




Hilary Jericho

Clinical Associate Professor, Pediatrics - Gastroenterology

 NIH Biosketch available Online

CLINICAL OFFICE (PRIMARY)

- **Pediatric Gastroenterology**

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Bio

BIO

Dr. Jericho is a pediatric gastroenterologist and the Inaugural Medical Director of the Celiac Disease Program at the Lucile Packard Children's Hospital at Stanford. Her unique balance of innovative, cutting edge research and patient-centric clinical care establishes her as an expert in the field of pediatric gastroenterology, with an emphasis on the diagnosis and management of celiac disease.

Dr. Jericho grew up in New London, CT in a physician-family, and completed the exclusive eight-year combined degree program in Liberal Medical Education (PLME) at the Ivy League's Brown University for college and medical school, graduating in 2006. She completed her pediatric residency at the Children's Hospital of Pittsburgh in 2009, and both her pediatric gastroenterology fellowship at The Ann & Robert H. Lurie Children's Hospital of Chicago and her Master's of Science in Clinical Investigation at Northwestern University in June 2012, all top programs in her field. She joined the faculty at the University of Chicago Medical Center later that year, drawn by its world-renowned celiac disease center.

Her interest in pediatrics, nutrition, and patient-centric care started during medical school where she founded Fast Food Facts, a youth nutrition program to help increase children's awareness of exercise, the body, and healthy food choices at home and when visiting fast food restaurants. This program is a predecessor to the nation-wide posting of fast food nutritional information. At every level of her academic and professional career, Dr. Jericho is the recipient of numerous awards, including the 2003 American Medical Student Association National Jumpstart Grant, the 2010 Clinical Departments of Children's Memorial Hospital and Children's Memorial Research Center Tuition Scholarship, the 2014 UChicago Medicine Pediatric Faculty Scholar Program, the 2020 Medtronic External Research Grant and the 2021 RBC Race for the Kids at Comer Children's Hospital Grant.

Dr. Jericho was appointed the Director of Pediatric Clinical Research at the University of Chicago Celiac Disease Center in 2014 in addition to founding the non-invasive video capsule endoscopy (VCE) program, for which she was routinely called upon to consult with other hospitals for initiation of similar programs. In 2020 Dr. Jericho was additionally appointed Co-Director of Pediatric Endoscopy and under her vision and direction, the VCE program was expanded to become a part of the formal pediatric gastroenterology fellowship training program.

Dr. Jericho is deeply involved in both local community and national professional societies. She was the Director of the Chicagoland Children's Health Alliance (CCHA) endoscopy committee as well as a member of the CCHA celiac committee. She is a member of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) celiac special interest group as well as a member of CeliacKids (a pediatric multi-center celiac research focused collaborative), the Standards-Based Active Guideline Environment (a committee responsible for the establishment of guidelines for accommodating children with celiac disease within school settings across the United States), and the NASPGHAN Endoscopy committee.

Dr. Jericho's clinical work and research in the field of pediatric celiac disease (CeD) is internationally recognized resulting in numerous publications, peer-reviewed articles and book chapters. She has been an invited speaker at local CeD symposiums including the internationally attended, in-person and online, University of Chicago Celiac Disease Center educational preceptorship programs in 2014, 2016 and 2018, the annual celiac blood screening, the annual University of Chicago Lab Schools Health Fairs as well as a moderator and speaker at celiac symposiums at national meetings including the NASPGHAN annual meeting and Beyond Celiac.

CLINICAL FOCUS

- Pediatric Gastroenterology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Pediatrics - Gastroenterology
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Clinical Associate Professor, Department of Pediatric Gastroenterology, Stanford university, (2023- present)
- Medical Director of the Celiac Disease Program at the Lucile Packard Children's Hospital, Stanford University, (2023- present)
- Associate Professor, Department of Pediatric Gastroenterology, The University of Chicago, (2022-2022)
- Co-director Pediatric Gastroenterology Endoscopy Program, The University of Chicago, (2020-2022)
- Director of Pediatric Clinical Research, The University of Chicago, (2014-2022)
- Assistant Professor, Department of Pediatric Gastroenterology, The University of Chicago, (2012-2022)

HONORS AND AWARDS

- Recipient of the RBC Race for the Kids at Comer Children's Hospital Award, The University of Chicago (2022)
- Recipient of the Medtronic External Research Grant, Medtronic (2020)
- Recipient of the Pediatric Faculty Scholar Award, The University of Chicago (2015)
- Recipient of the Young Investigator Forum Award, American Neurogastroenterology and Motility Society (2012)
- Recipient of the CMH Research Tuition Scholarship for enrollment in the MSCI program, Northwestern University (2010)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, North American Society for Pediatric Gastroenterology, Hepatology and Nutrition Endoscopy Committee (2021 - present)
- Member, NASPGHAN celiac special interest group (2019 - present)
- Member, American Society for Gastrointestinal Endoscopy (2019 - present)
- Participant, Children's National Memorial Center Standards-Based Active Guideline Environment (SAGE) Initiative to develop and spread recommendations for accommodating children with celiac in school settings member (2019 - 2019)
- Member, North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) public education committee member (2017 - 2022)
- Member, North American Society for the Study of Celiac Disease (2013 - present)
- Member, American Gastroenterological Association (2009 - present)

- Member, North American Society of pediatric Gastroenterology, Hepatology and Nutrition (2009 - present)
- Member, Study of Pediatric Liver Transplant (2009 - 2012)
- Member, American Academy of Pediatrics (2006 - 2012)

PROFESSIONAL EDUCATION

- Board Certification: Pediatric Gastroenterology, American Board of Pediatrics (2019)
- Fellowship: McGaw Medical Center of Northwestern Dept of Pediatrics (2012) IL
- Residency: UPMC Children's Hospital of Pittsburgh Pediatric Residency (2009) PA
- Medical Education: Warren Alpert Medical School Brown University (2006) RI

COMMUNITY AND INTERNATIONAL WORK

- null
- Volunteer resident on the Chinle Navajo Reservation, Chinle, AZ

LINKS

- Instagram: <https://www.instagram.com/fallingforglutenfree/>
- TikTok: <https://www.tiktok.com/@drceeliacqueen>
- Twitter: https://twitter.com/IBD_CeliacKids

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

I am a clinical associate professor of pediatric gastroenterology and the Inaugural Medical Director of the Celiac Disease Program at the Lucile Packard Children's Hospital at Stanford whose clinical practice and research have an emphasis on the diagnosis and management of celiac disease. I was appointed the Director of Pediatric Clinical Research at the University of Chicago Celiac Disease Center in 2014. I am deeply involved in both local community and national professional societies serving as the Director of the Chicagoland Children's Health Alliance (CCHA) endoscopy committee and am a member of the CCHA celiac committee, the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) celiac special interest group, CeliacKids (a pediatric multi-center celiac research focused collaborative), the Standards-Based Active Guideline Environment (a committee responsible for the establishment of guidelines for accommodating children with celiac disease within school settings across the United States), and the NASPGHAN Endoscopy committee. My clinical work and research focus on pediatric celiac disease (CeD) and have resulted in numerous publications, peer-reviewed articles, and book chapters. This research has also helped to establish myself as an expert in the field of pediatric celiac disease leading to invitations to speak and be a moderator at both local and national meetings, including the internationally attended University of Chicago Celiac Disease Center educational preceptorship programs, the NASPGHAN annual meeting and Beyond Celiac. I have additionally been called up to provide celiac specific journal reviews as well as expert opinions to leading publications, including US News and World Report, Reader's Digest and Reuter's. The current application builds logically on my prior work in the field of pediatric celiac disease for which I have successfully administered the projects (staffing, research coordination, budgeting, data analysis and manuscript creation). In summary, I have the expertise, leadership, training, and motivation necessary to successfully carry out the proposed research projects.

Publications

PUBLICATIONS

- **The role of continued immunoglobulin A monitoring in celiac disease management.** *Journal of pediatric gastroenterology and nutrition* Kavarian, P., Abrishamchian, P., Sokzini, P., Khavari, N. S., Lopez-Rivera, J. A., Jericho, H. 2025

- **A Longitudinal Study of Adolescent Mental Health and Quality of Life as Predictors of College Physical Health, Mental Health, and Gluten-Free Diet Adherence in Celiac Disease.** *Nutrients*
Mosher, T. L., Su, L. J., López-Rivera, J. A., Verma, R., Keenan, K., Jericho, H.
2025; 17 (22)
- **Gluten-free schooling: Navigating challenges and triumphs for children with celiac disease.** *JPGN reports*
Weisbrod, V., Khavari, N., Absah, I., Lee, D., Mallon, D., Raber, C., Badalyan, V., Shull, M., Verma, R., Dunn, A., Wren, A., Mardini, F., Fahey, et al
2025; 6 (2): 99-106
- **Clinical presentation and factors associated with gluten exposure in children with celiac disease.** *Journal of pediatric gastroenterology and nutrition*
Krueger, A., Fahey, L., Sun, Q., Regis, S., Khavari, N., Jericho, H., Badalyan, V., Absah, I., Verma, R., Leonard, M. M., Weisbrod, V., Hajjat, T., Lee, et al
2024
- **Not Quite Meeting the Mark: College Experiences for Patients With Celiac Disease.** *JPGN reports*
Khan, N., Keenan, K., Jericho, H.
2023; 4 (4): e392
- **Gluten Induces Subtle Histological Changes in Duodenal Mucosa of Patients with Non-Coeliac Gluten Sensitivity: A Multicentre Study** *NUTRIENTS*
Rostami, K., Ensari, A., Marsh, M. N., Srivastava, A., Villanacci, V., Carroccio, A., Aghdaei, H., Bai, J. C., Bassotti, G., Becheanu, G., Bell, P., Di Bella, C., Bozzola, et al
2022; 14 (12)
- **Call for Action: High Rates of Depression in the Pediatric Celiac Disease Population Impacts Quality of Life** *JPGN Reports*
Jericho, H., Khan, N., Cordova, J., Sansotta, N., Guandalini, S., Keenan, K.
2021; 2 (3): e074
- **A Narrow Window: Booming Gluten-free Market and Fostering Healthy Dietary Habits in Children With Celiac Disease** *JOURNAL OF PEDIATRIC GASTROENTEROLOGY AND NUTRITION*
Runde, J., Mears, M., Guandalini, S., Jericho, H.
2020; 71 (4): 533-535
- **The Gluten Free Diet's Impact on Growth in Children with Celiac Disease in Two Different Countries.** *Nutrients*
Sansotta, N., Guandalini, S., Romano, S., Amirikian, K., Cipolli, M., Tridello, G., Barzaghi, S., Jericho, H.
2020; 12 (6)
- **Effects of the Gluten-free Diet on Body Mass Indexes in Pediatric Celiac Patients.** *Journal of pediatric gastroenterology and nutrition*
Amirikian, K., Sansotta, N., Guandalini, S., Jericho, H.
2019; 68 (3): 360-363
- **Chronic Inflammation Permanently Reshapes Tissue-Resident Immunity in Celiac Disease.** *Cell*
Mayassi, T., Ladell, K., Gudjonson, H., McLaren, J. E., Shaw, D. G., Tran, M. T., Rokicka, J. J., Lawrence, I., Grenier, J. C., van Unen, V., Ciszewski, C., Dimaano, M., Sayegh, et al
2019; 176 (5): 967-981.e19
- **Celiac Disease Symptom Resolution: Effectiveness of the Gluten-free Diet.** *Journal of pediatric gastroenterology and nutrition*
Sansotta, N., Amirikian, K., Guandalini, S., Jericho, H.
2018; 66 (1): 48-52
- **Extraintestinal Manifestations of Celiac Disease: Effectiveness of the Gluten-Free Diet** *JOURNAL OF PEDIATRIC GASTROENTEROLOGY AND NUTRITION*
Jericho, H., Sansotta, N., Guandalini, S.
2017; 65 (1): 75-79