

Stanford



Adriel Brown

Postdoctoral Scholar, Psychiatry

Bio

BIO

Dr. Adriel Brown is a clinical neuroscientist and postdoctoral scholar in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine where he employs electroencephalographic (EEG) methods to investigate the effects of creative arts therapies (e.g., art, dance/movement, drama, music, and poetry therapies) and mind-body practices, including mindfulness, meditation, spirituality, and yoga, on neurocognitive processes in individuals with psychiatric disorders.

At Teachers College, Columbia University, Dr. Brown completed his Ph.D. in Cognitive Science in Education (Area of Focus: Creativity and Cognition) and his M.S. in Neuroscience and Education (Award of Completion: Spirituality Mind Body). He is a former professional dancer and he completed his M.A. in Teaching Dance in Higher Education and the Professions (Concentration: Ballet Pedagogy) from New York University and his B.F.A. in Ballet (Minor: Arts Administration) from Texas Christian University. He is a Certified Teacher of the American Ballet Theatre National Training Curriculum.

In addition to his appointment at Stanford University, Dr. Brown is an adjunct assistant professor in the Department of Biobehavioral Sciences at Teachers College, Columbia University, where he teaches Social and Affective Neuroscience and Neuroscience, Ethics, and the Law. Previously, he was an instructor in the School of Professional Studies at Columbia University in the City of New York, where he taught Introduction to Neuroscience: Understanding the Brain and The Neuroscience of Psychiatric Disorders.

STANFORD ADVISORS

- Jerome Yesavage, Postdoctoral Faculty Sponsor

Publications

PUBLICATIONS

- **Feasibility and preliminary efficacy of an online yoga program for managing symptoms of post-treatment Lyme disease syndrome.** *Complementary therapies in medicine*
Brown, A., Mamat, Z., Mahoney, L. A., Bayley, P. J.
2026; 98: 103347
- **The Therapeutic Potential of Yoga for Alzheimer's Disease: A Critical Review.** *Journal of Alzheimer's disease : JAD*
Brown, A., Bayley, P. J.
2024; 101 (s1): S521-S535