



Martin Kawalski MD, PhD

- Affiliate, OHNS/Otolaryngology/Head & Neck Surgery
- Visiting Scholar, Otolaryngology - Head & Neck Surgery Divisions

Bio

BIO

Dr. Martin Kawalski, MD, PhD, is a Sleep Medicine researcher at Stanford University investigating how consumer wearables can quantify the impact of disrupted sleep on aging processes. He is particularly interested in leveraging AI-driven solutions to enhance patient education and engagement in digital health platforms. Prior to his academic career, Dr. Kawalski founded and led innovations in sports and lifestyle electronics, including co-founding SKEO—an alpine sports safety wearable developed with Olympian Bode Miller. His extensive international experience equips him with a global perspective and an ability to collaborate seamlessly across diverse cultures and disciplines.