Stanford



Alisa Marie Olmsted

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Bio

BIO

I am a board-certified psychiatrist specializing in interventional treatments for mood disorders, including transcranial magnetic stimulation (TMS), esketamine, and intravenous ketamine. I completed an Advanced MD Fellowship at the Sierra Pacific Mental Illness Research, Education, and Clinical Center (MIRECC), a Veterans Affairs (VA) Center of Excellence at VA Palo Alto, where my work focused on circuit-based approaches to precision psychiatry. I completed residency at Jefferson University Hospital, where I served as research chief and served on the ethics board, gaining broad clinical experience across inpatient, emergency, consultation-liaison, and addiction psychiatry. My research on Veterans has been published in Nature Mental Health and the Journal of Affective Disorders Reports, while my earlier clinical work was cited in The New York Times. I have provided continuous care to Veterans since medical school, including at the Hunter Holmes VA, where I earned honors, and at the Wilmington VA community-based outpatient clinic (CBOC). My commitment to serving Veterans is informed by a family legacy that includes multiple generations of combat Veterans, a perspective that continues to shape my clinical and research priorities within the VA system.