Stanford



Maria Juarez-Reyes

Clinical Associate Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Primary Care Portola Valley**

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Bio

BIO

Dr. Juarez-Reyes received her PhD in Health Psychology, MD and Internal Medicine residency training from the University of California at San Francisco. Her focus during medical training was in Behavioral Medicine. In 2010, she became board certified in Integrative Medicine through American Board of Integrative Holistic Medicine. She is currently a Clinical

Associate Professor in the Division of Primary Care and Population Health, Department of Medicine, Stanford University. She is currently the Director of Behavioral Health Group Medical Visits and serves as Site Director for Internal Medicine Residency program at Stanford. She developed “Beyond Stress”, a six-week group intervention for patients with stress, anxiety, and depression. This intervention has now been translated into Spanish, Mas Alla del Estres, and it is delivered to community based Spanish speaking cancer patients.

Her current research evaluates integrative behavioral health group medical visits and the relationship to anxiety, depression, burnout, and sleep in primary care and Spanish speaking community-based populations. Previous health disparities research includes tobacco cessation practices of community-based providers, breast cancer screening follow-up in Latinx women, Latinx adolescent reproductive behavior, medication eligibility criteria effects in ethnic subgroups, and TB treatment in urban county jails. She enjoys travel, walking with friends, anything science fiction and spending time with her family.

CLINICAL FOCUS

- Internal Medicine
- Women's Health
- Behavioral Medicine

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Site Director, Internal Medicine Residency Program, (2016- present)

PROFESSIONAL EDUCATION

- Board Certification: Internal Medicine, American Board of Internal Medicine (2024)
- Residency: UCSF-Graduate Medical Education (2001) CA
- Medical Education: Univ of California San Francisco (1997) CA
- M.D., U.C. San Francisco , Medicine (1997)
- Ph.D., U.C. San Francisco , Psychology (1991)
- B.A, San Jose State University , Psychology Neuroscience (1985)

Research & Scholarship

CLINICAL TRIALS

- Mental Health Disparities in Spanish Speaking Latina Breast Cancer Patients, Not Recruiting

Publications

PUBLICATIONS

- **SIREN 2025 National Research Meeting: Advancing the Science of Social Care.** *Health services research*
  Blacker, A., Lotrecchiano, G., Shope, R., Juarez-Reyes, M., Aboelata, N., King, L., Wells, B.
  2025; 60 Suppl 1 (Suppl 1): e14502
- **A Randomized Controlled Trial of a Culturally Adapted, Community-Based, Remotely Delivered Mindfulness Program for Latinx Patients With Breast Cancer is Acceptable and Feasible While Reducing Anxiety.** *Global advances in integrative medicine and health*
  Juarez-Reyes, M., Martinez, E., Xiao, L., Goldman Rosas, L.
  2024; 13: 27536130241274240
- **Behavioral health support for health care workers during COVID-19: An observational study of a remote mindfulness intervention** *JOURNAL OF WORKPLACE BEHAVIORAL HEALTH*
  Juarez-Reyes, M., Less, J., Gardner, R. M., Dahlen, A., Blacker, A.
  2024
- **Mindfulness-Based Group Medical Visits in Primary Care for Stress and Anxiety: An Observational Study.** *Journal of integrative and complementary medicine*
  Juarez-Reyes, M., Purington, N., Kling, S. M.
  2022
- **Accessing behavioral health care during COVID: rapid transition from in-person to teleconferencing medical group visits.** *Therapeutic advances in chronic disease*
  Juarez-Reyes, M., Mui, H. Z., Kling, S. M., Brown-Johnson, C.
  2021; 12: 2040622321990269
- **Completion Rate and Side-Effect Profile of Three-Month Isoniazid and Rifapentine Treatment for Latent Tuberculosis Infection in an Urban County Jail.** *Open forum infectious diseases*
  Juarez-Reyes, M., Gallivan, M., Chyorny, A., O'Keeffe, L., Shah, N. S.
  2016; 3 (1): ofv220-?

PRESENTATIONS

- Three Month Isoniazid and Rifapentine Treatment for Latent TB Infection in an Urban County Jail: A Multiagency Collaboration - California Tuberculosis Controller's Association Annual Meeting (April 19, 2016)
- Reducing mental health care disparities in Latinx patients with breast cancer: A randomized controlled trial of a community-based mindfulness program in Spanish - 20th International Conference of the Society for Integrative Oncology (September 15, 2023)