



Leina'ala Song, MD

Clinical Assistant Professor, Orthopaedic Surgery

CLINICAL OFFICE (PRIMARY)

- **Arrillaga Sports Medicine Center**

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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

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Bio

BIO

Dr. Song is a double board-certified sports medicine physician with Stanford Health Care Orthopaedics and Sports Medicine. She is a clinical assistant professor in the Department of Orthopaedic Surgery at Stanford University School of Medicine. Dr. Song completed fellowship training in orthopaedics and sports medicine at the University of Washington School of Medicine in Seattle, Washington.

Dr. Song specializes in managing a wide range of sports and musculoskeletal injuries. She performs ultrasound-guided injections including corticosteroid, hyaluronic acid, and PRP. She is also skilled at using high-resolution ultrasound to perform other minimally invasive interventions, such as ultrasound guided percutaneous tenotomy. She is currently the primary team physician for numerous Division 1 athletic teams at Stanford University, including men's volleyball, women's volleyball, beach volleyball, lacrosse, open weight crew, light weight crew, softball, artistic swim, and sailing.

Dr. Song's research interests include the long-term outcomes of percutaneous ultrasound-guided tenotomy, orthobiologics, and the health of the female athlete. She has taught sports medicine fellows as well as primary care residents. She has provided sideline coverage at multiple athletic events, as well as pre-participation screenings for professional teams such as the Seattle Seahawks and Seattle Seawolves.

CLINICAL FOCUS

- Orthopaedic Sports Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Orthopaedic Surgery
- Member, Wu Tsai Human Performance Alliance

HONORS AND AWARDS

- Resident Scholarship Award, American Medical Society for Sports Medicine (AMSSM) Foundation

PROFESSIONAL EDUCATION

- Board Certification: Sports Medicine, American Board of Emergency Medicine (2023)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2022)
- Fellowship: University of Washington Orthopaedics and Sport Medicine (2023) WA
- Residency: Kaiser Permanente Mapunapuna Medical Office Internal Medicine Program (2022) HI
- Medical Education: University of Hawaii at Manoa John A Burns School of Medicine (2019) HI

Publications

PUBLICATIONS

- **Pregame and Halftime Intravenous Hyperhydration Practices in National Collegiate Athletic Association Football Bowl Subdivision Teams.** *Clinical journal of sport medicine : official journal of the Canadian Academy of Sport Medicine*
Schultz, E. A., Song, L., Hwang, C. E.
2026
- **Handheld Ultrasound for Personalized All-Soft-Tissue Quadriceps Tendon Anterior Cruciate Ligament Reconstruction.** *Video journal of sports medicine*
Chu, C. R., Song, L., He, J., Roh, E.
2026; 6 (3): 26350254251408068
- **Increased Prevalence of Concussion in Collegiate Water Polo Goalkeepers.** *Clinical journal of sport medicine : official journal of the Canadian Academy of Sport Medicine*
Lee, M. C., Pham, N. S., Song, L., Hwang, C. E.
2025
- **Head Injuries and Emergencies in Sport** *On-the-Field Emergencies, An Issue of Clinics in Sports Medicine*
Song, L., Griffin, G., Rao, A.
2023
- **Chronic Lymphocytic Leukemia With Leptomeningeal Involvement Presenting as an Acute Encephalopathy.** *The Permanente journal*
Bae, W. H., Yee, M., Song, L., Canonico, M. M., Verhoef, P. A., Shimabukuro, K. A.
2022; 26 (2): 126-131
- **Wimblonitis?** *Clinical Journal of Sport Medicine*
Song, L., Young, J. M., Yamazaki, M.
2018
- **Acanthosis Nigricans in Hawaiian Children vs Non-Hawaiian Children**
Song, L., Edinger, C., Robbins, K.
National Institutes of Health.
2008