



## Kristen Klepac MacKenzie, MD

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

### CLINICAL OFFICE (PRIMARY)

- **San Jose Medical Group Good Samaritan**

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### Bio

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#### BIO

Dr. Kristen MacKenzie is a Clinical Assistant Professor in the Department of Anesthesiology, Perioperative, and Pain Medicine. Dr. MacKenzie graduated AOA with a MD from UCSF and then completed her anesthesia residency and pain medicine fellowships at Stanford. She works at the Stanford Pain Management Center with specialty interests in chronic pelvic and abdominal pain, as well as peripartum pain. She is the co-director for the Stanford Pelvic Pain Program as well as part of the Stanford Pelvic Health Center for interdisciplinary, multimodal care.

She completed a Stanford Faculty Medical Humanities Fellowship, focusing on the role of communication and the arts in modern medicine. She serves as the co-director for the Women's Sexual Dysfunction Case Conference as well as the Pain Division representative to the Stanford Anesthesia Communications Council. She enjoys being able to spend time with learners and participates in the Women in Medicine mentoring program annually.

She is active in the American Academy of Pain Medicine (AAPM), and for the 2025-2026 year is serving as the Women in Pain Medicine Shared Interest Group (SIG) Co-Chair as well as the Media & Public Relations SIG Chair.

Outside of work, she enjoys being outdoors in the Bay Area, trail running, and spending time with her husband and two boys.

Clinical focus:

Pelvic pain, due to multiple causes including:

Dyspareunia

Painful Bladder Syndrome/ Interstitial cystitis/ Dysuria

Endometriosis

Fibroids

Pelvis Congestion Syndrome

Pelvic Floor Dysfunction

Pudendal Nerve Pain

Rectal/Anal Pain

Vulvar Pain/ Vulvodynia/ Vaginismus

Nerve entrapment syndromes, including hernia nerve entrapment

Post-partum and Peri-partum pain

Abdominal pain

Musculoskeletal pain

New Patients: Please have your primary treating provider place a referral to Stanford Pain Clinic and specify Pelvic Pain, Dr. MacKenzie.

## **CLINICAL FOCUS**

- Pain Medicine

## **ACADEMIC APPOINTMENTS**

- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

## **HONORS AND AWARDS**

- Honorable Mention, Stanford Medical Staff "Excellence in Service" Award (2025)
- Honorable Mention, Stanford Teaching in Anesthesia Recognition (STAR) (2025)
- Mentorship Award, Stanford Biodesign Fellowship (2024-2025)
- Faculty Fellowship in Medical Humanities, Stanford University (2024)
- Anesthesia Teaching Scholars Program, Stanford Department of Anesthesia (2022-2023)
- Clinical Teaching Seminar Series (CTSS) Honors Scholars Program, Medical Education Program (2022-2023)
- Chief Fellow, Stanford Pain Medicine Fellowship (2022)

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- Co-Director, Women's Sexual Dysfunction Conference (2024 - present)
- Co-Director, Stanford Pelvic Pain Program (2024 - present)
- Pain Medicine Board Certified, American Society of Anesthesiologists (2023 - present)
- Anesthesiology Board Certified, American Society of Anesthesiologists (2022 - present)

## **PROFESSIONAL EDUCATION**

- Board Certification: Pain Medicine, American Board of Anesthesiology (2023)
- Board Certification: Anesthesia, American Board of Anesthesiology (2022)
- Fellowship, Stanford University , Pain Medicine (2022)
- Residency, Stanford University , Anesthesiology (2021)
- Internship, Kaiser Permanente Santa Clara , Internal Medicine (2018)
- MD, University of California, San Francisco (2017)
- Post- Baccalaureate, Johns Hopkins University , Pre-Medical (2011)
- BA, Dartmouth College , Neuroscience (2010)

## LINKS

- Women's Pain Across the Lifespan- Health Sciences Library: <https://youtu.be/kkObPmgTS5E?si=A2fibOlwvZ86ynLI>
- Pelvic Pain Article- Stanford: <https://painnews.stanford.edu/news/pelvic-pain-women-misunderstood-and-underreported-how-long>
- What's in Your Pelvis?- ASA Monitor: [https://journals.lww.com/monitor/fulltext/2025/03000/what\\_s\\_in\\_your\\_pelvis\\_3.aspx](https://journals.lww.com/monitor/fulltext/2025/03000/what_s_in_your_pelvis_3.aspx)
- Pain Science Lecture Series- Pain and Nutrition: <https://youtu.be/15v-8oRtlis>
- Pelvic Health Center: <https://stanfordhealthcare.org/medical-clinics/pelvic-health-center.html>

## Publications

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### PUBLICATIONS

- **What's In Your Pelvis?** *ASA Monitor*  
MacKenzie, K., Flood, P., Shah, S., Jain, S.  
2025; 89 (3): 14-18
- **Processed Electroencephalogram Monitoring and Postoperative Delirium: A Systematic Review and Meta-analysis.** *Anesthesiology*  
MacKenzie, K. K., Britt-Spells, A. M., Sands, L. P., Leung, J. M.  
2018; 129 (3): 417-427
- **Cerebrospinal fluid neurofilament concentration reflects disease severity in frontotemporal degeneration.** *Annals of neurology*  
Scherling, C. S., Hall, T., Berisha, F., Klepac, K., Karydas, A., Coppola, G., Kramer, J. H., Rabinovici, G., Ahljianian, M., Miller, B. L., Seeley, W., Grinberg, L. T., Rosen, et al  
2014; 75 (1): 116-26
- **Too good to be true: rhesus monkeys react negatively to better-than-expected offers.** *PloS one*  
Knight, E. J., Klepac, K. M., Kralik, J. D.  
2013; 8 (10): e75768
- **Memantine in patients with frontotemporal lobar degeneration: a multicentre, randomised, double-blind, placebo-controlled trial.** *The Lancet. Neurology*  
Boxer, A. L., Knopman, D. S., Kaufer, D. I., Grossman, M., Onyike, C., Graf-Radford, N., Mendez, M., Kerwin, D., Lerner, A., Wu, C. K., Koestler, M., Shapira, J., Sullivan, et al  
2013; 12 (2): 149-56