



Neda Pakdaman

Clinical Assistant Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Maison Medical Group**

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Bio

BIO

Dr. Pakdaman practices Internal Medicine in Silicon Valley. She received her medical education at Yale University School of Medicine where she earned the Janet M. Glasgow Memorial Achievement Award for Women in Medicine. She completed her residency in Internal Medicine at Stanford University Hospital and was nominated for the Alwin Rambar-James Mark Award for Excellence in Patient Care.

Dr. Pakdaman has been involved in developing innovative models for patient centered practice delivery. She has extensive background in Concierge Medicine as well as Executive Medicine. In addition, prior to coming to Stanford, she helped initiate and served as medical director for the Palliative Care inpatient consult service at El Camino Hospital. During that time, she served as chair of the El Camino Hospital Ethics Committee and as an advisory member for the Genomics Medicine Institute at El Camino Hospital. Drawing from her experiences working in both executive health programs and retainer based practices, she joined Stanford in 2012 to help launch Stanford Concierge Medicine. She subsequently served as the Medical Director of Stanford Concierge Medicine and Stanford Executive Health for five years where she helped pilot aspects of Stanford Precision Health platform.

Dr. Pakdaman's clinical focus is adult primary care with health promotion and disease prevention/management.

Board Certified Internal Medicine 2003, 2013

Board Certified Hospice and Palliative Medicine 2008, 2018

CLINICAL FOCUS

- Internal Medicine
- health promotion
- wellness
- preventive medicine
- chronic disease

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Adjunct Clinical Faculty, Stanford School of Medicine, (2003-2012)
- Clinical Assistant Professor, Stanford School of Medicine, (2012- present)
- Medical Director, Stanford Concierge Medicine and Stanford Executive Medicine, (2013- present)

HONORS AND AWARDS

- Phi Beta Kappa, University of California, Santa Cruz (1995)
- Janet M. Glasgow Memoria Award for Achievement for Women in Medicine, Yale Medical School (2000)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American College of Physicians (2003 - present)
- Member, American Academy of Hospice and Palliative Medicine (2007 - present)

PROFESSIONAL EDUCATION

- Residency: Stanford University Internal Medicine Residency (2003) CA
- Medical Education: Yale School Of Medicine (2000) CT
- Board Certification: Hospice and Palliative Medicine, American Board of Internal Medicine (2008)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2003)
- BA, University of California, Santa Cruz , Biology (1995)

Publications

PUBLICATIONS

- **Patient and provider perspectives on the development of personalized medicine: a mixed-methods approach** *JOURNAL OF COMMUNITY GENETICS*
Puryear, L., Downs, N., Nevedal, A., Lewis, E. T., Ormond, K. E., Bregendahl, M., Suarez, C. J., David, S. P., Charlap, S., Chu, I., Asch, S. M., Pakdaman, N., Chang, et al
2018; 9 (3): 283–91
- **Patient and provider perspectives on the development of personalized medicine: a mixed-methods approach.** *Journal of community genetics*
Puryear, L. n., Downs, N. n., Nevedal, A. n., Lewis, E. T., Ormond, K. E., Bregendahl, M. n., Suarez, C. J., David, S. P., Charlap, S. n., Chu, I. n., Asch, S. M., Pakdaman, N. n., Chang, et al
2017
- **Clinical interpretation and implications of whole-genome sequencing.** *JAMA*
Dewey, F. E., Grove, M. E., Pan, C., Goldstein, B. A., Bernstein, J. A., Chaib, H., Merker, J. D., Goldfeder, R. L., Enns, G. M., David, S. P., Pakdaman, N., Ormond, K. E., Caleshu, et al
2014; 311 (10): 1035-1045
- **Clinical interpretation and implications of whole-genome sequencing.** *JAMA : the journal of the American Medical Association*
Dewey, F. E., Grove, M. E., Pan, C., Goldstein, B. A., Bernstein, J. A., Chaib, H., Merker, J. D., Goldfeder, R. L., Enns, G. M., David, S. P., Pakdaman, N., Ormond, K. E., Caleshu, et al
2014; 311 (10): 1035-1045
- **Effective Use of Lidocaine Infusion in the Home Hospice Setting** *17th Annual International Palliative Care Conference*
Pakdaman, N. N., Brown, E., Ferraresi, V., Egan, B.
2008

- **Pyoderma gangrenosum and myelodysplastic syndrome** *SOUTHERN MEDICAL JOURNAL*
Litvak, D., Kirsner, R. S., Pakdaman, N. N., Federman, D. G.
2000; 93 (9): 923-925