



Clayton Olash

Affiliate, Psychiatry and Behavioral Sciences

Bio

BIO

Clayton Olash, MD is a psychiatry resident at the Medical University of South Carolina and an affiliate researcher with Stanford University. His work bridges psychiatry, neuroscience, and contemplative traditions, with a focus on how altered states of consciousness can catalyze lasting psychological change.

Clayton's current research spans multiple projects, including studies on ibogaine and its impact on the default mode network, rapid-acting neuromodulation techniques such as SAINT TMS combined with meditation, and a novel high-dose electrotherapy device for home-based treatment of depression. His broader aim is to understand how psychedelics, brain stimulation, and meditative practices can modulate self-related processing and promote enduring well-being.

With backgrounds in philosophy, psychology, and medicine, Clayton's work emphasizes integration: uniting ancient contemplative wisdom with modern neuroscience and emerging technologies. His long-term goal is to develop translational models of care that transform transient altered states into sustainable therapeutic traits.