



Julie Ngoc Thai, MD, MPH

Clinical Assistant Professor, Medicine - Primary Care and Population Health

CLINICAL OFFICE (PRIMARY)

- **Stanford Senior Care**

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Bio

BIO

Dr. Thai is a fellowship-trained specialist in geriatric medicine. She provides care at the Stanford Senior Care Clinic.

She completed her fellowship training at the University of California, San Francisco. She is board-certified in family medicine through the American Board of Family Medicine .

Dr. Thai earned her medical degree from Michigan State University College of Human Medicine. She completed her residency in family medicine at McLaren Flint/Michigan State University College of Human Medicine where she served as chief resident.

She also holds a Master of Public Health degree from Columbia University.

Dr. Thai has a background in clinical and population health research. She recently received a grant from the Blue Cross Blue Shield of Michigan Foundation to study the role of motivational interviewing in smoking cessation.

She contributed to research in rheumatoid arthritis, lupus, and ankylosing spondylitis in the Division of Rheumatology, Department of Medicine at Cedars Sinai Medical Center.

Dr. Thai was also an endourology research fellow in the Department of Urology at Mount Sinai Health System. Research focused on renal stone disease, clinical markers and outcomes, and testing and development of new technologies.

She has co-authored articles on topics such as caregivers' communication with elders living with late-life disability, palliative care practices in diverse settings, and the social consequences of forgetfulness and Alzheimer's disease. These articles appeared in the American Journal of Hospice and Palliative Medicine, Journal of Palliative Medicine, Journal of Mental Health Aging, and other peer-reviewed journals

Dr. Thai is a member of the American Geriatrics Society, American Academy of Family Physicians, and California Academy of Family Physicians. She is also an inductee of the Alpha Omega Alpha Honor Medical Society.

She has volunteered with homeless shelters, women's advocacy groups, Goodwill, the American Red Cross, and AmeriCorps.

Dr. Thai is fluent in English and proficient in speaking Vietnamese.

CLINICAL FOCUS

- Family Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

PROFESSIONAL EDUCATION

- Residency: Michigan State University Family Medicine Residency (2021) MI
- Medical Education: Michigan State University College of Human Medicine (2017) MI
- Board Certification: Geriatric Medicine, American Board of Family Medicine (2022)
- Fellowship: UCSF Geriatric Medicine Fellowship (2022) CA
- Board Certification: Family Medicine, American Board of Family Medicine (2021)