



Rachael Yelder

Postdoctoral Scholar, Psychology

Bio

STANFORD ADVISORS

- Alia Crum, Postdoctoral Faculty Sponsor

Publications

PUBLICATIONS

- **Employing illness perceptions and mindsets in health contexts: towards an integrative framework.** *Health psychology review*
Yelder, R., Crum, A., Weinman, J., Petrie, K. J.
2025: 1-26
- **Can catastrophes be opportunities? A randomized clinical trial testing a brief mindset intervention for reducing inflammation and depression following COVID-19.** *Brain, behavior, and immunity*
Barrera, J. A., Straube, L. D., Huml, Z., Yelder, R. M., Zion, S. R., Evans, K. M., Louis, K., Moriarity, D. P., Gasteiger, C., Slavich, G. M., Crum, A. J.
2025
- **Changing mindsets about methotrexate in the rheumatology clinic to reduce side effects and improve adherence: a randomized controlled trial.** *Annals of behavioral medicine : a publication of the Society of Behavioral Medicine*
Yelder, R., Leibowitz, K., Crum, A. J., Manley, P., Dalbeth, N., Petrie, K. J.
2024
- **Using word clouds to reveal patients' perceptions about their arthritis.** *Health psychology : official journal of the Division of Health Psychology, American Psychological Association*
Yelder, R., Gasteiger, C., Pennebaker, J. W., Douglas, M., Dalbeth, N., Petrie, K. J.
2024
- **Changing Mindsets About Side Effects of the COVID-19 Vaccination: A Randomized Controlled Trial.** *Annals of behavioral medicine : a publication of the Society of Behavioral Medicine*
Crum, A. J., Heathcote, L. C., Morrison, Z., Yelder, R., Leibowitz, K., Petousis-Harris, H., Thomas, M. G., Prober, C. G., Berek, J. S., Petrie, K. J.
2023