



Ashley Martinez, MD, MAS

Clinical Assistant Professor, Medicine - Nephrology

CLINICAL OFFICE (PRIMARY)

- **Nephrology**

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Bio

BIO

Dr. Ashley Martinez is a board-certified, fellowship-trained nephrologist with the Kidney and Pancreas Transplant Program at Stanford Health Care. She is also a clinical assistant professor in the Department of Medicine, Division of Nephrology at Stanford University School of Medicine.

Dr. Martinez specializes in caring for kidney transplant recipients. She has expertise in pre-transplant evaluation and readiness, immunosuppression, kidney allograft survival, and the prevention and treatment of post-transplant complications. She prioritizes clear, personalized communication at every point to improve care.

Dr. Martinez earned her medical degree from Harvard Medical School and completed her residency in internal medicine at Massachusetts General Hospital. She completed clinical and research fellowships in nephrology at the University of California, San Francisco (UCSF), where she also earned a master's degree in clinical research. She completed her transplant nephrology fellowship at Stanford University School of Medicine.

Dr. Martinez's research interests focus on addressing the needs of patients impacted by language barriers. Her work has emphasized the need to improve provider-patient communication, patient education, and evaluation tools for patients with limited English proficiency. She aims to increase awareness of communication gaps and increase patient-centered communication throughout the course of kidney care.

Dr. Martinez has published her findings in peer-reviewed journals including JAMA Network Open and Kidney360. She has also presented at the National Kidney Foundation Spring Clinical Meetings.

Dr. Martinez is a member of the American Society of Nephrology, the American Society of Transplantation, and the National Kidney Foundation.

CLINICAL FOCUS

- Nephrology

- Transplant Nephrology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Nephrology

HONORS AND AWARDS

- Fellow of the Year Teaching Award, University of California, San Francisco (UCSF)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, National Kidney Foundation (2020 - present)
- Member, American Society of Transplantation (2023 - present)
- Member, American Society of Nephrology (2021 - present)

PROFESSIONAL EDUCATION

- Fellowship, Stanford University, Transplant Nephrology , CA (2024)
- Board Certification: Nephrology, American Board of Internal Medicine (2023)
- MAS, University of California San Francisco, Clinical Research , CA (2023)
- Fellowship, University of California San Francisco, Nephrology , CA (2023)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2022)
- Residency, Massachusetts General Hospital, Internal Medicine , MA (2020)
- Medical Education: Harvard Medical School (2017) MA

Publications

PUBLICATIONS

- **Association between English Proficiency and Kidney Disease Knowledge and Communication Quality among Patients with ESKD.** *Kidney360*
Martinez, A., Warner, A., Powe, N. R., Fernandez, A., Tuot, D. S.
2024
- **Validity of the Spanish-Language Patient Health Questionnaires 2 and 9: A Systematic Review and Meta-Analysis.** *JAMA network open*
Martinez, A., Teklu, S. M., Tahir, P., Garcia, M. E.
2023; 6 (10): e2336529