



Judith Prochaska

Senior Associate Vice Provost, Clinical Research Governance and Professor of Medicine (Stanford Prevention Research Center)

Medicine - Stanford Prevention Research Center

 NIH Biosketch available Online

 Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **Stanford Dept of Psychiatry and Behavioral Sciences**

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Bio

BIO

Judith (Jodi) Prochaska, PhD, MPH, is a Professor in the Department of Medicine at Stanford University with the Stanford Prevention Research Center and a member of the Stanford Cancer Institute. A licensed clinical psychologist with addiction medicine privileges, Dr. Prochaska completed her clinical psychology doctoral training and a master's degree in public health at the University of California, San Diego and San Diego State University and her undergraduate studies at Duke University.

CLINICAL FOCUS

- Addiction, Tobacco, Mood Disorders
- Clinical Psychology

ACADEMIC APPOINTMENTS

- Professor, Medicine - Stanford Prevention Research Center
- Member, Maternal & Child Health Research Institute (MCHRI)
- Member, Stanford Cancer Institute

ADMINISTRATIVE APPOINTMENTS

- Senior Associate Vice Provost for Clinical Research Governance, Office of the Vice Provost and Dean of Research, (2022- present)
- Deputy Director, Stanford Prevention Research Center, (2020- present)
- Team Science Division Representative, Department of Medicine, Stanford Prevention Research Center, (2022- present)
- Co-Director, SPRC's NHLBI T32 Postdoctoral Training Program in CVD Prevention, (2017- present)
- Faculty Director, CHPR Master of Science (MS) Program, (2015- present)
- Faculty Co-Chair, Stanford Community Advisory Board for Clinical Research, (2015-2019)

HONORS AND AWARDS

- Teacher of the Year, Department of Medicine, Stanford Prevention Research Center (2015)

- Mentor of the Year, Bay Area Clinical Research Symposium (2011)
- Outstanding Early Career Investigator Award, NIDA's Division of Clinical Neuroscience & Behavioral Research (2009)
- Cooke Award, Scholarship of Teaching & Learning, UCSF Academy of Medical Educators (2007)
- Jarvik-Russell New Investigator Award, Society for Research on Nicotine and Tobacco (2007)
- Patient-Centered (K23) Career Development Award, National Institute on Drug Abuse (2005-2011)
- New Investigator Award, California Tobacco-Related Disease Research Program (2004-2008)
- Paper Citation Awards, Society of Behavioral Medicine (2003 & 2004)
- Robert E. Harris Award, Department of Psychiatry, UCSF (2003)
- Postdoctoral Fellowship Award, California Tobacco-Related Disease Research Program (2002-2004)
- Health Promotion Student of the Year, Graduate School of Public Health, SDSU (2001)
- Predoctoral Fellowship Awards, American Cancer Society, California Division (1999-2002)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Scientific Advisory Board, The Cooper Institute's FITNESSGRAM (2004 - 2016)
- Editorial Board, JAMA Internal Medicine (2012 - present)
- Program Co-Chair, SRNT Programing Committee for the Annual Meeting (2013 - 2014)
- Co-Chair, FDA's PhenX Tobacco Regulatory Research Panel (2013 - 2016)
- Member Delegate – North America, Society for Research on Nicotine and Tobacco (2013 - 2016)
- Program Chair, SRNT Programing Committee for the Annual Meeting (2014 - 2015)
- Editorial Board, Tobacco Regulatory Science (2014 - 2020)
- Editorial Board, Current Opinion in Psychology (2014 - present)
- Advisor on Tobacco Control Research Priorities, National Cancer Institute, Division of Cancer Control and Population Sciences (2015 - 2015)
- President-Elect, Society for Research on Nicotine and Tobacco (2016 - 2017)
- President, Society for Research on Nicotine and Tobacco (2017 - 2018)
- Scientific Advisor, Optum's Quit for Life Tobacco Quitline (2017 - 2018)
- Consulting Editor, Health Psychology (2017 - 2020)
- Immediate Past-President, Society for Research on Nicotine and Tobacco (2018 - 2019)
- Fellow, Society for Research on Nicotine and Tobacco (2018 - present)

PROFESSIONAL EDUCATION

- Fellowship, UCSF/NIDA T32 Postdoctoral Fellowship , Clinical Psychology (2004)
- Internship, UCSF/Langley Porter , Clinical Psychology (2002)
- PhD Training: SDSU/UCSD Joint Doctoral Program in Clinical Psychology (2002) CA
- MPH, SDSU , Health Promotion (2001)
- MS, SDSU , Clinical Psychology (1999)
- BA, Duke University , Psychology (1995)

COMMUNITY AND INTERNATIONAL WORK

- Stanford Center at Peking University, Peking University
- Evaluating the efficacy of an integrated smoking cessation intervention for mental health patients, Newcastle, New South Wales, Australia

LINKS

- Rx for Change: <http://rxforchange.ucsf.edu>
- SRITA: http://tobacco.stanford.edu/tobacco_main/index.php
- Well for Life Study: <http://med.stanford.edu/wellforlife.html>
- E-cigarette Free Online CME: <https://stanford.cloud-cme.com/e-cig-cme-2017>
- Google Scholar: <https://scholar.google.com/citations?user=BsmiE0oAAAAJ&hl=en>
- CHPR Master of Science (MS) Program: <https://prevention.stanford.edu/education/chpr.html>
- My Bibliography (peer-reviewed articles): <https://www.ncbi.nlm.nih.gov/myncbi/judith.prochaska.1/bibliography/public/>
- Surgeon General Jerome Adams, SRNT2018: <https://www.youtube.com/watch?v=Gpl4Imobpdg>
- NicoTeen (high school student vaping documentary): <https://www.youtube.com/watch?v=oSL-47Pxh1c>
- Merck Manual: Tobacco: <https://www.merckmanuals.com/professional/special-subjects/tobacco-use/tobacco?query=tobacco>
- DOM Annual Review 2020: <http://medicine.stanford.edu/2020-report/new-approaches-to-tobacco-control.html>
- SGR 2020 on Smoking Cessation: <https://www.hhs.gov/sites/default/files/2020-cessation-sgr-full-report.pdf>
- DC Center for Rational Prescribing (DCRx), free CME: <https://cme.smhs.gwu.edu/dcrx-/content/tobacco-cessation#group-tabs-node-course-default4>
- Alaska HEALTHH Project Materials: <https://www.nortonsoundhealth.org/about-us/research/>
- Nicoteen: Curbing the Youth Nicotine Vaping Epidemic: <https://youtu.be/SfBkNmtdBmG>
- Medical Myths Podcast - Season 3 (Vaping + Smoking): <https://podcasts.apple.com/us/podcast/medical-myths-podcast-season-3-trailer/id1460407685?i=1000520406801>
- CHPR Feature in the DoM 2021 Annual Report: <https://medicine2021report.stanford.edu/ar2021/diversity-is-central-to-masters-degree-in-community-health-and-prevention-program/>
- NYT Article on Nicotine Reduction: https://www.nytimes.com/2022/08/02/health/fda-nicotine-addiction.html?unlocked_article_code=AAAAAAAAAAAAAAAAACEIPuonUktbfqYhkQFUbASbVUNEjsh3Bi_TGhbo9jXjiLS6YDD9Ow-UeH4mH_QHNea9nLZMV7giseeVgYvUpVeAgiahWJVBSQA2I5ZalyM0MLStp7lvpB2lzgs-cDfUxr26wK2Xilb8unOPus03aa3L4G_CKiQ1XLwlgp5BfVmyrCZIkv-DSrgpr4E4ifQxBZi6RiMCbT2lvJrCRZ4ONaGanLM-1V8GrEZCXylw4nqu_9Xex5SCFnGUHp1_W44jdtM94UN634RAUyMX0rz1OU_FrmC6FSnMtrXq&referrer
- The future of research at Stanford: <https://news.stanford.edu/report/2023/05/30/qa-future-research-stanford/>
- VPDor Office: <https://doresearch.stanford.edu/who-we-are/office-vice-provost-and-dean-research>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Judith (Jodi) Prochaska is Senior Associate Vice Provost of Clinical Research Governance at Stanford University, a tenured Professor of Medicine, Deputy Director of the Stanford Prevention Research Center (SPRC), a member of the Stanford Cancer Institute, and a licensed clinical psychologist with addiction medicine privileges at Stanford Health Care. Her research program is leveraging technology to study tobacco, alcohol, and other drug use in populations at high risk. Her research spans community-based epidemiologic studies, randomized controlled treatment trials, and policy analysis. With attention to health disparities, communities of interest include Alaska Native men and women, people with co-occurring mental illness, the unemployed, the uninsured, and the unhoused. She has conducted and collaborated on over 25 randomized controlled behavioral intervention treatment trials, including two NIH SBIR awards – targeting tobacco and other substances of abuse – with participants across the age spectrum. She has disseminated the Rx for Change curriculum suite (<http://rxforchange.ucsf.edu>) with >10,000 registrants and 200,000 file downloads. She also developed an innovative free online CME program on e-cigarettes for health care providers with >1200 registrants, granting >900 CME units. She is a fellow and past president of the Society for Research on Nicotine and Tobacco (SRNT). She has published >300 peer-reviewed articles and serves on the Editorial Board of JAMA Internal Medicine. She is the editor for the Merck Manuals professional and consumer content focused on tobacco. She has consulted as a scientific expert with numerous federal agencies, including the CDC TIPS from former smokers campaign; FDA's Center for Tobacco Products PhenX panel for

identification of best measures in tobacco regulatory research; NCI's Division of Cancer Control and Population Sciences, advising on tobacco control research priorities for the next 10 years; and the Congressionally-mandated Federal Advisory Interagency Committee on Tobacco and Health with a focus on tobacco addiction, mental illness, and other addictions. She was a contributing author to the 2020 Surgeon General's Report on Smoking Cessation. She helped develop and chaired for several years Stanford Medicine's Community Advisory Board (CAB). She co-directs SPRC's NHLBI T32 post-doctoral training program in cardiovascular disease prevention, has been a primary mentor and advisor on multiple mentored NIH K awards (K01, K23, K99/R00), and is the faculty director for Stanford's Master of Science Program in Community Health and Prevention Research (CHPR). With CHPR, she teaches a foundational course on the development and application of behavior change theory.

CLINICAL TRIALS

- Evaluation of Tobacco Treatment Strategies for Inpatient Psychiatry, Not Recruiting
- Healing and Empowering Alaskan Lives Towards Healthy-Hearts Study, Not Recruiting
- Pilot: Digital Therapeutic vs Education for the Management of Problematic Substance Use, Not Recruiting
- Stanford Tobacco Treatment Services - Virtual Reality Treatment for Smoking Cessation, Not Recruiting
- Telehealth Treatment for Alcohol Use Disorder, Not Recruiting
- The Anchor Study: Digitally Delivered Intervention for Reducing Problematic Substance Use, Not Recruiting
- The Total Health Study, Not Recruiting
- Tobacco Status Project: Social Media Intervention for Young Adult Smokers, Not Recruiting
- Tobacco Treatment for Employable Californians, Total IMPACT Study, Not Recruiting
- Treating Tobacco Dependence in Adolescents With Co-occurring Psychiatric Disorders, Not Recruiting
- Treating Tobacco Dependence in Inpatient Psychiatry - 1, Not Recruiting
- Twitter-enabled Mobile Messaging for Smoking Relapse Prevention (Tweet2Quit), Not Recruiting
- Varenicline In-Patient Study, Not Recruiting
- Woebot for Substance Use Disorders, Not Recruiting

PROJECTS

- Evaluating the efficacy of an integrated smoking cessation intervention for mental health patients - University of Newcastle, NSW Australia

Teaching

COURSES

2025-26

- Contemplation by Design Summit: Translating contemplative science into timely community programming: CHPR 244 (Aut)
- Diet and Gene Expression: CHPR 231 (Spr)
- Geography of Health: CHPR 272 (Win)
- Prevention Medicine and Entrepreneurship for Societal Health: BIOE 375, CHPR 275, MED 236 (Win)
- R Fundamentals for Health Research: CHPR 202 (Win)
- Responsible Conduct of Research in the Community: CHPR 220 (Aut)
- Service Learning Practicum: EDUC 98SI (Win)
- Social and Structural Determinants of Health: Achieving Health Equity: CHPR 232 (Spr)
- Theoretical Foundations and Design of Behavioral Intervention Trials: CHPR 228 (Aut)

2024-25

- Contemplative Science: The Power of the Pause for Resilience, Relationships, and Resolve: CHPR 233, EDUC 233 (Spr)
- Diet and Gene Expression: CHPR 231 (Spr)
- Geography of Health: CHPR 272 (Win)
- Methods in Community Assessment, Evaluation, and Research: CHPR 247, MED 247 (Spr)
- Responsible Conduct of Research in the Community: CHPR 220 (Aut)
- Social and Structural Determinants of Health: Achieving Health Equity: CHPR 232 (Spr)
- Theoretical Foundations and Design of Behavioral Intervention Trials: CHPR 228 (Aut)

2023-24

- Geography of Health: CHPR 272 (Win)

2022-23

- Theoretical Foundations and Design of Behavioral Intervention Trials: CHPR 228 (Aut)

STANFORD ADVISEES

Postdoctoral Research Mentor

Nora Satybaldiyeva

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Community Health and Prevention Research (Masters Program)

Publications

PUBLICATIONS

- **Supporting Patients in Becoming Tobacco Free-Going Beyond Quitting.** *JAMA internal medicine*
Prochaska, J. J., Satybaldiyeva, N.
2026
- **Cytisinicline for smoking cessation in individuals with self-reported COPD: a post hoc analysis of the ORCA-2 and ORCA-3 trials.** *Thorax*
Prochaska, J., Rubinstein, M., Perdok, R., Blumenstein, B., Jacobs, C.
2025
- **Quantifying the Pro-Environmental Impacts of Telehealth Tobacco Treatment.** *Telemedicine reports*
Eldeeb, S., Chieng, A., Xu, C. T., Prochaska, J. J.
2025; 6 (1): 171-178
- **Cytisinicline for Smoking Cessation: The ORCA Phase 3 Replication Randomized Clinical Trial.** *JAMA internal medicine*
Rigotti, N. A., Benowitz, N. L., Prochaska, J. J., Rubinstein, M., Clarke, A., Blumenstein, B., Cain, D. F., Jacobs, C.
2025
- **Tobacco Use Is Associated With Mental Illness and Substance Use Problems-Now What?** *The American journal of psychiatry*
Prochaska, J. J.
2025; 182 (2): 137-138
- **Treating Tobacco Use Within Lung Cancer Screening Programs Is Optimal.** *JAMA internal medicine*
Prochaska, J. J.
2025
- **Cytisinicline for Vaping Cessation in Adults Using Nicotine E-Cigarettes: The ORCA-V1 Randomized Clinical Trial.** *JAMA internal medicine*
Rigotti, N. A., Benowitz, N. L., Prochaska, J. J., Cain, D. F., Ball, J., Clarke, A., Blumenstein, B. A., Jacobs, C.
2024
- **Smoking Cessation, or How to Avert Half a Billion Premature Deaths - Now.** *NEJM evidence*

- Ioannidis, J. P., Prochaska, J. J.
2024; 3 (3): EVIDe2300322
- **Electronic Cigarettes for Smoking Cessation-A Clinician's Dilemma.** *JAMA internal medicine*
Hatsukami, D. K., Prochaska, J. J.
2024
 - **Cytisinicline for Smoking Cessation: A Randomized Clinical Trial.** *JAMA*
Rigotti, N. A., Benowitz, N. L., Prochaska, J., Leischow, S., Nides, M., Blumenstein, B., Clarke, A., Cain, D., Jacobs, C.
2023; 330 (2): 152-160
 - **Adolescents' Perceptions of Nicotine Vaping-Related Social Media Content** *PSYCHOLOGY OF POPULAR MEDIA*
Vogel, E. A., Hashemi, R., Ramo, D. E., Darrow, S. M., Costello, C., Prochaska, J. J.
2023
 - **Rapid-response surveillance of the first US test market for VLN cigarettes.** *Tobacco control*
Henriksen, L., Johnson, T. O., Mahoney, M., Schleicher, N. C., Ali, A., Prochaska, J. J.
2023
 - **Buddies as In-Group Influencers in Online Support Groups: A Social Network Analysis of Processes and Outcomes.** *Journal of interactive marketing : a quarterly publication from the Direct Marketing Educational Foundation, Inc*
Esmaeeli, A., Pechmann, C. C., Prochaska, J. J.
2022; 57 (2): 198-211
 - **Native owned and grown or demeaning and offensive? American Indian adults' perspectives on Natural American Spirit branded cigarettes.** *Tobacco control*
Epperson, A. E., Prochaska, J. J.
2021
 - **A randomized controlled trial of a therapeutic relational agent for reducing substance misuse during the COVID-19 pandemic.** *Drug and alcohol dependence*
Prochaska, J. J., Vogel, E. A., Chieng, A., Baiocchi, M., Maglalang, D. D., Pajarito, S., Weingardt, K. R., Darcy, A., Robinson, A.
2021; 227: 108986
 - **Nicotine delivery and cigarette equivalents from vaping a JUULpod.** *Tobacco control*
Prochaska, J. J., Vogel, E. A., Benowitz, N.
2021
 - **Tobacco Product Promotions Remain Ubiquitous and are Associated with Use and Susceptibility to Use among Adolescents.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*
Fielding-Singh, P., Epperson, A. E., Prochaska, J. J.
2020
 - **Adolescents' Health Perceptions of Natural American Spirit's On-the-Pack Eco-Friendly Campaign.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*
Epperson, A. E., Wong, S., Lambin, E. F., Henriksen, L., Baiocchi, M., Flora, J. A., Prochaska, J. J.
2020
 - **Popularity of natural American Spirit cigarettes is greater in U.S. cities with lower smoking prevalence.** *Addictive behaviors*
Vogel, E. A., Henriksen, L., Johnson, T. O., Schleicher, N. C., Prochaska, J. J.
2020; 111: 106558
 - **Measuring e-cigarette addiction among adolescents** *TOBACCO CONTROL*
Vogel, E. A., Prochaska, J. J., Rubinstein, M. L.
2020; 29 (3): 258-62
 - **Integration of Tobacco Treatment Services into Cancer Care at Stanford.** *International journal of environmental research and public health*
Gali, K., Pike, B., Kendra, M. S., Tran, C., Fielding-Singh, P., Jimenez, K., Mirkin, R., Prochaska, J. J.
2020; 17 (6)

- **Inequity in California's Smokefree Workplace Laws: A Legal Epidemiologic Analysis of Loophole Closures.** *American journal of preventive medicine*
Prochaska, J. J., Watts, M. H., Zellers, L., Huang, D., Daza, E. J., Rigdon, J., Peters, M. J., Henriksen, L.
2020
- **Effects of Social Media on Adolescents' Willingness and Intention to Use E-Cigarettes: An Experimental Investigation.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*
Vogel, E. A., Ramo, D. E., Rubinstein, M. L., Delucchi, K. L., Darrow, S. n., Costello, C. n., Prochaska, J. J.
2020
- **Current advances in research in treatment and recovery: Nicotine addiction** *SCIENCE ADVANCES*
Prochaska, J. J., Benowitz, N. L.
2019; 5 (10): eaay9763
- **PMI reduced-risk claims and upselling of IQOS via Reviti life insurance.** *Tobacco control*
Prochaska, J. J., Henriksen, L.
2019
- **Adolescents' E-Cigarette Use: Increases in Frequency, Dependence, and Nicotine Exposure Over 12Months.** *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*
Vogel, E. A., Prochaska, J. J., Ramo, D. E., Andres, J., Rubinstein, M. L.
2019; 64 (6): 770–75
- **The 2016 Tips From Former Smokers (R) Campaign: Associations With Quit Intentions and Quit Attempts Among Smokers With and Without Mental Health Conditions** *NICOTINE & TOBACCO RESEARCH*
Prochaska, J. J., Gates, E. F., Davis, K. C., Gutierrez, K., Prutzman, Y., Rodes, R.
2019; 21 (5): 576–83
- **The public health consequences of e-cigarettes: a review by the National Academies of Sciences. A call for more research, a need for regulatory action** *ADDICTION*
Prochaska, J. J.
2019; 114 (4): 587–89
- **Natural American Spirit's pro-environment packaging and perceptions of reduced-harm cigarettes.** *Preventive medicine*
Epperson, A. E., Lambin, E. F., Henriksen, L. n., Baiocchi, M. n., Flora, J. A., Prochaska, J. J.
2019: 105782
- **E-Cigarettes: Harmful or Harm-Reducing? Evaluation of a Novel Online CME Program for Health Care Providers.** *Journal of general internal medicine*
Fielding-Singh, P. n., Brown-Johnson, C. n., Oppezzo, M. n., Das, S. n., Jackler, R. n., Prochaska, J. J.
2019
- **The 2016 Tips From Former Smokers Campaign: Associations With Quit Intentions and Quit Attempts Among Smokers With and Without Mental Health Conditions.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*
Prochaska, J. J., Gates, E. F., Davis, K. C., Gutierrez, K., Prutzman, Y., Rodes, R.
2018
- **The Public Health Consequences of E-cigarettes: A Review by the National Academies of Sciences A Call for More Research, a Need for Regulatory Action.** *Addiction (Abingdon, England)*
Prochaska, J. J.
2018
- **A randomized controlled evaluation of the tobacco status project, a Facebook intervention for young adults** *ADDICTION*
Ramo, D. E., Thurl, J., Delucchi, K. L., Hall, S., Ling, P. M., Belohlavek, A., Prochaska, J. J.
2018; 113 (9): 1683–95
- **Randomised controlled trial evaluation of Tweet2Quit: a social network quit-smoking intervention.** *Tobacco control*
Pechmann, C., Delucchi, K., Lakon, C. M., Prochaska, J. J.
2017; 26 (2): 188-194

- **Likelihood of Unemployed Smokers vs Nonsmokers Attaining Reemployment in a One-Year Observational Study** *JAMA INTERNAL MEDICINE*
Prochaska, J. J., Michalek, A. K., Brown-Johnson, C., Daza, E. J., Baiocchi, M., Anzai, N., Rogers, A., Grigg, M., Chieng, A.
2016; 176 (5): 662-670
- **Cost-Effectiveness of Smoking Cessation Treatment Initiated During Psychiatric Hospitalization: Analysis From a Randomized, Controlled Trial** *JOURNAL OF CLINICAL PSYCHIATRY*
Barnett, P. G., Wong, W., Jeffers, A., Hall, S. M., Prochaska, J. J.
2015; 76 (10): E1285-?
- **Engaging Patients and Clinicians in Treating Tobacco Addiction** *JAMA INTERNAL MEDICINE*
Prochaska, J. J.
2014; 174 (8): 1299-1300
- **Efficacy of Initiating Tobacco Dependence Treatment in Inpatient Psychiatry: A Randomized Controlled Trial** *AMERICAN JOURNAL OF PUBLIC HEALTH*
Prochaska, J. J., Hall, S. E., Delucchi, K., Hall, S. M.
2014; 104 (8): 1557-1565
- **Encouraging and supporting smoking cessation in the workforce.** *Occupational and environmental medicine*
Prochaska, J. J., Brown-Johnson, C. G.
2014; 71 (6): 385-387
- **Quitting smoking is associated with long term improvements in mood** *BMJ-BRITISH MEDICAL JOURNAL*
Prochaska, J. J.
2014; 348
- **Cytisine, the world's oldest smoking cessation aid.** *BMJ (Clinical research ed.)*
Prochaska, J. J., Das, S., Benowitz, N. L.
2013; 347: f5198-?
- **Risk of cardiovascular serious adverse events associated with varenicline use for tobacco cessation: systematic review and meta-analysis** *BRITISH MEDICAL JOURNAL*
Prochaska, J. J., Hilton, J. F.
2012; 344
- **An online survey of tobacco use, intentions to quit, and cessation strategies among people living with bipolar disorder** *BIPOLAR DISORDERS*
Prochaska, J. J., Reyes, R. S., Schroeder, S. A., Daniels, A. S., Doederlein, A., Bergeson, B.
2011; 13 (5-6): 466-473
- **Smoking and Mental Illness - Breaking the Link** *NEW ENGLAND JOURNAL OF MEDICINE*
Prochaska, J. J.
2011; 365 (3): 196-198
- **Treating tobacco dependence in clinically depressed smokers: Effect of smoking cessation on mental health functioning** *AMERICAN JOURNAL OF PUBLIC HEALTH*
Prochaska, J. J., Hall, S. M., Tsoh, J. Y., Eisendrath, S., Rossi, J. S., Redding, C. A., Rosen, A. B., Meisner, M., Humfleet, G. L., Gorecki, J. A.
2008; 98 (3): 446-448
- **A meta-analysis of smoking cessation interventions with individuals in substance abuse treatment or recovery** *JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY*
Prochaska, J. J., Delucchi, K., Hall, S. A.
2004; 72 (6): 1144-1156
- **Behavioral Health and Substance Use Correlates of E-Cigarette Use in Early Pregnancy.** *American journal of preventive medicine*
Young-Wolff, K. C., Bhattacharya, S., Adams, S. R., Kline-Simon, A., Prochaska, J. J., Kuzniewicz, M. W., Does, M. B., Ansley, D., Castellanos, C., Nugent, J. R.
2026: 108477
- **Nicotine Pouch Awareness, Susceptibility, and Use Among California College Students.** *Journal of community health*

- Satybaldiyeva, N., Schleicher, N. C., Dobbs, P. D., Johnson, T. O., Alam, A., Prochaska, J. J., Henriksen, L.
2026
- **A relational agent for treating substance use in adults: A randomized controlled trial with a psychoeducational comparator.** *Journal of substance use and addiction treatment*
Prochaska, J. J., Wang, M., Chieng, A., Moore, J., Vogel, E. A., Baiocchi, M., Pajarito, S., Pirner, M. C., Bullard, L., Darcy, A., Robinson, A.
2026: 209993
 - **Intention and self-efficacy to quit e-cigarettes and cigarettes among California college students.** *Journal of American college health : J of ACH*
Bowdring, M. A., Schleicher, N. C., Prochaska, J. J., Henriksen, L.
2026: 1-10
 - **First Survey of Non-Alcoholic Beer Labels by Producer Type.** *Drug and alcohol review*
Bowdring, M. A., Prochaska, J. J.
2026; 45 (3): e70138
 - **College Students' Reported Sources of Nicotine Vapes and Cigarettes Following California's Restriction on Flavored Tobacco Sales.** *American journal of preventive medicine*
Satybaldiyeva, N., Schleicher, N. C., Johnson, T. O., Alam, A., Prochaska, J. J., Henriksen, L.
2026: 108291
 - **Vaping nicotine is associated with increased medically-attended COVID-19 in women of reproductive age in an integrated health system.** *Journal of thoracic disease*
Velotta, J. B., Moskalenko, I., Zhu, S., Adams, S. R., Nugent, J. R., Chervo, T., Skarbinski, J., Prochaska, J. J., Brown, Q. L., Campbell, C. I., Soroosh, A. J., Does, M. B., Young-Wolff, et al
2025; 17 (11): 10023-10035
 - **Federal and state gaps in regulation of hemp-derived THC beverages.** *American journal of preventive medicine*
Bowdring, M. A., Mian, M. N., Young-Wolff, K. C., Prochaska, J. J.
2025: 108181
 - **A Work-Based, Fully Remote, and Peer-Supported Exercise Snack Behavior Change Intervention (MOV'D): Protocol for a Randomized Controlled Pilot Trial.** *JMIR research protocols*
Monteiro, A., Moore, J., Aikens, R., Duckworth, A., Gross, J. J., Schwartz, D., Baiocchi, M., Prochaska, J. J., Oppezco, M.
2025; 14: e64455
 - **Prevalence and Sociodemographic Correlates of Blunt Use During Early Pregnancy.** *American journal of preventive medicine*
Young-Wolff, K. C., Cortez, C. A., Padon, A. A., Prochaska, J. J., Soroosh, A., Campbell, C. I., Brown, Q. L.
2025: 108015
 - **College Students' Awareness of California's Law Prohibiting Sales of Flavored Tobacco.** *Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco*
Satybaldiyeva, N., Schleicher, N. C., Johnson, T., Alam, A., Prochaska, J. J., Henriksen, L.
2025
 - **Beta-testing the feasibility of a family-based financial incentives smoking cessation intervention with Alaska Native families: Phase 2 of the Aniqsaaq (to breathe) Study.** *Contemporary clinical trials communications*
Tranby, B. N., Young, A. M., Roche, A. I., Lee, F. R., Brown, A. R., Stillwater, B. J., Prochaska, J. J., King, D. K., Decker, P. A., Borah, B. J., McDonell, M. G., Thomas, T. K., Patten, et al
2025; 45: 101472
 - **BARRIERS TO TOBACCO CESSATION ENGAGEMENT AMONG PATIENTS UNDERGOING CANCER CARE: INSIGHTS FROM DECLINED TREATMENT CASES IN ATELEHEALTH PROGRAM**
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PRESENTATIONS

- JUUL: Use Patterns, Addiction, & Potential Treatments - Stanford Psychiatry Grand Rounds (January 30, 2020)
- Emerging Evidence on Vaping & Cardiovascular Health - Stanford Cardiology Grand Rounds (January 30, 2020)