helping patients with a range of liver- and digestion-related conditions. He specializes in liver transplantation, and his other clinical interests include all forms of hepatitis, cirrhosis of the liver, fatty liver disease, polycystic liver disease, and primary sclerosing cholangitis (swelling and scarring of the bile ducts). He has also volunteered in initiatives to offer free colonoscopy and hepatitis B screenings to underserved ethnic populations.

His research interests include improving mental health by enhancing treatment access for patients with alcohol use disorder causing alcoholic liver disease. He has also studied swallowing problems, liver disease in pregnancy, living liver donation, and the use of artificial intelligence in treating nonalcoholic fatty liver disease and viral hepatitis. In addition, Dr. Jalil wrote a chapter on bile secretion and cholestasis (diminished bile flow) for the fifth edition of Yamada’s Textbook of Gastroenterology.

Dr. Jalil has published in numerous peer-reviewed journals, including World Journal of Hepatology, Liver Transplantation, and the Journal of Clinical Gastroenterology. Additionally, he has served as a reviewer for Pancreatology and as an abstract reviewer for the American Gastroenterological Association (AGA) and the Ohio Chapter of the American College of Physicians. He has presented his research at meetings and conferences worldwide on a range of topics, including the timing of pregnancy after liver transplantation.

Dr. Jalil is an AGA fellow and a member of the American Association for the Study of Liver Diseases, American College of Gastroenterology, and American Society for Gastrointestinal Endoscopy.

CLINICAL FOCUS

- Hepatology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Gastroenterology & Hepatology

HONORS AND AWARDS

- Best Poster and Travel Award, American College of Gastroenterology
- First Place, 2006 Annual Fellows Meeting, Texas Gulf Coast Gastroenterological Society
- Educational Enrichment Award, Herzog Foundation
- Presidential Poster Award, American College of Gastroenterology
- June & Donald O. Castell, MD, Esophageal Clinical Research Award, American Gastroenterological Association

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2018)
- Board Certification: Transplant Hepatology, American Board of Internal Medicine (2010)
- Board Certification: Gastroenterology, American Board of Internal Medicine (2007)
- Fellowship: University of Texas Medical Branch Gastroenterology Fellowship (2007) TX
- Fellowship: Integris Health Nazih Zuhdi Transplant Institute (2003) OK
- Residency: University of North Dakota Internal Medicine Residency (1995) ND
- Medical Education: Aga Khan University Medical College (1990) Pakistan

Publications

PUBLICATIONS

- **Nonintensive Care Unit Norepinephrine as an Alternative to Terlipressin in Hepatorenal Syndrome-Acute Kidney Injury.** *Gastro hep advances*
  Rajasekaran, V., Cheng, X. S., Akama-Garren, E., Garcia, J., Phillips, J., Deng, K., Wang, U., Sola, E., Jalil, S., Kwo, P., Kwong, A. J.
  2026; 5 (11): 101096

- **Sodium Glucose Co-Transporter 2 Inhibitors Use in Diabetic Patients with Cirrhosis Improves Liver-related Outcomes and Survival.** *Clinical and translational gastroenterology*
  Jalil, S., Bari, K., Mumtaz, K., Ibrahim, A., Bhatti, T. K., Pothuraju, S., Adam, M., Magon, H. S., Duong, N., Kwo, P. Y.
  2026

- **Pharmacologic management of metabolic and alcohol-associated liver disease** *METABOLISM AND TARGET ORGAN DAMAGE*
  Pagadala, M., Jalil, S., Dunn, N., Singal, A. K.
  2026; 6 (2)

- **Adenoma detection rates during screening colonoscopy performed by interventional gastroenterologists and general gastroenterologists.** *iGIE : innovation, investigation and insights*
  Burlen, J., Culp, S., Messer, M., Stanich, P. P., Papachristou, G., Krishna, S., Han, S., Groce, R., Jalil, S., Lee, P., Shah, H., Lara, L.
  2026; 5 (1): 37

- **Transient Elastography and Fibroscan: Stethoscope of a Hepatologist in Today's World.** *Current hepatology reports*
  Jalil, S., Pagadala, M., Dunn, N., Blaney, H., Elfeki, M., Thakral, N., Singal, A. K.
  2025; 24 (1)

- **Met-ALD and ALD- Does Differentiating These Impact Management and Clinical Outcomes?** *CURRENT HEPATOLOGY REPORTS*
  Elmustafa, F., Tyagi, M., Kaur, H., Blaney, H., Xie, C., Jalil, S., Singal, A. K.
  2025; 24 (1)

- **Heart of the Matter: Uncovering the Link Between Heart Failure and Cirrhosis Mortality.** *Digestive diseases and sciences*
  Jalil, S., Mumtaz, K.
  2025

- **Utility of Advanced Age as a Predictor of Outcomes in Patients Undergoing Transjugular Intrahepatic Portosystemic Shunt** *DIGESTIVE DISEASES AND SCIENCES*
  Waidyaratne, G., Jalil, S., Liu, A., Liyanarachchi, S., Makary, M. S., Rikabi, A., Acharya, C., Mendiratta, V., Peng, J., Ma, J., Mumtaz, K.
  2025

- **Impact of Sex on Liver Transplant Waitlist and Post-Transplant Outcome by Disease Etiology**
  Xie, C., Jalil, S., Elfeki, M. A., Awadalla, M., Ismail, A., Bhandari, P., Mohammed, S., Wong, R., Younossi, Z., Dunn, W., Singal, A.
  LIPPINCOTT WILLIAMS & WILKINS.2024: S1215

- **PRE-TRANSPLANT ORAL MIDODRINE EXPOSURE DOES NOT AFFECT MORTALITY AMONG LIVER TRANSPLANT RECIPIENTS**
  Achalu, S., Manikat, R., Gedallovich, S., Sedki, M., Duong, N., Gougol, A., Jalil, S., Masuoka, H., Sands, R., Singal, A., Kwo, P.
  LIPPINCOTT WILLIAMS & WILKINS.2024: S1049

- **Waitlist and posttransplant outcomes of pregnancy-related acute liver failure in the United States** *LIVER TRANSPLANTATION*
  Jalil, S., Elfeki, M. A., Kiefer, M. K., Kuo, Y., Singal, A. K.
  2023

- **Feasibility of single-session endoscopic ultrasound-guided liver biopsy and endoscopic retrograde cholangiopancreatography in liver transplant recipients with abnormal liver function tests** *CLINICAL ENDOSCOPY*
  Han, S., Jalil, S., Groce, J. R., Krishna, S. G., Lee, P. J., Lara, L., Papachristou, G. I., Mumtaz, K.
  2023; 56 (6): 823-826

- **Pharmacologic management of metabolic and alcohol-associated liver disease.** *Metabolism and target organ damage*
  Pagadala, M., Jalil, S., Dunn, N., Singal, A. K.
  2026; 6 (2)

- **Transient Elastography and Fibroscan: Stethoscope of a Hepatologist in Today's World** *CURRENT HEPATOLOGY REPORTS*
  Jalil, S., Pagadala, M., Dunn, N., Blaney, H., Elfeki, M., Thakral, N., Singal, A. K.
  2025; 24 (1)

- **WAITLIST AND POST-TRANSPLANT OUTCOMES OF PREGNANCY-RELATED ACUTE LIVER FAILURE IN THE US (1987-2021)**
  Jalil, S., Elfeki, M. A., Arshad, M., Panneerselvam, D., Kuo, Y., Arab, J., Wong, R. J., Younossi, Z. M., Singal, A. K.
  LIPPINCOTT WILLIAMS & WILKINS.2023: S1975-S1976

- **Outcomes of Nonvariceal Upper Gastrointestinal Bleeding in Patients With Cirrhosis: A National Analysis.** *Journal of clinical gastroenterology*
  Kruger, A. J., Abougergi, M. S., Jalil, S., Sobotka, L. A., Wellner, M. R., Porter, K. M., Conteh, L. F., Kelly, S. G., Mumtaz, K.
  2023; 57 (8): 848-853

- **Dilation balloon-occlusion technique for EUS-guided gastrojejunostomy.** *VideoGIE : an official video journal of the American Society for Gastrointestinal Endoscopy*
  Han, S., Groce, J. R., Jalil, S., Krishna, S. G., Lara, L. M., Lee, P. J., Shah, H., Papachristou, G. I.
  2023; 8 (8): 313-315

- **Randomized intervention and outpatient follow-up lowers 30-d readmissions for patients with hepatic encephalopathy, decompensated cirrhosis.** *World journal of hepatology*
  Pusateri, A., Litzenberg, K., Griffiths, C., Hayes, C., Gnyawali, B., Manious, M., Kelly, S. G., Conteh, L. F., Jalil, S., Nagaraja, H. N., Mumtaz, K.
  2023; 15 (6): 826-840

- **POST-TRANSPLANT OUTCOMES OF LIVER TRANSPLANTATION AMONG SUPER OBESE RECIPIENTS (BMI ≥ 50)**
  Jalil, S., Mumtaz, K., Panneerselvam, D., Kuo, Y., Singal, A. K.
  W B SAUNDERS CO-ELSEVIER INC.2023: S1377

- **WAITLIST AND POST-TRANSPLANT OUTCOMES AMONG PATIENTS WITH KIDNEY DYSFUNCTION: LISTINGS FOR LIVER ALONE VS. SIMULTANEOUS LIVER KIDNEY**
  Jalil, S., Panneerselvam, D., Kuo, Y., Singal, A. K.

W B SAUNDERS CO-ELSEVIER INC.2023: S1377

- **Adverse Events With Esophageal Stenting: A Call to Optimize Device and Endoscopic Placement** *TECHNIQUES AND INNOVATIONS IN GASTROINTESTINAL ENDOSCOPY*
  Ardeshna, D. R., Hussain, F. S., Balasubramanian, G., Papachristou, G. I., Lara, L. F., Groce, J., Han, S., Lee, P. J., Jalil, S., Hinton, A., Krishna, S. G.
  2023; 25 (1): 11-20

- **HEALTH CARE BURDEN AND COSTS FOR PATIENTS WITH ACUTE ON CHRONIC LIVER FAILURE-A NATIONAL SURVEY**
  Jalil, S., Kuo, Y., Chandra, S., Mumtaz, K., Singal, A. K.
  WILEY.2022: S903

- **OUTCOMES OF CANDIDATES LISTED FOR LIVER TRANSPLANT: COMPARING LIVER ALONE VS. SIMULTANEOUS LIVER KIDNEY LISTINGS**
  Chandra, S., Elfeki, M. A., Jalil, S., Kuo, Y., Singal, A. K.
  WILEY.2022: S494-S495

- **IMPACT OF SOCIAL DETERMINANTS OF HEALTH ON WAITLIST MORTALITY AND RECEIVING A LIVER TRANSPLANT AMONG PATIENTS WITH ALCOHOL-ASSOCIATED LIVER DISEASE.**
  Patel, A., Jalil, S., Kuo, Y., Chandra, S., Mumtaz, K., Singal, A. K.
  WILEY.2022: S130-S131

- **Epidemiologic and socioeconomic factors impacting hepatitis B virus and related hepatocellular carcinoma.** *World journal of gastroenterology*
  Gnyawali, B., Pusateri, A., Nickerson, A., Jalil, S., Mumtaz, K.
  2022; 28 (29): 3793-3802

- **Emerging curative-intent minimally-invasive therapies for hepatocellular carcinoma.** *World journal of hepatology*
  Zane, K. E., Nagib, P. B., Jalil, S., Mumtaz, K., Makary, M. S.
  2022; 14 (5): 885-895

- **Call for action: Increased healthcare utilization with growing use of percutaneous cholecystectomy tube over initial cholecystectomy in cirrhotics.** *Hepatobiliary & pancreatic diseases international : HBPD INT*
  Vedachalam, S., Jalil, S., Krishna, S. G., Porter, K., Li, N., Kelly, S. G., Conteh, L., Mumtaz, K.
  2022; 21 (1): 56-62

- **Application of Artificial Intelligence in Non-alcoholic Fatty Liver Disease and Viral Hepatitis** *Artificial Intelligence in Gastroenterol*
  Gunasekharan, A., Jiang, J., Nickerson, A., Jalil, S., Mumtaz, K.
  2022

- **Trends and Health Care Outcomes Among Living Liver Donors: Are We Ready to Expand the Donor Pool With Living Liver Donations?** *Liver transplantation : official publication of the American Association for the Study of Liver Diseases and the International Liver Transplantation Society*
  Jalil, S., Black, S. M., Washburn, K., Rangwani, N., Hinton, A., Kelly, S. G., Conteh, L., Hanje, J., Michaels, A., Mumtaz, K.
  2021; 27 (11): 1603-1612

- **Apprising the choice of bariatric surgery in patients with compensated cirrhosis with morbid obesity: results of a national analysis.** *Updates in surgery*
  Miller, A., Jalil, S., Hussan, H., Kelly, S., Hinton, A., Hanje, J., Michaels, A., Conteh, L., Black, S., Mumtaz, K.
  2021; 73 (5): 1899-1908

- **Long Term Outcomes of TIPS for Patients With Refractory Variceal Bleeding and Ascites: "A Real World Experience" From a Single Large Center**
  Jalil, S., Liu, A., Alexander, V., Rikabi, A., Makary, M., Pervez, R., Kelly, S. G., Conteh, L., Hinton, A., Michaels, A., Hanje, J., Mumtaz, K.
  LIPPINCOTT WILLIAMS & WILKINS.2021: S516

- **ESOPHAGEAL STENT PLACEMENT FOR BENIGN ESOPHAGEAL INDICATIONS IS ASSOCIATED WITH HIGH RATES OF EARLY READMISSION**
  Hussain, F. S., Balasubramanian, G., Hinton, A., Papachristou, G., Han, S., Runge, T. M., Groce, J. R., Jalil, S., Lara, L. F., Krishna, S. G.
  MOSBY-ELSEVIER.2021: AB308

- **Dissecting novel mechanisms of hepatitis B virus-related hepatocellular carcinoma using meta-analysis of public data.**
  Aljabban, J., Rohr, M., Syed, S. A., Cohen, E., Hashi, N., Syed, S., Khorfan, K., Boateng, E., Nemer, M., Panahiazar, M., Hadley, D., Jalil, S., Mumtaz, et al
  LIPPINCOTT WILLIAMS & WILKINS.2021
- **Bariatric Surgery in Patients with Cirrhosis: Careful Patient and Surgery-Type Selection Is Key to Improving Outcomes.** *Obesity surgery*
  Mumtaz, K., Lipshultz, H., Jalil, S., Porter, K., Li, N., Kelly, S. G., Conteh, L. F., Michaels, A., Hanje, J., Black, S., Hussan, H.
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- **A Rare Case of Hyperpigmentation of the Duodenum.** *The American journal of gastroenterology*
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- **Challenges of hepatitis C treatment in Native Americans in two North Dakota medical facilities.** *Rural and remote health*
  Hossain, S., Jalil, S., Guerrero, D. M., Sahmoun, A. E.
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- **Antiviral therapy for recurrent hepatitis C reduces recurrence of hepatocellular carcinoma following liver transplantation.** *Transplant international : official journal of the European Society for Organ Transplantation*
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- **Chronic HBV with pregnancy: reactivation flare causing fulminant hepatic failure.** *Annals of hepatology*
  Singhal, A., Kanagala, R., Jalil, S., Wright, H. I., Kohli, V.
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- **Associations among behavior-related susceptibility factors in porphyria cutanea tarda.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*
  Jalil, S., Grady, J. J., Lee, C., Anderson, K. E.
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- **EUS for portal hypertension: a comprehensive and critical appraisal of clinical and experimental indications** *ENDOSCOPY*
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- **White bile (with video)** *GASTROINTESTINAL ENDOSCOPY*
  Neilan, R. E., Groce, J. R., Jalil, S., Raju, G. S.
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- **Chronic HCV infection causes insulin resistance - a meta-analysis.**
  Jalil, S., Mummadi, R. R., Sood, G. K.
  W B SAUNDERS CO-ELSEVIER INC.2007: A784
- **Associations among susceptibility factors for human porphyria cutanea tarda**
  Jalil, S., Grady, J. J., Anderson, K. E.
  W B SAUNDERS CO-ELSEVIER INC.2007: A788
- **Acute Cholestatic Hepatitis Due To Clarithromycin: Complete Resolution Of A Usually Progressive Disease On Drug Withdrawal** *The Internet Journal of Gastroenterology*
  Jalil, S., Shu-Yuan, X., Weinman, S. A.
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- **Nutritional effects of transjugular intrahepatic portosystemic shunt - An often neglected benefit?**
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  LIPPINCOTT WILLIAMS & WILKINS.2006: S152-S153
- **Anal carcinoma with rectal mucosal involvement: The value of symptom initiated rectal examination**
  Groce, J., Jalil, S., Nath, S., Scott, L.
  LIPPINCOTT WILLIAMS & WILKINS.2006: S370

- **Endoscopic management of duodenal obstruction due to migrated biliary stents**
  Jalil, S., Groce, J. R., Srinivasan, R., Gill, A. S., Kathuria, M., Raju, G. S.
  LIPPINCOTT WILLIAMS & WILKINS.2006: S324
- **Liver ultrasound is not a good predictor of hepatic steatosis and fibrosis**
  Jalil, S., Wood, A., Frachtman, S., Snyder, N., Soloway, R., Ernst, R., Cesani, F.
  LIPPINCOTT WILLIAMS & WILKINS.2006: S170
- **Doppler ultrasound using standardized software is not useful for portal pressure measurement**
  Jalil, S., Snyder, N., Soloway, R., Ozkan, O. S., Ernst, R., Oto, A.
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- **Rectal varices masquerading as a mass**
  Jalil, S., Soloway, R., Wong, R., Bhutani, M. S.
  BLACKWELL PUBLISHING.2005: S191-S192
- **Drugs, Bugs or Cancer? A Case of Cholestatic Hepatitis** *American Journal of Gastroenterology*
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- **Spontaneous rupture of liver in a non-pregnant patient: case report.** *journal of the Oklahoma State Medical Association*
  Jalil, S., Gurakar, A., Sebastian, A., Bader, T., Wright, H., Stokes, K., Nour, B.
  2004; 97 (6): 233-234
- **Effect of interval between swallows on oesophageal pressures and bolus movement in normal subjects - Studies with combined multichannel intraluminal impedance and oesophageal manometry** *NEUROGASTROENTEROLOGY AND MOTILITY*
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  2004; 16 (1): 23-29
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- **Gastric myoelectric changes during REM and Non-REM sleep in healthy volunteers**
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- **Low dose tacrolimus for the treatment of autoimmune hepatitis resistant to standard therapy**
  Jalil, S., Gurakar, A., Wright, H., Bader, T., Sebastian, A., Nour, B.
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- **Compatible ABO mismatch and liver transplantation: a single transplant center experience** *American Journal of Gastroenterology*
  Aladaq , M., Jalil, S., Wright, H. I., et al
  2003
- **Fulminant hepatitis A in patients with chronic liver disease-The importance of immunization revisited** *American Journal of Gastroenterology*
  Jalil, S., Gurakar, A., Bader, T., Wright, H., Sebastian, T., Nour, B.
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- **Schatzki's ring - A benign cause of dysphagia in adults** *JOURNAL OF CLINICAL GASTROENTEROLOGY*
  Jalil, S., Castell, D. O.
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- **Evaluation of patients with achalasia using combined multichannel intraluminal impedance and esophageal manometry (MII/EM)**
  Jalil, S., Tutuian, R. I., Jamison, S., Kong, L., Castell, D. O.

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- **Evaluation of oropharyngeal dysphagia using combined multichannel intraluminal impedance & esophageal manometry (MII/EM)**
  Jalil, S., Tutuian, R. I., Jamison, S., Kong, L., Castell, D. O.
  ELSEVIER SCIENCE INC.2002: S9-S10
- **Effect of interval between swallows on esophageal pressures and bolus movement studied with combined multichannel intraluminal impedance and manometry (MII/EM)**
  Tutuian, R. I., Jalil, S., Hila, A., Castell, J., Katz, P. O., Castell, D. O.
  W B SAUNDERS CO.2002: A358
- **Bile Secretion and Cholestasis** *Textbook of Gastroenterology*
  Jalil, S., Weinman, S. A.
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- **Meconium aspiration syndrome: the role of resuscitation and tracheal suction in prevention.** *Asia-Oceania journal of obstetrics and gynaecology*
  Bhutta, Z. A., Jalil, S.
  1992; 18 (1): 13-7

PRESENTATIONS

- Sodium Glucose Co-Transporter 2 Inhibitors Use in Diabetic Patients with Cirrhosis Improves Liver-related Outcomes and Survival. - Asian Pacific Association for the Study of Liver (APASL), Annual meeting. Abstract # 2810 (4/25/2026 - 4/26/2026)
- Post-Polypectomy Bleeding in Patients with Cirrhosis: A Systematic Review of Risk, Predictors, and Procedure-Related Factors. - Asian Pacific Association for the Study of Liver (APASL), Annual meeting. Abstract # 1989 (4/25/2026 - April 26, 2026)
- Comparative waitlist and early post-transplant outcomes in Asian vs. Non-Asian candidates. A UNOS analysis -EASL 2026/Poster, Barcelona Spain - European Association for the Study of Liver (EASL) (5/29/2026 - 5/30/2026)
- Waitlist outcomes are better and post-transplant outcomes are similar in alcohol-associated hepatitis vs. alcohol-associated cirrhosis: A UNOS analysis - European Association for the Study of Liver (EASL) Annual Meeting (5/29/2026 - 5/30/2026)