

# Stanford

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## Ethan Hoffmann

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Stanford University Psychiatry and Behavioral Sciences Clinic**

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Stanford, CA 94305

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### Bio

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#### CLINICAL FOCUS

- Couple and Family Therapy
- Clinical Psychology
- Male Sexual Functioning
- Health Worker Mental Health
- Acceptance and Mindfulness-Based Cognitive Behavioral Therapy

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Fellowship, VA Palo Alto Health Care System (2022)
- Internship, VA Bedford Healthcare System (2021)
- Ph.D., Clark University (2021)
- M.A., Wesleyan University (2015)
- B.A., Wesleyan University (2014)

### Publications

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#### PUBLICATIONS

- **To Reconstruct or Deconstruct? A Fundamental Question for the Psychology of Men and Masculinities** *PSYCHOLOGY OF MEN & MASCULINITIES*  
Hoffmann, E., Addis, M. E. E.  
2023
- **The Psychology of Men in Context**  
Addis, M. E., Hoffman, E.

Routledge.2019

- **Contexts of Concealment: Initial Validation of Three Disclosure Avoidance Process Measures** *JOURNAL OF PERSONALITY ASSESSMENT*  
Gazarian, D., Addis, M. E., Jampel, J. D., Hoffman, E.  
2022; 1-17
- **Dilemmas of Agency and Blame in Men's Talk About Depression** *PSYCHOLOGY OF MEN & MASCULINITIES*  
Hoffman, E., Addis, M. E.  
2021; 22 (4): 669-677
- **Traditional Masculinity Ideology and Diagnostic Aversion Predict Symptom Expression in a Community Sample of Distressed Men** *SEX ROLES*  
Jampel, J. D., Gazarian, D., Addis, M. E., Hoffman, E.  
2020; 82 (11-12): 704-715
- **Reconstructing and/or deconstructing masculinity: A commentary on the case of "Tommy"** *Pragmatic Case Studies in Psychotherapy*  
Hoffman, E., Addis, M. E.  
2020; 16 (3): 312-319
- **Men's depression and help-seeking through the lenses of gender.** *The psychology of men and masculinities*  
Addis, M. E., Hoffman, E.  
edited by Levant, R. F., Wong, Y.  
American Psychological Association.2017: 171-196
- **Acting otherwise: Resistance, agency, and subjectivities in Milgram's studies of obedience** *THEORY & PSYCHOLOGY*  
Hoffman, E., Myerberg, N., Morawski, J. G.  
2015; 25 (5): 670-689