Erin Cassidy Eagle
Clinical Professor, Psychiatry and Behavioral Sciences

Bio

Dr. Erin Cassidy-Eagle specializes in the treatment of mental health disorders in adults and older adults. She has practiced as a Clinical Psychologist for more than 20 years. Dr. Cassidy-Eagle has a special interest in sleep, cognition and mental health of older adults.

Clinical Focus

- Psychology

Academic Appointments

- Clinical Professor, Psychiatry and Behavioral Sciences

Professional Education

- Board Certification: Sleep Medicine, Board of Behavioral Sleep Medicine (2018)
- PhD Training: University of Massachusetts (1997) MA
- Board Certification: Psychology, American Board of Sleep Medicine
- Fellowship: Stanford Univ Hosp - Psychiatry (1999) CA
- Internship: Palo Alto VA Healthcare System (1997) CA
- Ph.D., University of Massachusetts, Amherst, Clinical Psychology (1997)

Publications

Publications

- PILOT STUDY OF A NOVEL APPROACH MANAGEMENT OF SLEEP ASSOCIATED PROBLEMS IN BREAST CANCER PATIENTS (MOSAIC) DURING CHEMOTHERAPY
  OXFORD UNIV PRESS INC 2020: $647
- EASY MONEY: FINANCIAL SCAMS AND OLDER ADULTS
  Gorney, R., Cassidy-Eagle, E., Smith, K.
• Working With Depressed Caregivers: Behavioral Activation "I Can't Find the Energy or Time to Leave the House" *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*
  2020: 31–41

• Pilot Study of a Novel Approach Management of Sleep Associated Problems in Breast Cancer Patients (MOSAIC) During Chemotherapy. *Sleep*
  2020

• *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH CASES AND APPROACHES* Preface  *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*
  2020: XVII-XVIII

• Evaluation and Management of Insomnia "My Sleeping Pill Isn't Working Anymore" *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*
  2020: 145–63

• Neuropsychological Testing "I Sometimes Forget Things" *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*
  2020: 251–64

• Behavioral Activation Therapy for Older Adults with Depression: A Systematic Review of Effectiveness  
  Predescu, I., Tran, D., Cassidy-Eagle, E., Dunn, L.  
  ELSEVIER SCIENCE INC.2018: S132

• Neuropsychological Functioning in Older Adults with Mild Cognitive Impairment and Insomnia Randomized to CBT-I or Control Group  *CLINICAL GERONTOLOGIST*
  Cassidy-Eagle, E., Siebern, A., Unti, L., Glassman, J., O'Hara, R.  
  2018; 41 (2): 136–44

• Association of Anxiety Symptom Clusters with Sleep Quality and Daytime Sleepiness. *Journals of gerontology. Series B, Psychological sciences and social sciences*
  Gould, C. E., Spira, A. P., Liou-Johnson, V., Cassidy-Eagle, E., Kawai, M., Mashal, N., O'Hara, R., Beaudreau, S. A.  
  2017

• Older Adult Sleep Coaches Facilitate Sleep Intervention Groups for Seniors in Residential Care  
  Cassidy-Eagle, E. L., Siebern, A., Unti, L., Glassman, J., Dunn, L. B.  
  ELSEVIER SCIENCE INC.2017: S138–S139

• Non-Pharmacologic Insomnia Intervention for Older Adults with Mild Cognitive Impairment: Improvements in Actigraphy-Assessed Sleep Parameters  
  Cassidy-Eagle, E. L., Siebern, A., Unti, L., Glassman, J., Dunn, L. B.  
  ELSEVIER SCIENCE INC.2016: S162

• Anxiety Symptom Clusters Predict Sleep Quality  
  ELSEVIER SCIENCE INC.2015: S144–S145

• Increasing the Ranks of Academic Researchers in Mental Health: A Multisite Approach to Postdoctoral Fellowship Training  *ACADEMIC MEDICINE*
  2010; 85 (1): 41-47

• Effective use of consent forms and interactive questions in the consent process.  *IRB*
  2008; 30 (2): 8-12

• Assessment of trauma exposure and post-traumatic stress in long-term care veterans: Preliminary data on psychometrics and post-traumatic stress disorder prevalence  *MILITARY MEDICINE*
<ul>
  <li><strong>Underreporting of behavioral problems in older hospitalized patients</strong> <i>GERONTOLOGIST</i>
      2005; 45 (4): 535-538</li>
  <li><strong>Mixed anxiety and depression in older adults: Clinical characteristics and management</strong> <i>JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY</i>
      Cassidy, E. L., Lauderdale, S., Sheikh, J. I.
      2005; 170 (10): 862-866</li>
  <li><strong>Efficacy of sertraline for panic disorder in older adults: A preliminary open-label trial</strong> <i>AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY</i>
      Sheikh, J. I., Lauderdale, S. A., Cassidy, E. L.
  <li><strong>Efficacy, safety, and tolerability of sertraline in patients with late-life depression and comorbid medical illness</strong> <i>JOURNAL OF THE AMERICAN GERIATRICS SOCIETY</i>
      2004; 52 (1): 86-92</li>
  <li><strong>Possible association of posttraumatic stress disorder with cognitive impairment among older adults</strong> <i>PSYCHIATRIC SERVICES</i>
      Cook, J. M., Ruzek, J. I., Cassidy, E.
      2003; 54 (9): 1223-25</li>
  <li><strong>Cognitive status and behavioral problems in older hospitalized patients</strong>. <i>Annals of general hospital psychiatry</i>
  <li><strong>Pre-intervention assessment for disruptive behavior problems: a focus on staff needs</strong> <i>AGING & MENTAL HEALTH</i>
      Cassidy, E. L., Sheikh, J. I.
      2002; 6 (2): 166-171</li>
  <li><strong>Recruitment and retention of elderly patients in clinical trials - Issues and strategies</strong> <i>AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY</i>
      Cassidy, E. L., Baird, E., Sheikh, J. I.
      2001; 9 (2): 136-140</li>
  <li><strong>Training psychologists for service delivery in long-term care settings</strong> <i>CLINICAL PSYCHOLOGY-SCIENCE AND PRACTICE</i>
      Gallagher-Thompson, D., Cassidy, E. L., LOVETT, S.
  <li><strong>Treatment of anxiety disorders in the elderly: Issues and strategies</strong> <i>JOURNAL OF ANXIETY DISORDERS</i>
      Sheikh, J. I., Cassidy, E. L.
      2000; 14 (2): 173-190</li>
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