



## Jenae Aesha Richardson

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- **Outpatient Psychiatry Clinic in Palo Alto**

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### Bio

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#### BIO

Dr. Jenae Richardson is a Clinical Assistant Professor and a CA Licensed Clinical Psychologist in the INSPIRE Clinic in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. She also works in the acute psychiatric inpatient units at Stanford Hospital. She specializes in utilizing evidence-based treatments (EBTs) to treat individuals with psychosis and has worked with this population across inpatient and outpatient settings. She is passionate about improving the dissemination and implementation of Cognitive Behavioral Therapy for psychosis (CBTp), and at the INSPIRE Clinic, she leads CBTp trainings for mental health professionals and provides CBTp to individuals with psychosis. Dr. Richardson completed her pre-doctoral internship at the University of Arizona's Early Psychosis Intervention Center and her postdoctoral fellowship at Veterans Affairs Palo Alto Health Care System. She obtained her doctorate in clinical psychology from Long Island University Post and conducted research exploring barriers to implementing CBTp in the United States.

#### CLINICAL FOCUS

- Clinical Psychology

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Fellowship: VA Palo Alto Health Care Psychology Training (2020) CA
- Internship: University of Arizona College of Medicine (2019) AZ
- PhD Training: Long Island University (2019) NY