

# Stanford

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## Erin Cassidy Eagle

Clinical Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

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### ACADEMIC CONTACT INFORMATION

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## Bio

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### BIO

Dr. Erin Cassidy-Eagle specializes in the treatment of mental health disorders in adults and older adults. She has practiced as a Clinical Psychologist for more than 30 years. Dr. Cassidy-Eagle has a special interest in sleep, cognition and mental health of older adults.

### CLINICAL FOCUS

- Clinical Psychology

### ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

### PROFESSIONAL EDUCATION

- Board Certification: Behavioral Sleep Medicine, American Board of Sleep Medicine (2012)
- Fellowship: Stanford Univ Hosp Psychiatry (1999) CA
- PhD Training: University of Massachusetts (1997) MA
- Internship: Palo Alto VA Healthcare System (1997) CA
- Ph.D., University of Massachusetts, Amherst, Clinical Psychology (1997)

## Research & Scholarship

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### CLINICAL TRIALS

- Intellectual Impairment in Women With Breast Cancer, Not Recruiting

## Publications

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### PUBLICATIONS

- **Development of a core outcome set for clinical trials of interventions to improve sleep in people with cognitive impairment-the Sleep in Cognitive Impairment Core Outcome Set (SCICOS).** *Alzheimer's & dementia : the journal of the Alzheimer's Association*  
Crowley, P., Henry, A. L., Flanagan, E., Antonsdottir, I., Bentley, A., Blackman, J., Bliwise, D. L., Bubu, O. M., Buysse, D. J., Camargos, E. F., Cassidy-Eagle, E., Cote, K., Coulthard, et al

2025; 21 (11): e70890

- **VALUES AND PRIORITIES OF OLDER ADULTS: CREATING COLLABORATIVE GOALS IN PSYCHIATRIC CARE**  
Pate, R., Gould, C., Yenke, I., Makowski, M., Li, O., Silva, V., Lin, F., Gallagher-Thompson, D., Cassidy-Eagle, E.  
ELSEVIER SCIENCE INC.2025: S10-s11
- **OPTIMIZING THE DESIGN AND MEASUREMENT OF A MULTI-MODULE GROUP INTERVENTION TO IMPROVE WELL-BEING IN OLDER ADULTS**  
Yenke, I., Lin, F., Gould, C., Pate, R., Makowski, M., Li, O., Silva, V., Gallagher-Thompson, D., Cassidy-Eagle, E.  
ELSEVIER SCIENCE INC.2025: s11
- **Emotion-centered problem solving therapy for generalized anxiety disorder: a single-arm pilot study with middle-aged and older adults.** *Aging & mental health*  
Beaudreau, S. A., Otero, M. C., Lutz, J. A., Gould, C. E., Cassidy Eagle, E., Suresh, M., Kramer, A., Wetherell, J. L., Warren, S. L., Mashal, N. M.  
2025: 1-10
- **SLEEP: DYSFUNCTIONAL BELIEFS ABOUT SLEEP, INSOMNIA AND HRQL IN CANCER PATIENTS RECEIVING CHEMOTHERAPY**  
Campbell, R., Palesh, O., Hong, S., Lee, S., Nyagaka, R., Sutton, A., Chen, M., Burch, J., Cassidy-Eagle, E., Hong, C.  
OXFORD UNIV PRESS INC.2025: S236
- **IMPROVING WELL-BEING IN OLDER ADULTS: USING AN ITERATIVE PROCESS TO OPTIMIZE THE DESIGN OF A GROUP INTERVENTION**  
Cassidy-Eagle, E., Gould, C., Lin, F., Makowski, M., Gallagher-Thompson, D.  
OXFORD UNIV PRESS.2024: 44
- **WHAT MATTERS MOST: A NEEDS ASSESSMENT OF OLDER ADULTS**  
Pate, R., Cassidy-Eagle, E., Gould, C., Makowski, M., Herbst, S., Saxena, P., Kim, D., Wroolie, T., Therrien, S., Lin, F., Sommer, B., Thompson, D.  
ELSEVIER SCIENCE INC.2023: S93
- **THE FULL SPECTRUM OF BEHAVIORAL ACTIVATION IN OLDER ADULTS: A SCOPING REVIEW**  
Tran, D., Predescu, I., Shih, B., Cassidy-Eagle, E., Dunn, L.  
ELSEVIER SCIENCE INC.2022: S103-S104
- **<p>Cognitive Behavioral Therapy for Late-Life Depression: Evidence, Issues, and Recommendations</p>** *COGNITIVE AND BEHAVIORAL PRACTICE*  
Bilbrey, A., Laidlaw, K., Cassidy-Eagle, E. W., Thompson, L., Gallagher-Thompson, D.  
2022; 29 (1): 128-145
- **Cognitive-Behavioral Therapy for Insomnia in Older Adults** *COGNITIVE AND BEHAVIORAL PRACTICE*  
Cassidy-Eagle, E. L., Siebern, A., Chen, H., Kim, H., Palesh, O.  
2022; 29 (1): 146-160
- **Symptoms and survivorship needs differences between “good sleepers” and “bad sleepers” in survivors of breast and gynecologic cancers** *Sleep Medicine*  
Palesh, O., Tolby, L. T., Hofmeister, E., Fisher, S., Solomon, N. L., Sackeyfio, S., Berek, J. S., Kurian, A. W., Cassidy-Eagle, E., Schapira, L.  
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- **SCOPING REVIEW OF GERIATRIC DEPRESSION AND BEHAVIORAL ACTIVATION**  
Tran, D., Predescu, I., Cassidy-Eagle, E., Dunn, L.  
ELSEVIER SCIENCE INC.2021: S91–S92
- **PILOT STUDY OF A NOVEL APPROACH MANAGEMENT OF SLEEP ASSOCIATED PROBLEMS IN BREAST CANCER PATIENTS (MOAIC) DURING CHEMOTHERAPY**  
Palesh, O., Solomon, N., Hofmeister, E., Booil, J., Cassidy-Eagle, E. L., Innominato, P. F., Fisher, S., Shen, H., Kesler, S.  
OXFORD UNIV PRESS INC.2020: S647
- **EASY MONEY: FINANCIAL SCAMS AND OLDER ADULTS**  
Gorney, R., Cassidy-Eagle, E., Smith, K.  
ELSEVIER SCIENCE INC.2020: S6
- **Toward a theory-based specification of non-pharmacological treatments in aging and dementia: Focused reviews and methodological recommendations.** *Alzheimer's & dementia : the journal of the Alzheimer's Association*

Sikkes, S. A., Tang, Y. n., Jutten, R. J., Wesselman, L. M., Turkstra, L. S., Brodaty, H. n., Clare, L. n., Cassidy-Eagle, E. n., Cox, K. L., Chételet, G. n., Dautricourt, S. n., Dhana, K. n., Dodge, et al  
2020

- **Late-Life Depression I "I Can't Keep Up With My Grandkids"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Gallagher-Thompson, D., Bilbrey, A., Cassidy-Eagle, E. L., Thompson, L. W.  
edited by Dunn, L. B., CassidyEagle, E. L.  
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- **Pilot Study of a Novel Approach Management of Sleep Associated Problems in Breast Cancer Patients (MOSAIC) During Chemotherapy.** *Sleep*  
Palesh, O. n., Solomon, N. n., Hofmeister, E. n., Jo, B. n., Shen, H. n., Cassidy-Eagle, E. n., Innominato, P. F., Mustian, K. n., Kesler, S. n.  
2020
- **PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH CASES AND APPROACHES Preface** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Dunn, L. B., Cassidy-Eagle, E. L.  
edited by Dunn, L. B., CassidyEagle, E. L.  
2020: XVII-XVIII
- **Evaluation and Management of Insomnia "My Sleeping Pill Isn't Working Anymore"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Cassidy-Eagle, E. L., Dunn, L. B., Palesh, O.  
edited by Dunn, L. B., CassidyEagle, E. L.  
2020: 145–63
- **Neuropsychological Testing "I Sometimes Forget Things"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Wroolie, T. E., Cassidy-Eagle, E. L., Dunn, L. B.  
edited by Dunn, L. B., CassidyEagle, E. L.  
2020: 251–64
- **Working With Depressed Caregivers: Behavioral Activation "I Can't Find the Energy or Time to Leave the House"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*  
Bilbrey, A., Cassidy-Eagle, E. L., Gallagher-Thompson, D.  
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2020: 31–41
- **Behavioral Activation Therapy for Older Adults with Depression: A Systematic Review of Effectiveness**  
Predescu, I., Tran, D., Cassidy-Eagle, E., Dunn, L.  
ELSEVIER SCIENCE INC.2018: S132
- **Neuropsychological Functioning in Older Adults with Mild Cognitive Impairment and Insomnia Randomized to CBT-I or Control Group** *CLINICAL GERONTOLOGIST*  
Cassidy-Eagle, E., Siebern, A., Unti, L., Glassman, J., O'Hara, R.  
2018; 41 (2): 136–44
- **Association of Anxiety Symptom Clusters with Sleep Quality and Daytime Sleepiness.** *journals of gerontology. Series B, Psychological sciences and social sciences*  
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- **Older Adult Sleep Coaches Facilitate Sleep Intervention Groups for Seniors in Residential Care**  
Cassidy-Eagle, E. L., Siebern, A., Unti, L., Glassman, J., Dunn, L. B. B.  
ELSEVIER SCIENCE INC.2017: S138–S139
- **Non-Pharmacologic Insomnia Intervention for Older Adults with Mild Cognitive Impairment: Improvements in Actigraphy-Assessed Sleep Parameters**  
Cassidy-Eagle, E. L., Siebern, A., Unti, L., Glassman, J., Dunn, L. B.

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- **Anxiety Symptom Clusters Predict Sleep Quality**  
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- **Increasing the Ranks of Academic Researchers in Mental Health: A Multisite Approach to Postdoctoral Fellowship Training** *ACADEMIC MEDICINE*  
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- **Effective use of consent forms and interactive questions in the consent process.** *IRB*  
Palmer, B. W., Cassidy, E. L., Dunn, L. B., Spira, A. P., Sheikh, J. I.  
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- **Assessment of trauma exposure and post-traumatic stress in long-term care veterans: Preliminary data on psychometrics and post-traumatic stress disorder prevalence** *MILITARY MEDICINE*  
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- **Underreporting of behavioral problems in older hospitalized patients** *GERONTOLOGIST*  
Davies, H. D., O'Hara, R., Mumenthaler, M. S., Cassidy, E. L., Buffum, M., Kim, J. M., Danielsen, C. E., Noda, A., Kraemer, H. C., Sheikh, J. I.  
2005; 45 (4): 535-538
- **Mixed anxiety and depression in older adults: Clinical characteristics and management** *JOURNAL OF GERIATRIC PSYCHIATRY AND NEUROLOGY*  
Cassidy, E. L., Lauderdale, S., Sheikh, J. I.  
2005; 18 (2): 83-88
- **Efficacy of sertraline for panic disorder in older adults: A preliminary open-label trial** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
Sheikh, J. I., Lauderdale, S. A., Cassidy, E. L.  
2004; 12 (2): 230-230
- **Efficacy, safety, and tolerability of sertraline in patients with late-life depression and comorbid medical illness** *JOURNAL OF THE AMERICAN GERIATRICS SOCIETY*  
Sheikh, J. I., Cassidy, E. L., Doraiswamy, P. M., Salomon, R. M., Hornig, M., Holland, P. J., Mandel, F. S., Clary, C. M., Burt, T.  
2004; 52 (1): 86-92
- **Possible association of posttraumatic stress disorder with cognitive impairment among older adults** *PSYCHIATRIC SERVICES*  
Cook, J. M., Ruzek, J. I., Cassidy, E.  
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Cassidy, E. L., Sheikh, J. I.  
2002; 6 (2): 166-171
- **Recruitment and retention of elderly patients in clinical trials - Issues and strategies** *AMERICAN JOURNAL OF GERIATRIC PSYCHIATRY*  
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