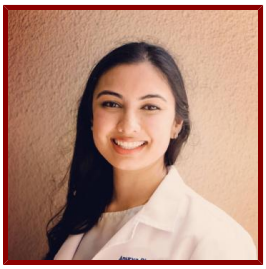
Stanford



Apurva Bhatt, MD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

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Bio

BIO

Apurva Bhatt, M.D., is a child, adolescent and adult psychiatrist and Clinical Assistant Professor at Stanford University School of Medicine. Her role spans the General Adult Psychiatry Division, Child Psychiatry Division, and Center for Youth Mental Health and Wellbeing.

Dr. Bhatt specializes in early psychosis evaluation and treatment. She is the Director of the Child INSPIRE clinic and currently provides clinical care in both the Stanford Children's Hospital Child INSPIRE early psychosis clinic and the Stanford Health Care INSPIRE clinic and INSPIRE360 Coordinated Specialty Care/Wraparound program. She contributes to early psychosis program development in California (through EPI-CAL as the Psychiatric Provider Team Lead) and nationally (through PEPPNET). She is also co-chair of the American Academy of Child and Adolescent Psychiatry Adolescent Psychiatry Committee and Early Psychosis work group.

Dr. Bhatt is also a school psychiatrist, providing school clinical consultations for the Redwood City School District through the Stanford Redwood City Sequoia School Mental Health Collaborative. She also provides clinical consultations to schools in the Los Altos School district, and supervises child and adolescent psychiatry fellows providing consultation to Los Altos, Redwood City, and Mountain View schools.

Dr. Bhatt's research interests include Asian American and South Asian youth mental health and prevention of youth suicide. She enjoys teaching and mentoring students and trainees, and currently is a mentor through the American Academy of Child and Adolescent Psychiatry.

CLINICAL FOCUS

- Psychiatry
- Affective Psychosis, Bipolar
- Schizophrenia Spectrum and Other Psychotic Disorders
- Child Psychiatry
- Schizophrenia, Childhood
- Schizophreniform Disorder

- School Mental Health Services
- Gun Violence

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

ADMINISTRATIVE APPOINTMENTS

- Clinic Director of Child INSPIRE Early Psychosis Clinic, Stanford Medicine Children's Health, (2024- present)
- Chair of Adolescent Psychiatry Committee, American Academy of Child and Adolescent Psychiatry (AACAP), (2023- present)
- Early Psychosis Work Group Co-Chair, American Academy of Child & Adolescent Psychiatry (AACAP), (2021- present)
- Psychiatry Provider Team Lead, EPI-CAL Center of Excellence, (2024- present)
- Council on Adolescents and Young Adults (CoAYA), American Academy of Pediatrics, (2025- present)
- Contributing Editor, Journal of the American Academy of Child and Adolescent Psychiatry Editorial Board, (2023- present)
- Early Career Psychiatrist (ECP) Member, California Academy of Child and Adolescent Psychiatry Executive Committee (CALACAP), (2023-2024)
- National Trainee member, American Academy of Child & Adolescent Psychiatry (AACAP)-Adolescent Psychiatry Committee, (2019-2023)
- Child Psychiatry Fellow Representative, University of California Davis Behavioral Health Pharmacist Services Expansion Work Group, (2022-2023)
- Fellow-In-Training member of Executive Committee, Central California Regional Organization of Child & Adolescent Psychiatry, (2022-2023)
- Executive Director, Sojourner Health Clinic (University of Missouri-Kansas City medical student-run free health clinic), (2014-2016)
- Clinic Manager, Sojourner Health Clinic (University of Missouri-Kansas City medical student-run free health clinic), (2013-2014)
- Clinic Public Relations Officer, Sojourner Health Clinic (University of Missouri-Kansas City medical student-run free health clinic), (2012-2013)

HONORS AND AWARDS

- 3rd Place Poster Award, Indo-American Psychiatric Association Annual Meeting (2026)
- Best Paper Award (Shortlisted), Association of Child and Adolescent Mental Health (ACAMH) (2025)
- Outstanding Faculty Award, Stanford Child and Adolescent Psychiatry Fellowship (2025)
- Wiley Top Cited Article Award, Wiley (2024)
- 2023 Peter Henderson MD Fellowship Award for the best published paper in child psychiatry, American Association of Directors of Psychiatric Residency Training (AADPRT) (2023)
- Certificate of Reviewing (in recognition of reviews contributed), Journal of the American Academy of Child and Adolescent Psychiatry & Elsevier (2023)
- The Wasserman Education Fund Award, California Academy of Child and Adolescent Psychiatry (2023)
- American Academy of Child & Adolescent Psychiatry Educational Outreach Program Award, American Academy of Child & Adolescent Psychiatry (2022)
- Tupin Resident Scholars Research award, University of California Davis (2022)
- Department of Psychiatry Award for Excellence in Psychotherapy, University of Missouri-Kansas City (2021)
- Inducted into Gold Humanism Honor Society, University of Missouri-Kansas City School of Medicine (2021)
- Best Resident Poster in Patient Oriented Care category at the APA Annual Meeting 2020, American Psychiatric Association (2020)
- Department of Psychiatry Resident of the Year Award, University of Missouri-Kansas City Department of Psychiatry (2020)
- 1st place award in acrylic painting category, American Psychiatric Association Annual Meeting Art Exhibit (2019)
- 2nd place award for painting and presentation, Kansas City Osler Society Medical Humanities Competition (2019)
- Department of Psychiatry Award for Best Case Conference Presentation, University of Missouri-Kansas City (2019)
- Honorable Mention for poster presentation, Missouri Psychiatric Physicians Association (2019)
- Second place award for poster presentation, Missouri Psychiatric Physicians Association (2019)

- American Psychiatric Association Summer Mentor Fellowship Award, American Psychiatric Association (2016)
- American Psychiatric Association Minority Medical Student Award, American Psychiatric Association (2015)
- Brook Nelson Award Recipient for Exceptional Leadership in Sojourner Health Clinic, University of Missouri-Kansas City School of Medicine (2014)
- Health Sciences Research Summit 3rd place award for poster presentation, University of Missouri-Kansas City (2014)
- Dan Purdom MD Award Recipient for Exceptional Commitment to Sojourner Health Clinic, University of Missouri-Kansas City School of Medicine (2013)
- Dean's Scholarship Recipient, University of Missouri-Kansas City School of Medicine (2013)
- Chicago's Prestigious Daily Herald Leadership Team, Daily Herald Newspaper (2009)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Chair of Adolescent Psychiatry Committee, American Academy of Child and Adolescent Psychiatry (2023 - present)
- Co-Chair of Early Psychosis work group, American Academy of Child and Adolescent Psychiatry (2023 - present)

PROFESSIONAL EDUCATION

- Board Certification: Child and Adolescent Psychiatry, American Board of Psychiatry and Neurology (2023)
- Residency: University of Missouri-Kansas City School of Medicine (2021) MO
- Medical Education: University of Missouri-Kansas City School of Medicine (2017) MO
- Undergraduate and Medical School, University of Missouri-Kansas City School of Medicine , 6-year combined BLA/MD program (2017)
- Fellowship: UC Davis Dept of Psychiatry and Behavioral Sciences (2023) CA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2022)

Publications

PUBLICATIONS

- **A SCHOOL PSYCHIATRIST'S PERSPECTIVE: SUPPORTING STUDENTS WITH PSYCHOSIS THROUGH SYSTEMS APPROACHES ROOTED IN HOPE-FILLED, RECOVERY-ORIENTED PERSPECTIVES**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2026: S147

- **Pathways to Mental Health Care: The Role of Religion and Spirituality in Help Seeking for Psychosis.** *Psychiatric services (Washington, D.C.)*
  Badran, L., Niendam, T., Shapiro, D. I., Burch, K. E., Hardy, K. V., Wright, S., Safdar, M., Bhatt, A., Giroux, C., Hotz, B., Adhikari, N., Salaheldin, K., Hayes, et al
  2026: appips20250629

- **Editorial: Cognitive Development in Offspring of Individuals Living With Bipolar Disorder and Schizophrenia: Opportunities for Early Identification and Support.** *Journal of the American Academy of Child and Adolescent Psychiatry*
  Bhatt, A., Diehl, J.
  2026

- **Crazy Like a Fox: Adventures in Schizophrenia (Book Review)** *JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY*
  Book Review Authored by: Yalcinkaya, S., Bhatt, A.
  2026; 65 (1): 91-92

- **The effect of the COVID-19 pandemic on racial disparities in suicide and homicide by firearm rates in Missouri.** *BMC pediatrics*
  Kim, S., Talluri, R., Yu, A., Evans, M., Bhatt, A.
  2025; 25 (1): 953

- **KEEP CALM AND CARRY ON: OVERCOMING CHALLENGES IN TREATMENT-RESISTANT PEDIATRIC SCHIZOPHRENIA**
  Rajendran, G., Bhatt, A., Jensen, D., Guvenek-Cokol, P.
  ELSEVIER SCIENCE INC.2025: S48-S49

- **INTRODUCTION TO EARLY-ONSET PSYCHOSIS AND DIFFERENTIAL DIAGNOSIS**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2025
- **PSYCHOSIS AND AUTISM: FLEXIBILITY IN CONCEPTUALIZATION AND FLUIDITY IN ADAPTATION OF TREATMENT**
  Rajendran, G., Bhatt, A., Mayanil, T.
  ELSEVIER SCIENCE INC.2025
- **DELINEATING DISPARITIES IN PSYCHIATRIC CARE: THE IMPACT OF COVID-19 ON ALCOHOL AND CANNABIS USE IN ASIAN AMERICAN ADOLESCENTS**
  Pal, A., Bhatt, A.
  ELSEVIER SCIENCE INC.2025
- **EARLY PSYCHOSIS INSTITUTE: A NEW ERA OF PATHWAYS TO RECOVERY, RESILIENCE, AND INNOVATION**
  Bhatt, A., Elberg, Z.
  ELSEVIER SCIENCE INC.2025
- **DO YOU KNOW YOUR CYPS? ESSENTIAL PSYCHOPHARMACOLOGY FOR CLINICIANS TREATING YOUTH WITH EARLY PSYCHOSIS**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2024: S122-S123
- **THE EFFECTS OF COVID-19 QUARANTINE ON SUICIDE AND HOMICIDE RATES IN MISSOURI**
  Kim, S., Talluri, R., Yu, A., Bhatt, A.
  ELSEVIER SCIENCE INC.2024: S223
- **YOUNG MINDS AND EARLY PSYCHOSIS: ASSESSING ACCESS TO EARLY PSYCHOSIS PROGRAMS FOR PEDIATRIC POPULATIONS**
  Reyes, M. P., Bhatt, A., Hardy, K., Dauberman, J., Adelsheim, S. N.
  ELSEVIER SCIENCE INC.2024: S280
- **BEYOND THE BASICS: PRESCRIBING PRACTICES AND CLINICAL CHALLENGES IN EARLY PSYCHOSIS**
  Elberg, Z., Bhatt, A., Graham, R.
  ELSEVIER SCIENCE INC.2024: S121-S122
- **CLINICAL APPLICATIONS OF ARTIFICIAL INTELLIGENCE TOOLS FOR YOUR FRIENDLY, NEIGHBORHOOD CHILD AND ADOLESCENT PSYCHIATRIST**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2024: S338
- **Breaking the Silence: An Epidemiological Report on Asian American and Pacific Islander Youth Mental Health and Suicide (1999-2021).** *Child and adolescent mental health*
  Reyes, M. P., Song, I., Bhatt, A.
  2024
- **SHEDDING LIGHT ON THE CRISIS: TRENDS IN YOUTH SUICIDE IN ASIAN AMERICAN AND PACIFIC ISLANDER SUBGROUPS (2018-2021)**
  Sharma, N., Reyes, M. P., Bhatt, A., McBride, A.
  ELSEVIER SCIENCE INC.2023: S218-S219
- **NAVIGATING THE INTERSECTION OF PSYCHOTROPIC MEDICATIONS AND CYTOCHROME P450 ENZYMES: ESSENTIAL AWARENESS FOR CLINICIANS TREATING YOUTH WITH EARLY PSYCHOSIS**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2023: S110
- **TRAUMA, PSYCHOSIS, AND SYSTEMS-INVOLVED YOUTH: OPPORTUNITIES FOR EARLY INTERVENTION**
  Bhatt, A., Folk, J. B.
  ELSEVIER SCIENCE INC.2023: S351-S352
- **BEYOND THE BASICS: PRESCRIBING PRACTICES AND CLINICAL CHALLENGES IN EARLY PSYCHOSIS**
  Bhatt, A., Elberg, Z., Malik, S., Zajac, J. L.
  ELSEVIER SCIENCE INC.2023: S109

- **UNRAVELING THE OVERLAP: NAVIGATING THE DIAGNOSTIC CHALLENGES BETWEEN ASD AND PSYCHOSIS SPECTRUM DISORDERS**
  Bhatt, A., Gupta, A.
  ELSEVIER SCIENCE INC.2023: S104
- **Rising Rates of Adolescent Firearm Suicide and the Clinician's Role in Addressing Firearms.** *Journal of the American Academy of Child and Adolescent Psychiatry*
  Bhatt, A., Gonzales, H., Pallin, R., Barnhorst, A.
  2023; 62 (6): 614-617
- **DIAGNOSTIC, SYSTEMS-LEVEL, AND TREATMENT ADVANCES IN CLINICAL HIGH RISK FOR PSYCHOSIS**
  Bhatt, A., Mayanil, T.
  ELSEVIER SCIENCE INC.2022: S83-S84
- **KNOW YOUR CYPS! MEANINGFUL CYTOCHROME P450 INTERACTIONS IN THE TREATMENT OF PSYCHOSIS**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2022: S74-S75
- **THE DATA ON ASIAN AMERICAN YOUTH SUICIDE, SUICIDAL BEHAVIOR, AND RISK FACTORS FOR SUICIDE**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2022: S22
- **TRENDS IN ASIAN AMERICAN AND PACIFIC ISLANDER YOUTH SUICIDE FROM 1999 TO 2019**
  Reyes, M. P., Bhatt, A., McBride, A.
  ELSEVIER SCIENCE INC.2022: S215
- **BEYOND THE BASICS: PRESCRIBING PRACTICES AND CLINICAL CHALLENGES IN EARLY**
  Elberg, Z., Bhatt, A., Malik, S., Zajac, J.
  ELSEVIER SCIENCE INC.2022: S73-S74
- **Adolescent Suicide-Understanding Unique Risks and Opportunities for Trauma Centers to Recognize, Intervene, and Prevent a Leading Cause of Death.** *Current trauma reports*
  Hink, A. B., Killings, X., Bhatt, A., Ridings, L. E., Andrews, A. L.
  2022; 8 (2): 41-53
- **EXPLORING TRENDS IN PEDIATRIC PHENCYCLIDINE USE IN THE USA: A RETROSPECTIVE ANALYSIS USING BIG DATA**
  Patel, R., Bhatt, A., Depala, K., Sahil, S., Abbass, Z.
  ELSEVIER SCIENCE INC.2021: S231-S232
- **GUN LAWS AND YOUTH SUICIDE BY FIREARMS SYMPOSIUM: WHAT THE CLINICIAN NEEDS TO KNOW**
  Bhatt, A., Barnhorst, A.
  ELSEVIER SCIENCE INC.2021: S262
- **ONE EXAMPLE STATE: THE IMPACT OF MISSOURI'S FIREARM LAW CHANGES ON RATES OF YOUTH SUICIDE BY FIREARMS**
  Bhatt, A.
  ELSEVIER SCIENCE INC.2021: S263
- **Association of Changes in Missouri Firearm Laws With Adolescent and Young Adult Suicides by Firearms.** *JAMA network open*
  Bhatt, A., Wang, X., Cheng, A. L., Morris, K. L., Beyer, L., Chestnut, A., Steigerwalt, K., Metzner, J.
  2020; 3 (11): e2024303
- **SUICIDE AND HOMICIDE BY FIREARMS IN YOUNG MISSOURI RESIDENTS, AND CHANGES IN MISSOURI FIREARM POLICY FROM 1999-2018**
  Bhatt, A., Abbass, Z., Beyer, L., Morris, K. L.
  ELSEVIER SCIENCE INC.2020: S183-S184