



## Alisa Marie Olmsted

Clinical Assistant Professor (Affiliated), Psych/General Psychiatry and Psychology (Adult)

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### Bio

#### BIO

I am a board-certified psychiatrist specializing in interventional treatments for mood disorders, including transcranial magnetic stimulation (TMS), esketamine, and intravenous ketamine. I completed an Advanced MD Fellowship at the Sierra Pacific Mental Illness Research, Education, and Clinical Center (MIRECC), a Veterans Affairs (VA) Center of Excellence at VA Palo Alto, where my work focused on circuit-based approaches to precision psychiatry. I completed residency at Jefferson University Hospital, where I served as research chief and served on the ethics board, gaining broad clinical experience across inpatient, emergency, consultation-liaison, and addiction psychiatry. My research on Veterans has been published in *Nature Mental Health* and the *Journal of Affective Disorders Reports*, while my earlier clinical work was cited in *The New York Times*. I have provided continuous care to Veterans since medical school, including at the Hunter Holmes VA, where I earned honors, and at the Wilmington VA community-based outpatient clinic (CBOC). My commitment to serving Veterans is informed by a family legacy that includes multiple generations of combat Veterans, a perspective that continues to shape my clinical and research priorities within the VA system.