



## Sharif Vakili, MD, MBA, MS

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICE (PRIMARY)

- **Stanford Health Center at Los Altos**

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### Bio

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#### BIO

Sharif Vakili, MD, MBA, MS, (pronouns: he/him), is an internal medicine physician, clinician executive and educator. He practices at Stanford Los Altos Primary Care.

Dr. Vakili has a background in chronic disease management and health systems delivery, believing strongly in a teamwork approach to patient care that empowers patients to navigate the health system as part of their clinical care.

He is active in the research and business communities. His research has been in peer-reviewed journals including NEJM Catalyst, JAMA Network Open and the Annals of Emergency Medicine. He also teaches annually at the Stanford Graduate School of Business.

Dr. Vakili is credited with establishing and coining Remote Patient Intervention (RPI), a model of clinician-supervised AI care delivery first performed at Stanford during a clinical study published in JAMA Network Open. His work has defined the emerging field of Clinical AI, in which artificial intelligence delivers care that would otherwise be performed by a licensed practitioner.

#### CLINICAL FOCUS

- Internal Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Board Director, UpDoc (2023 - present)
- Board Director, Indomo (2023 - 2025)
- Board Observer, Thirty Madison (2022 - 2024)

## PROFESSIONAL EDUCATION

- Residency: Stanford University Internal Medicine Residency (2022) CA
- MD, Johns Hopkins University School of Medicine
- Board Certification: Internal Medicine, American Board of Internal Medicine (2022)
- MBA, Harvard Business School
- MS, Yale University
- BS, Yale University

## Research & Scholarship

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### CLINICAL TRIALS

- Managing Insulin With a Voice AI, Not Recruiting

## Publications

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### PUBLICATIONS

- **Artificial Intelligence in the Clinic: Don't Pay for the Tool, Pay for the Care** *NEJM Catalyst*  
Vakili, S., Nayak, A., Conrad, A., Schulman, K.  
2026; 7 (3)
- **Use of Voice-Based Conversational Artificial Intelligence for Basal Insulin Prescription Management Among Patients With Type 2 Diabetes: A Randomized Clinical Trial.** *JAMA network open*  
Nayak, A., Vakili, S., Nayak, K., Nikolov, M., Chiu, M., Sosseinheimer, P., Talamantes, S., Testa, S., Palanisamy, S., Giri, V., Schulman, K.  
2023; 6 (12): e2340232
- **The Inpatient Discharge Lounge as a Potential Mechanism to Mitigate Emergency Department Boarding and Crowding.** *Annals of emergency medicine*  
Franklin, B. J., Vakili, S., Huckman, R. S., Hosein, S., Falk, N., Cheng, K., Murray, M., Harris, S., Morris, C. A., Goralnick, E.  
2020
- **Lymphocytic Thrombophilic Arteritis: A Review.** *Journal of clinical rheumatology : practical reports on rheumatic & musculoskeletal diseases*  
Vakili, S., Zampella, J. G., Kwatra, S. G., Blanck, J., Loss, M.  
2019; 25 (3): 147-152
- **Macular lymphocytic arteritis: Clinical-pathologic correlation of a rare vasculitis.** *JAAD case reports*  
Zampella, J. G., Vakili, S., Doig, S., Girardi, N., Kwatra, S. G., Seo, P., Patel, M.  
2017; 3 (2): 116-120
- **Timing of surgical treatment for idiopathic normal pressure hydrocephalus: association between treatment delay and reduced short-term benefit.** *Neurosurgical focus*  
Vakili, S., Moran, D., Hung, A., Elder, B. D., Jeon, L., Fialho, H., Sankey, E. W., Jusué-Torres, I., Goodwin, C. R., Lu, J., Robison, J., Rigamonti, D.  
2016; 41 (3): E2
- **Comparison of outcomes between patients with idiopathic normal pressure hydrocephalus who received a primary versus a salvage shunt.** *Journal of clinical neuroscience : official journal of the Neurosurgical Society of Australasia*  
Moran, D., Hung, A., Vakili, S., Fialho, H., Jeon, L., Sankey, E. W., Jusué-Torres, I., Lu, J., Goodwin, C. R., Elder, B. D., Rigamonti, D.  
2016; 29: 117-20
- **Predictors of Ventriculoperitoneal Shunt Revision in Patients with Idiopathic Normal Pressure Hydrocephalus.** *World neurosurgery*  
Hung, A. L., Moran, D., Vakili, S., Fialho, H., Sankey, E. W., Jusué-Torres, I., Elder, B. D., Goodwin, C. R., Lu, J., Robison, J., Rigamonti, D.  
2016; 90: 76-81
- **The Student Curriculum Review Team: How we catalyze curricular changes through a student-centered approach.** *Medical teacher*  
Hsieh, K. W., Iscoe, M. S., Lupton, J. R., Mains, T. E., Nayar, S. K., Orlando, M. S., Parzuchowski, A. S., Sabbagh, M. F., Schulz, J. C., Shenderov, K., Simkin, D. J., Vakili, S., Vick, et al

2015; 37 (11): 1008-12

- **A comparison of commercial and custom-made electronic tracking systems to measure patient flow through an ambulatory clinic.** *International journal of health geographics*

Vakili, S., Pandit, R., Singman, E. L., Appelbaum, J., Boland, M. V.

2015; 14: 32

- **Electronic Tracking of Patients in an Outpatient Ophthalmology Clinic to Improve Efficient Flow: A Feasibility Analysis and Benchmarking Study.** *Quality management in health care*

Singman, E. L., Haberman, C. V., Appelbaum, J., Tian, J., Shafer, K., Toerper, M., Katz, S., Kelsay, M., Boland, M. V., Greenbaum, M., Adelman, R., Thomas, R. C., Vakili, et al

2015; 24 (4): 190-9