



Jehan Bahrainwala, MD, FASN

Clinical Assistant Professor, Medicine - Nephrology

CLINICAL OFFICE (PRIMARY)

- **Nephrology Clinic**

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Bio

BIO

Dr. Bahrainwala is a board-certified, fellowship-trained nephrologist with the Stanford Medicine Kidney Clinic. She is a Certified Hypertension Specialist practicing at the AHA-Certified Stanford Hypertension Center. One of her main clinical areas of focus is the diagnosis and treatment of resistant hypertension and secondary hypertension. She also has a clinical interest in caring for patients who are pregnant or planning pregnancy with hypertension and kidney disease. In addition to hypertension, she also cares for patients with all types of kidney diseases. Her extensive experience includes caring for patients with electrolyte abnormalities, kidney stones, chronic kidney disease and end stage kidney disease.

Dr. Bahrainwala is skilled at creating connections with her patients. She treats the whole person rather than the condition. She also strongly believes in patient education and involving them in the medical decision-making process. She integrates their goals of care and other aspects of advanced care planning into treatment planning. She is also interested in the conservative care of elderly patients with advanced kidney disease. She has formal communication skills training in discussing serious illnesses with patients through Vital Talk.

In addition to being a clinician, she is committed to and involved in the medical education of trainees at all levels including medical students, residents and fellows. She is a fellow and a member of the American Society of Nephrology. Additionally, she is a member of the National Kidney Foundation and the American Heart Association. She is double board certified in internal medicine and nephrology.

CLINICAL FOCUS

- Nephrology
- Hypertension
- Resistant Hypertension
- Chronic Kidney Disease
- Electrolyte Disorders

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Nephrology

ADMINISTRATIVE APPOINTMENTS

- Director of Wellbeing (Division of Nephrology), Department of Medicine, (2024- present)
- Co- Director for Nephrology Education, Stanford Division of Nephrology, Department of Medicine, (2023- present)
- Education Lead, AHA-Certified Stanford Hypertension Center, (2024- present)

HONORS AND AWARDS

- Education Excellence Award, Stanford Nephrology Division (2025)
- Fellow, American Society of Nephrology (2023)
- Penn Pearls: Award for Excellence in Clinical Teaching, Perelman School of Medicine, University of Pennsylvania (2016)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American Society of Nephrology (ASN) (2014 - present)
- Member, National Kidney Foundation (NKF) (2014 - present)
- Member, American Heart Association (AHA) (2024 - present)
- Member, VitalTalk (2023 - present)

PROFESSIONAL EDUCATION

- Board Certification: Nephrology, American Board of Internal Medicine (2016)
- Fellowship: Penn Medicine Nephrology Fellowship (2016) PA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2014)
- Residency: Hospital of the University of Pennsylvania Dept of Internal Medicine (2014) PA
- Medical Education: Medical College of Wisconsin (2011) WI

Research & Scholarship

CLINICAL TRIALS

- A Phase III Study to Investigate the Efficacy and Safety of Baxdrostat in Combination With Dapagliflozin on CKD Progression in Participants With CKD and High Blood Pressure., Recruiting

Teaching

COURSES

2025-26

- Science of Medicine II-A: INDE 222A (Aut)

2024-25

- Science of Medicine II-A: INDE 222A (Aut)

Publications

PUBLICATIONS

- **Nephrology Leadership Through Collaboration to Deliver on CKD Care.** *American journal of kidney diseases : the official journal of the National Kidney Foundation*
Bahrainwala, J. Z., Suffoletto, J. L., Brady, B. M.

2026; 87 (3): 295-297

- **The Role of Mineralocorticoid Receptors in the Treatment of Primary Hypertension.** *Current hypertension reports*
Bahrainwala, J. Z., Bhalla, V.
2026; 28 (1): 7
- **Kidney Denervation: Latest Breakthroughs and Insights.** *Clinical journal of the American Society of Nephrology : CJASN*
Bahrainwala, J. Z., Etemadi, A., Chang, T. I.
2025
- **NEPHROTIC SYNDROME AND HEPATITIS IN SECONDARY SYPHILIS**
Zariat, A., Bahrainwala, J.
W B SAUNDERS CO-ELSEVIER INC.2024: S64
- **Development and Validation of a Formative Assessment Tool for Nephrology Fellows' Clinical Reasoning.** *Clinical journal of the American Society of Nephrology : CJASN*
Boyle, S. M., Martindale, J., Parsons, A. S., Sozio, S. M., Hilburg, R., Bahrainwala, J., Chan, L., Stern, L. D., Warburton, K. M.
2023
- **New-Onset Proteinuria in a Patient With Schwannoma** *AMERICAN JOURNAL OF KIDNEY DISEASES*
Abu Salman, L., Kallis, C., Palmer, M., Bahrainwala, J., Geara, A. S.
2021; 78 (3): A12-A15
- **Use of Dietary Supplements in Living Kidney Donors: A Critical Review** *AMERICAN JOURNAL OF KIDNEY DISEASES*
Leonberg-Yoo, A. K., Johnson, D., Persun, N., Bahrainwala, J., Reese, P. P., Naji, A., Trofe-Clark, J.
2020; 76 (6): 851-860
- **Preoperative Risk Assessment and Management in Adults Receiving Maintenance Dialysis and Those With Earlier Stages of CKD** *AMERICAN JOURNAL OF KIDNEY DISEASES*
Bahrainwala, J. Z., Gelfand, S. L., Shah, A., Abramovitz, B., Hoffman, B., Leonberg-Yoo, A. K.
2020; 75 (2): 245-255
- **Bilateral Renal Infarctions During the Use of Sumatriptan** *KIDNEY INTERNATIONAL REPORTS*
Abramovitz, B., Leonberg-Yoo, A., Bahrainwala, J. Z., Litt, H., Rudnick, M. R.
2018; 3 (5): 1233-1236
- **Use of Radiocontrast Agents in CKD and ESRD** *SEMINARS IN DIALYSIS*
Bahrainwala, J. Z., Leonberg-Yoo, A. K., Rudnick, M. R.
2017; 30 (4): 290-304
- **Atypical Antiglomerular Basement Membrane Disease With IgG1-kappa Staining** *KIDNEY INTERNATIONAL REPORTS*
Bahrainwala, J. Z., Stokes, M., Hannani, A. K., Hogan, J. J.
2017; 2 (1): 80-83
- **Diagnosis of Iron-Deficiency Anemia in Chronic Kidney Disease** *SEMINARS IN NEPHROLOGY*
Bahrainwala, J., Berns, J. S.
2016; 36 (2): 94-98